



Trumbull Town Clerk's Office

Monthly Newsletter – January 2014

Suzanne Burr Monaco, Town Clerk
Gloria Murphy and Susan Cole, Assistant Clerks
Marilou Mangiamele, Office Clerk

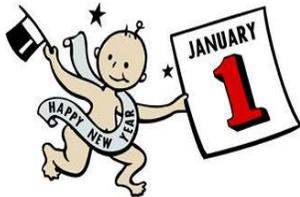
www.trumbull-ct.gov
9 AM – 5 PM

The Town Clerk's Office is collecting funds for "Care Packages for Soldiers" in our office. All proceeds are sent to "Project from the Heart" and are used for postage. Help us aid our soldiers and military personnel. Thank you,

Suzanne Burr Monaco, Town Clerk



As of 12/19/2013 we have collected \$2,812.00 for our servicemen and women. As always, we appreciate your kindness and support!



Town Hall Closed-January 1

From the Tax Collector Reminder:

Real Estate, Sewer Assessment, Personal Property & Motor Vehicle taxes are due January 1, 2014. The last day to pay without penalty is February 3, 2014. Tax Collector's office hours are Monday-Friday from 8 a.m. to 5 p.m.

Mary Moran, Tax Collector

Winter Weather Tips from the American Heart Association

Combo of colder temperatures and physical exertion increases the workload on the heart - The American Heart Association says that for most people, shoveling snow may not lead to any health problems. However, the association warns that the risk of a heart attack during snow shoveling may increase for some, stating that the combination of colder temperatures and physical exertion increases the workload on the heart. People who are outdoors in cold weather should avoid sudden exertion, like lifting a heavy shovel full of snow. Even walking through heavy, wet snow or snow drifts can strain a person's heart.

To help make snow removal safer, the American Heart Association has compiled a list of practical tips.

Give yourself a break. Take frequent rest breaks during shoveling so you don't overstress your heart. Pay attention to how your body feels during those breaks.

Don't eat a heavy meal prior or soon after shoveling. Eating a large meal can put an extra load on your heart.

Use a small shovel or consider a snow thrower. The act of lifting heavy snow can raise blood pressure acutely during the lift. It is safer to lift smaller amounts more times, than to lug a few huge shovelfuls of snow. When possible, simply push the snow.

Learn the heart attack warning signs and listen to your body, but remember this: Even if you're not sure it's a heart attack, have it checked out (tell a doctor about your symptoms). Minutes matter! Fast action can save lives, maybe your own. Don't wait more than five minutes to call 9-1-1

Don't drink alcoholic beverages before or immediately after shoveling. Alcohol may increase a person's sensation of warmth and may cause them to underestimate the extra strain their body is under in the cold.

Consult a doctor. If you have a medical condition, don't exercise on a regular basis or are middle aged or older, meet with your doctor prior to the first anticipated snowfall.

Be aware of the dangers of hypothermia. Heart failure causes most deaths in hypothermia. To prevent hypothermia, dress in layers of warm clothing, which traps air between layers forming a protective insulation. Wear a hat because much of your body's heat can be lost through your head.



Town Hall is closed on Wednesday, January 1 for New Year's Day and Monday, January 20 in honor of Martin Luther King Day.

Trumbull Arts Commission presents

“Concerts and Cabarets”

January 26	The Frank Porto Band, Big Band Sound, 1 p.m.
February 14	Michael Jovovich, Dr. Joe & Co., Songs from the Heart, 7:30 p.m.
February 23	“After All”, classic dance music from the 50’s to now, 1 p.m.
March 9	“Goldrush” Accoustic Country Band, 1 p.m. (daylight savings time)
March 23	“Primavera Duo”, Traditional Italian-American Music, 1 p.m.
April 6	“Key West Trio”, Tropical Island Flavor Music, 1 p.m.
April 25	Krista Adams Santilli & Friends, Cabaret Potpourri, 7:30 p.m.
May 9	“Fiesta del Norte”, Interactive Mariachi Band celebrating Cinco de Mayo, 7:30 p.m.

American Legion Bingo – Come and join in the fun!!!

American Legion Bingo takes place every Wednesday beginning at 6:30pm in the Veterans Hall on Whitney Avenue. Doors open at 5 pm.

