

TOWN OF TRUMBULL
GERIATRIC WELLNESS NURSE
THE DEPARTMENT OF NURSING

Position Hours: 19.5 hours/week Monday through Friday

General Statement of Duties:

Promote health and wellness among the Trumbull Senior community in collaboration with the Senior Center, Social Services, The Mary J. Sherlach Counseling Center, the Trumbull-Monroe Health District, Stern Village and the Congregate (A senior housing complex).

Departmental Responsibilities:

- Senior wellness and disease prevention programs including but not limited to weekly hypertension screening, nutritional counseling & weight management, Dementia education, support & connection to resources, chair exercise programs, initiation & promotion of social activities, monthly column in Trumbull Senior Citizen news letter
- Health appraisal consultation for Independent Living at Stern Village and Congregate; Emergency first aid during working hours, reinforcement of skills necessary for independent care (blood glucose monitoring, ostomy care, etc...)
- Assists Trumbull Seniors with interpretation of health findings and diagnostics; liaison with medical personnel and family members upon request
- Advocate for the Trumbull Seniors through involvement in the Coalition on Aging, outreach programs and knowledge of current issues affecting the Senior population
- Coordinate and collect data for annual influenza vaccinations in collaboration with the Health District
- Arrange for guest speakers on topics relevant to Senior health and wellness
- Assist in coordination of annual health fair in collaboration with Senior Center Director
- Collaborate with Executive Director of Stern Village on health promotion and awareness

Supervision Received: The Geriatric Wellness Nurse reports to the Director of Nursing.

Supervision Exercised: None

Minimum Qualifications:

- A registered nurse licensed to practice nursing in the State of Connecticut with 3 years related nursing experience
- Current BLS CPR certification

Experience and Training:

- 3 years recent nursing experience; geriatric experience preferred
- Computer proficiency in Outlook and Word
- Community education a plus