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Trumbull Town Clerk's Office Monthly Newsletter – January 2011

Suzanne Burr Monaco, Town Clerk
Gloria Murphy and Susan Cole, Assistant Clerks
Marilou Mangiamele, Office Assistant

Winter Weather Advisory

Once again, the cold weather season has arrived in Trumbull. Trumbull's Office of Emergency Management encourages all Trumbull residents to be prepared. On these cold winter days please check on your neighbors, particularly your more senior neighbors. The Town of Trumbull is prepared to provide residents with emergency shelter in the event you lose power or heat. For emergency assistance from Trumbull's Social Services, call 203-650-2588. The Red Cross has provided the following information to help us prepare for the cold weather and offers the following tips on how to best care for yourself and your family when temperatures plunge:

Protect Yourself:

- Dress in several layers of lightweight clothing, which will keep you warmer than a single heavy coat.
- Mittens provide more warmth to your hands than gloves. Wear a hat, preferably one that covers your ears.
- Wear waterproof, insulated boots to keep your feet warm and dry and to maintain your footing in ice and snow.
- Take frequent breaks and stay hydrated.
- Seek medical attention immediately if you have symptoms of hypothermia including confusion, dizziness, exhaustion and severe shivering.
- Seek medical attention immediately if you have symptoms of frostbite including numbness, flushed gray, white, blue or yellow skin discoloration, numbness, or waxy feeling skin.

Protect Yourself at Home:

- Be careful with candles – do not use candles for lighting if the power goes out. Use flashlights only.
- Inspect fireplaces and wood stoves yearly - use a sturdy fire screen. Burn only wood - never burn paper or pine boughs.
- Use generators correctly –never operate a generator inside your home, including the basement or garage. Do not hook up a generator directly to your home's wiring. The safest thing to do is to connect the equipment you want to power directly to the outlets on the generator.

First Selectman Brown Bag Lunches or Coffees

The First Selectman's Brown Bag Lunch will be on January 4th –at noon in the Long Hill Conference Room. Coffee with the First Selectman will be on January 18th at 6pm.

Winter Weather Advisory Continued

- Prevent frozen pipes - when the weather is very cold outside, open cabinet doors to let warm air circulate around water pipes. Let the cold water drip from the faucet served by exposed pipes. Running water through the pipe - even at a trickle - helps prevent pipes from freezing because the temperature of the water running through it is above freezing. Keep the thermostat set to a consistent temperature.
- Check smoke alarms once a month by pressing the test button and replace batteries as necessary.
- Don't overload your electrical outlets.
- Don't forget your pets – bring them indoors. If you can't bring them inside, provide adequate shelter to keep them warm and make sure they can get to unfrozen water.
- If you plan on using an alternate heating source, never use a stove or oven to heat your home. Keep a glass or metal fire screen around the fireplace and never leave a fireplace fire unattended. If using a space heater, follow the manufacturer's instructions on how to safely use the heater. Place it on a level, hard, nonflammable surface. Turn the space heater off when you leave the room or go to sleep. Keep children and pets away from your space heater and do not use it to dry wet clothing.



Town Hall Notice

Town Hall will be closed for the observation of New Year's on January 3rd, Monday.

From the Tax Collector

Reminder

Real Estate, Sewer Assessment, Personal Property & Motor Vehicle Taxes are due January 1, 2011. The last day to pay without penalty is February 1, 2011. Tax Collector's office hours are Monday-Friday from 8 a.m. to 5 p.m.

Mary Moran, Tax Collector

Library News

We've Picked the Book!

Trumbull One Book - One Town Returns in March & April 2011 with *The Immortal Life of Henrietta Lacks*, by *Rebecca Skloot*! Science journalist Skloot's book is a tale of medical wonders and medical arrogance, and the bond that grows between the author and the daughter as they learn more about Henrietta, and her magical, immortal HeLa cells. Come pick up a copy, or volunteer to help with events! Call 203-452-5197.

Friends' of the Library Book Nook Sale - Sat. Jan. 8, 9 - 3pm.

Adult Knitting with Gail Ginsberg will return in 2011. Be on the lookout for announcements here and online!!!

Coming Up in January: 6th Annual TLS Heritage Celebration. The Wonders of Korea! *Sat. Jan. 22, 11:00 – 4pm. Family Fun and Foods! Free. Check online calendar for details.*

Lost something? Misplaced your flash drive? Left your jacket on the back of your chair or a photograph in the copier? Don't forget to check the Library!!!