Twenty games are played with a weekly jackpot (prizes as high as \$1,600). Families are welcome at this event and children ages 12 and up may play. Admission is \$2.00. Bingo card fees are extra.

Public Works Department

The bulk pick-up program will start in April, 2014, and residents can call the Highway Dept. at 452-5070 towards the end of February for an appointment – it is by appointment only. The program generally ends in September. It’s for large, bulky items such as furniture, rugs, appliances and brush/branches cut to within 4 feet in length. Nothing small - nothing in bags or boxes, and no demolition materials.

SNOW PLOWING POLICY

There are approximately 200 miles of streets in Town. Snow removal can cost as much as \$4,000 per hour; therefore, it is important for the Department of Public Works to use its resources wisely, with cooperation from the residents to minimize the cost.

PLOW ROUTES: The streets are plowed and sanded in order of priority. Main (collector) roads are addressed first with special attention to steep hills, and difficult intersections. Side streets are done next, then dead end streets. Side streets may remain unplowed if the main roads require repeated plowing. This may not seem fair to the residents of side streets or dead ends, but main roads must remain open.

BLOCKED DRIVEWAYS: All snow plows angle the same way – to the driver’s right, – and when going by they will push the snow in front of a driveway. The homeowner is responsible for access to his driveway. The **only way** to avoid extra shoveling is to wait until DPW crews have done their final clean up on the street.

MAILBOX DAMAGE: The Town repairs or replaces only mailboxes and/or posts that are actually struck by a plow blade. Usually a paint mark or truck-tire tracks supply evidence of a mailbox strike. The Town does not repair or replace mailboxes and/or posts that fall from the force of plowed snow. Mailboxes and supporting posts must be installed to withstand the rigors of snow removal, including the force of snow pushed from the street onto the roadside.

PRIVATE PLOWING: The Town of Trumbull prohibits plow contractors from pushing snow from driveways or parking lots onto Town streets. This practice is dangerous and impedes the Town’s snow removal efforts. If there is no other alternative to pushing snow into the street, the plow driver must plow off the windrow left across the street by re-plowing until the road is safe and clear. This may not necessarily mean bare pavement, but certainly it should be no worse than when the driver began work.

Residents who feel they have a legitimate complaint should call the Town Garage at 452-5070 or 452-5071.

TOWN PHONE DIRECTORY

First Selectman, Timothy M. Herbst
203-452-5005

Animal Control, Lynn Dellabianca
203-452-5088

Arts Coordinator, Emily Areson
203-452-5065

Building Department, 203-452-5020

Business Education Initiative
John Annick, 203-377-5803

Trumbull Community Television
Kate Donahue, 203-767-4512

Fire Marshal, Megan Murphy
203-452-5080

Transfer Station, 203-452-5167

Chief of Service, EMS, Joseph Laucella
non-emergency number, 203-452-5146

Civil Service /HR, Mary Ann Meier
203-452-5040

Economic & Community Development
Director, Ed Lavernoich 203-452-5043

Engineering - 203-452-5045

Finance Director, Maria Pires
203-452-5013

Golf Course Superintendent
203-452-5085

Golf Pro Shop, 203-261-5989

Health Department
203-452-5184

Highway Garage
203-452-5070 or 203-452-5071

Internal Auditor, James Henderson
203-452-5064

Librarian, Susan Horton
203-452-5129

Library - 203-452-5197

Nature and Arts Center
203-452-4421

P&Z, Helen Granskog
203-452-5047

Police Chief, Chief Thomas Kiely
(non-emergency) 203-261-3665

Police Emergency 911

Probate, The Hon. T.R. Rowe
203-452-5063

Public Works Director, John Marsilio
203-452-5045

Purchasing, Robert Chmini
203-452-5042

Recreation, Mary Markham
203-452-5060

Registrars of Voters,
William Holden & Laurel Anderson
203-452-5058 and 203-452-5059

Senior Center, Jean Ferreira - 452-5199

Social Services, Jennifer Gillis
452-5198

Superintendent of Schools,
Dr. Gary Cialfi - 203-452-4301

Tax Assessor, Mark DeVestern
203-452-5016

Tax Collector, Mary Moran - 452- 5024

Town Clerk, Suzanne Burr Monaco
203-452-5037

Town Treasurer, John Ponzio
203-452-5012

Trumbull Historical Society
203-377-6620

Zoning Office, 203-452-5052

Library News – Library closed on January 1 and January 20

Saturday, January 4: Friends of the Trumbull Library Book Sale -9 AM - 3 PM

Saturday, January 4: Family Chess Club -Selva Selvarajan's Family Chess Club will assemble on the first and third Saturdays (except for long weekends). Meet us on the next Saturday -- to participate or learn! Chess learners and experts from 4 to 94 are welcome. Meet in the Children's Section with your own board, or come to watch. For further information, contact the Library. 10 AM - 12 PM

Wednesday, January 8: Learn How to Get Free E-Books with Overdrive- Discover your Library's new technologies and applications. See how to use the Overdrive system for downloading electronic books, audiobooks, and videos to your computer, ebook reader, or hand-held device in this lecture//demonstration. Will have available several different ebook readers for you to try after the presentation. Trumbull residents only. Register. Free. 10 AM - 11:30 AM

Thursday, January 9: Teens and Tweens - Duct Tape Wallets - For kids in grades 6 through 12. Create a functional wallet out of duct tape. All materials provided. Registration required. Limited to 20. 5:30 PM - 6:15 PM

Thursday, January 9: Handling Tough Interview Questions! with Bill Florin. Evening Career Lectures. - Are there certain job interview questions that you dread? Have you ever faced one that left you speechless? Mr. Florin, Certified Professional Resume Writer and Certified Employment Interview Professional will help you develop answers to the most common questions. Bring one or two of your own questions, and we will discuss them for everyone's benefit! Register. Free. 6:30 PM - 7:30 PM

Sunday, January 12: The Russians Are Coming! Connecticut Little Symphony presents Russian Musical Selections to Announce the Winter Olympics in Russia! To salute the 2014 Winter Olympics starting in February in Sochi, Russia, the Connecticut Little Symphony presents a concert of Russian music here in the Trumbull Library! Selections include Prokofiev's *Peter and the Wolf*, Rimsky-Korsakov's *Quintet for Piano and Winds*, and Rachmaninoff's *Vocalise*. Featured will be New York pianist Maxim Pakhomov, principal pianist for the Bronx Opera Company. Drop in. Free. 2 PM - 3 PM

Tuesday, January 14: Paper Management Workshop with Fairfield Organizers Creating Ultimate Solutions (FOCUS)! -Buried in paper and don't know where to begin? This is the program you've been waiting for! Your FOCUS class will teach you how to: Vanquish Your Piles, Conquer Daily Mail, Master Your Files, and Get Your To-Do's to DONE. Moderator will be Janet Barnes of Connecticut Closet and Shelf. Details online. Free. Registration required. (Snow date 1/21/14) 6:30 PM - 8:30 PM

Thursday, January 16: Teens and Tweens: Birds Nest Necklace -Create this pretty birds nest necklace for yourself or as a gift. For kids in middle and high school. All materials provided. Registration required. Limited to 20. 5:30 PM - 6:15 PM

Thursday, January 16: QuickBooks 101--Overview and Updates with Caren Schwartz Programs for Businesses and Business People -Learn more about QuickBooks and how it can help your small business, with Caren Schwartz, of Time and Cents Inc. Looking for an accounting solution for your business? Are you using QuickBooks or thinking about it? There are choices: Should you go Cloud or Desktop? Should you use QuickBooks Online or Hosted? Caren Schwartz is a QuickBooks Advanced Certified Pro Advisor. www.timeandcents.com. Register. Free. 6:30 PM - 7:30 PM

Saturday, January 18: Family Chess Club -Selva Selvarajan's Family Chess Club will assemble on the first and third Saturdays (except for long weekends). Meet us on the next Saturday -- to participate or learn! Chess learners and experts from 4 to 94 are welcome. Meet in the Children's Section with your own board, or come to watch. For further information, contact the Library. 10 AM - 12 PM

Tuesday, January 21: Third Age Book Club @ Fairchild-Nichols Branch -This is a lunchtime book club for seniors held at the Fairchild/Nichols Branch. Bring your lunch! Inquire about space, or the next title, 203-452-5196. Meets on the 3rd Tuesday of each month. 12 PM - 1 PM