Fairchild Nichols Branch

Storytime & Song at the Fairchild Branch. Thurs. January 6, 11-11:30am or 1:30 – 2pm. Join us in the Program Room for stories and song. Ages 2 & 3. Drop in.

Children's Programs

Tamil Language Class. Sun. Jan 9, 2 – 4pm.

Family Chess Club. Sat. Jan 15, 10am - 1pm. Chess learners and experts from 4 to 94 are welcome. Meet in the Children's Section with your own board, or come to watch. Club meets the first and third Saturdays (except for long weekends).

Watch Trumbull News on Channel 17 or 99...



...Keeping Trumbull Tuned In

Check the weekly schedule at www.trumbullps.tv

Trumbull's Cultural Diversity Committee meets
January 20 at 7pm at Frenchtown Elementary School. Come and join us!

American Legion Bingo Come and join in the fun!!!

American Legion Bingo takes place every Wednesday beginning at 6:30pm in the Veterans Hall on Whitney Avenue. Doors open at 5 pm. Twenty games are played with a weekly jackpot (prizes as high as \$1600). Families are welcome at this event and children ages 12 and up may play. Admission is \$2.00. Bingo card fees are extra.

Town Phone Directory

First Selectman, Timothy M. Herbst
203-452-5006
Animal Control, Lynn Dellabianca
203-452-5088
Arts Cordinator, Emily Areson
203-452-5065
Building Dept.
203-452-5020
Business Education Initiative and the Cable
Television Advisory
John Annick 203-377-5803.
Fire Marshal, Meghan Murphy
203-452-5080
Transfer Station
203-452-5167
Chief of Service, EMS, Barbara Crandall
non-emergency number, 203-452-5146
HR/Civil Service, Mary Ann Meier
203-452-5040
Engineering
203-452-5045
Finance Director, Maria Pires
203-452-5009
Golf Course Superintendent
203-452-5085
Golf Pro Shop
203-261-5989
Health Department
203-452-5184
Highway Garage
203-452-5070
203-452-5071
Internal Auditor, James Henderson
203-452-5064
Librarian, Susan Horton
203-452-5129
Library
203-452-5197
Nature and Arts Center
203-452-4421
P&Z, Helen Granskog
203-452-5047
Police Chief, Chief Thomas Kiely (non-
emergency) 203-261-3665
POLICE EMERGENCY 911
Probate, The Hon. John Chiota
203-452-5063
Public Works, John Marsilio
203-452-5045
Purchasing, Robert Chmini
203-452-5042
Recreation, Mary Markham
203-452-5060
Registrars of Voters,
William Holden & Jane Aiello
203-452-5058 and 203-452-5059
Senior Center, Jean Ferreira
203-452-5199
Superintendent of Schools, Ralph Iassogna
203-452-4301
Tax Assessor, Mark DeVestern
203-452-5016
Tax Collector, Mary Moran
203-452- 5024
Town Clerk, Suzanne Burr Monaco
203-452-5037
Town Treasurer, John Ponzio
203-452-5012
Trumbull Historical Society
203-377-6620
Zoning Office
203-452-5052

TRUMBULL ARTS COMMISSION

CONCERTS AND CABARETS

Sunday, January 16th – “From Op to Pop” – 1pm Cabaret Seating, Jodi Keogan - soprano, Mark Watson baritone, David Shenton –piano, Opera and popular music

Friday, February 18th – “Songs from the Heart”, 7:30 pm Cabaret, Michael Jovovich & Dr. Joe Utterback, Tony LaVorgna, Brian Coralian, Nick Macri

Friday, March 11th – “River City Slim & the Zydeco Hogs”, 7:30 pm cabaret, Zydeco, Cajun music and lore

Friday, March 25th – “The Kerry Boys”, 7:30 pm Cabaret, Irish songs and humor

Friday, April 15th – “Radio Ranch”, 7:30 pm Cabaret, Country Western Dance Band

Friday, April 29th – “Broadway to Hollywood”, 7:30 pm, Cabaret, Joanne Kant & Wanda Grochowski, comedy and songs

Friday, May 13th – “Fiesta del Norte”, 7:30 pm Cabaret, Interactive Mariachi Band celebrating Cinco De Mayo

All performances take place at the Center at 23 Priscilla Place in Trumbull. Pre-Purchase Tickets is suggested. \$5.00 per person. Space is limited. Bring your own refreshments. For more information, or to purchase tickets, please call Emily Areson at the Arts Commission office, 203-452-5065.