Tuesday, January 21: Late Lunch Lit: *The Battle of Okinawa: The Blood and the Bomb* by CT Author George Feifer -The Battle of Okinawa was the largest land-sea-air battle in history, and yet remarkably little is known about this final major engagement of World War II! This book provides an unforgettable picture of men at war, and a context for the ominous decision to drop the atomic bomb. Please register. Free. Books available for purchase and signing. 1 PM - 2 PM

Tuesday, January 21: Teen Book Discussion-A *Northern Light* by Jennifer Donnelly. -Historical fiction based on a true story, this one was on the YALSA best books for teens list in 2003. Join us for refreshments and discussion (frequently goes off topic!) Bring a friend. 5:30 PM - 6:30 PM

Friday, January 24: Advanced Email: Beyond the Basics -For people who already send, and receive email. This lecture-demonstration session will explain how to create an address book, how to send attachments, and how to create folders. Please register. 10 AM - 11:30 AM

Thursday January 16, 2014 -Affordable Health Care Insurance Enrollment Fair! 2:00 PM to 5:00 PM

Main Library, Kiwanis Room - Need answers on health care options before March 14th? Need to understand what Access Health CT (CT's insurance marketplace) really does? An Access Health CT Assister available (in person) to answer your questions! And you can sign up, if you wish. FREE.

Check out our website at www.trumbullct-library.org, see upcoming events from the home page, and register online. 203-452-5197.

Senior Citizens

Travel- call 203-452-5199

St. Patrick's Day Celebration at the Log Cabin, March 14, TBA

AARP SAFE DRIVERS COURE –

Members pay \$12.00 and non-members \$14.00 Reservation by check only. Please make checks payable to AARP (No cash please). For more information and to reserve your seat please call Jean at (203) 452-5199.

Monthly Birthday Party –Thursday, January 16, 11am. Rsvp 203-452-5199

Pizza and a Movie – January 24, noon. \$21 pp, *Diary of a Mad Black Woman*

Bingo game – January 17, 1pm. Refreshments provided by Northbridge Health Care Center. Reservations 452-5199

AARP Tax-Aide – free income tax prep from 9am to noon each Wednesday from February 5 through April 9. No appointments necessary

Senior Center Trips

March 14 – St. Patrick's Day Celebration at the Log Cabin, TBA

April 29 – Mohegan Sun Casino, buffet and free play, \$23pp

Interested in a Book Club? Call Jean at the Senior Center -203-452-5199.

Social Services at the Senior Center

Food Pantry is available (by appointment only) Call 203-452-5198 for guidelines or appointments.

Energy Assistance – Social Services is currently taking applications. The program is open to any Trumbull resident who heats with deliverable fuel, gas or electricity. Income guidelines must be met. Please call for an appointment at 203-452-5198.

Town of Trumbull Beach Bags are available at the Senior Center and the Town Clerk's Office for \$10 each.



Dog Licenses are still on sale in the Town Clerk's office. Beginning on January 1st there is a \$7 late fee. Keep your dog legal! Fines for unregistered dogs are \$75.00.

First Selectman Brown Bag Lunch or Coffee

The First Selectman's Brown Bag Lunch in the Long Hill Conference Room is scheduled for Tuesday, January 7th at noon. First Selectman's coffee is on Tuesday, January 21st at 6 pm.

Red Cross Blood Drives

1/2 St. Paul's Episcopal Church, 661 Old Post Road, Fairfield, 1-6pm

1/3 Griffin Hospital, 130 Division Street, Derby, 7:30am – 5:30pm

1/10 Trumbull Interfaith Committee, Grace Episcopal Church, 5958 Main Street, Trumbull, 1:30-6:30pm

1/11 Monroe Congregational Church, 34 Church Street, Monroe, 8am – 1pm

1/13 R.D.Scinto, 2 Corporate Drive, Shelton, 8am -1:45pm

1/17 Shelton Community Center, 41 Church Street, Shelton, 1:30-6:30pm

1/20 Knights of Columbus, 2252 Main Street, Stratford, 11am – 4pm

1/24 Cooper Surgical, 95 Corporate Drive, Trumbull, 9am – 2pm

Board of Education

Substitute teachers
and substitute
paraprofessionals
needed all grade
levels

Please contact
Debra Kohn
Substitute
Coordinator
203-452-4363.