Holiday Safety Tips

Winter Weather Tips from the American Heart Association

Combo of colder temperatures and physical exertion increases the workload on the heart

The American Heart Association says that for most people, shoveling snow may not lead to any health problems. However, the association warns that the risk of a heart attack during snow shoveling may increase for some, stating that the combination of colder temperatures and physical exertion increases the workload on the heart. People who are outdoors in cold weather should avoid sudden exertion, like lifting a heavy shovel full of snow. Even walking through heavy, wet snow or snow drifts can strain a person’s heart.

To help make snow removal safer, the American Heart Association has compiled a list of practical tips.

Give yourself a break. Take frequent rest breaks during shoveling so you don’t overstress your heart. Pay attention to how your body feels during those breaks.

Don’t eat a heavy meal prior or soon after shoveling. Eating a large meal can put an extra load on your heart.

Use a small shovel or consider a snow thrower. The act of lifting heavy snow can raise blood pressure acutely during the lift. It is safer to lift smaller amounts more times, than to lug a few huge shovelfuls of snow. When possible, simply push the snow.

Learn the heart attack warning signs and listen to your body, but remember this: Even if you’re not sure it’s a heart attack, have it checked out (tell a doctor about your symptoms). Minutes matter! Fast action can save lives — maybe your own. Don’t wait more than five minutes to call 9-1-1

Don’t drink alcoholic beverages before or immediately after shoveling.

Alcohol may increase a person’s sensation of warmth and may cause them to underestimate the extra strain their body is under in the cold.

Consult a doctor. If you have a medical condition, don’t exercise on a regular basis or are middle aged or older, meet with your doctor prior to the first anticipated snowfall.

Be aware of the dangers of hypothermia. Heart failure causes most deaths in hypothermia. To prevent hypothermia, dress in layers of warm clothing, which traps air between layers forming a protective insulation. Wear a hat because much of your body’s heat can be lost through your head.



Senior News

News from the Social Services Office

- Energy Assistance Program- We are taking applications for 2010/2011. All applications will be taken by appointment only. Call Social Services to schedule an appointment and to obtain this season's guidelines and documentation criteria. To schedule an appointment you may call (203) 452-5198 (NO WALK-INS). Home visits are available.
- The Trumbull Food Pantry is available to all residents in need. Please call in advance for an appointment.

The senior center contracts with individual travel agencies. Upon registration you will be informed of the tour company to which your check is to be made payable. All trips have limited seating and are on a first come first serve basis. For more information call 203-452-5199.

February 15 (Tuesday) -Mohegan Sun Casino- Includes Buffet and Free Bet.

\$22.00



Connecticut Chamber Choir

Concert

Sunday, January 9th, 2011 at 4:00pm

Laudate

J.S. Bach, *Magnificat in D major, BWV 243*

Gerald Finzi, *Magnificat*

W.A. Mozart, *Te Deum in C major, K. 141*

John Rutter, *Te Deum*

Franz Blebl, *Ave Maria*

Constance Chase, Artistic Director

With Orchestra

Jeffrey Wood, Organ

St. Theresa's Roman Catholic Church, 5301 Main

Street,

Trumbull, Connecticut, 06611.

[Ticket Information:](http://www.connecticutchamberchoir.com/)

<http://www.connecticutchamberchoir.com/>

SNOW REMOVAL POLICY

Prior to a storm, regular weather reports are received, and manpower is made available. As the snow starts to fall, manpower is deployed on an as needed basis. Once the storm is upgraded to *all out*, as many as 23 plow trucks and 3 supervisors are on the road.

Please remember...emergency responders come first, so Police, Fire and EMS vehicles shall take preference.

Main roads are plowed first, collector streets next, and dead-ends last.

Please don't shovel the end of your driveway too soon, as it will only frustrate you each time the plow goes by and fills in the area with snow.

Any objects, such as mailboxes, posts, fences, sprinkler heads, curbing, etc., within the roadway area that are damaged, should be called in to the Highway Department at (203) 452-5070 within 2 weeks of the occurrence of a storm.

In the event that a parking ban becomes necessary, it will be posted on WTNH (channel 8), WICC 600 AM radio, and periodically on WFSB (channel 3). If our plow is unable to do its job because a vehicle is parked on the road, IT WILL BE TOWED.

Thank you in advance for your kind



A Happy, Healthy New Year!!!

