



# Trumbull Town Clerk's Office

## Monthly Newsletter – February 2014

Suzanne Burr Monaco, Town Clerk

Gloria Murphy and Susan Cole, Assistant Clerks

Marilou Mangiamele, Office Clerk

[www.trumbull-ct.gov](http://www.trumbull-ct.gov)

9 AM – 5 PM

The Town Clerk's Office is collecting funds for "Care Packages for Soldiers" in our office. All proceeds are sent to "Project from the Heart" and are used for postage. Help us aid our soldiers and military personnel. Thank you,

Suzanne Burr Monaco, Town Clerk



As of 1/25/2014 we have collected \$2,852.00 for our servicemen and women. As always, we appreciate your kindness and support!

### Winter Weather Tips from the American Heart Association

**Combo of colder temperatures and physical exertion increases the workload on the heart** - The American Heart Association says that for most people, shoveling snow may not lead to any health problems. However, the association warns that the risk of a heart attack during snow shoveling may increase for some, stating that the combination of colder temperatures and physical exertion increases the workload on the heart. People who are outdoors in cold weather should avoid sudden exertion, like lifting a heavy shovel full of snow. Even walking through heavy, wet snow or snow drifts can strain a person's heart.

**To help make snow removal safer, the American Heart Association has compiled a list of practical tips.**

**Give yourself a break.** Take frequent rest breaks during shoveling so you don't overstress your heart. Pay attention to how your body feels during those breaks.

**Don't eat a heavy meal prior or soon after shoveling.** Eating a large meal can put an extra load on your heart.

**Use a small shovel or consider a snow thrower.** The act of lifting heavy snow can raise blood pressure acutely during the lift. It is safer to lift smaller amounts more times, than to lug a few huge shovelfuls of snow. When possible, simply push the snow.

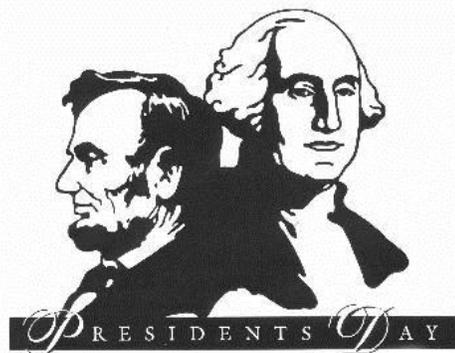
**Learn the heart attack warning signs and listen to your body, but remember this:** Even if you're not sure it's a heart attack, have it checked out (tell a doctor about your symptoms). Minutes matter! Fast action can save lives, maybe your own. Don't wait more than five minutes to call 9-1-1

**Don't drink alcoholic beverages before or immediately after shoveling.** Alcohol may increase a person's sensation of warmth and may cause them to underestimate the extra strain their body is under in the cold.

**Consult a doctor.** If you have a medical condition, don't exercise on a regular basis or are middle aged or older, meet with your doctor prior to the first anticipated snowfall.

**Be aware of the dangers of hypothermia.** Heart failure causes most deaths in hypothermia. To prevent hypothermia, dress in layers of warm clothing, which traps air between layers forming a protective insulation. Wear a hat because much of your body's heat can be lost through your head.

## Town Hall is closed on Monday, February 17<sup>th</sup> for Presidents' Day



### ONE BOOK, ONE TOWN – COMING IN MARCH

Focus is on the 25<sup>th</sup> anniversary of the Little League World Series win for Trumbull in 1989. The Adult Book Selection is "*The Art of Fielding*" by Chad Harbach. Sunday, March 2 is the beginning with "*Unlikely Champions – Remembering 1989*". Thursday, March 6, Children's author Audrey Verrick will present. Movie night, March 7 "*Everyone's Hero*". Tuesday, March 11, there is a lecture: *Bridgeport's Baseball History*. March 13 is a discussion of the Adult Book. March 14 will have a panel discussion: *Perspectives on Baseball*. March 15 will be another discussion: *Business of Baseball*. Tuesday, March 18, there is a lecture: *Baseball's Calamitous Curses*. Wednesday, 3/19 there will be a luncheon discussion of the *The Art of Fielding*. On 3/20 there will be debate between THS and St. Josephs. On 3/22 there is another movie night "42". There will be a baseball card show on 3/29. On Sunday, April 6, author Chad Harbach will be at the Library. On May 4 the town will be at a Bluefish game. Bobby Valentine will appear at a date TBA.

## *Trumbull Arts Commission presents*

### **“Concerts and Cabarets”**

February 14	Michael Jovovich, Dr. Joe & Co., Songs from the Heart, 7:30 p.m.
February 23	“After All”, classic dance music from the 50’s to now, 1 p.m.
March 9	“Goldrush” Accoustic Country Band, 1 p.m. (daylight savings time)
March 23	“Primavera Duo”, Traditional Italian-American Music, 1 p.m.
April 6	“Key West Trio”, Tropical Island Flavor Music, 1 p.m.
April 25	Krista Adams Santilli & Friends, Cabaret Potpourri, 7:30 p.m.
May 9	“Fiesta del Norte”, Interactive Mariachi Band celebrating Cinco de Mayo, 7:30 p.m.

## **American Legion Bingo –** *Come and join in the fun!!!*

American Legion Bingo takes place every Wednesday beginning at 6:30pm in the Veterans Hall on Whitney Avenue. Doors open at 5 pm. Twenty games are played with a weekly jackpot (prizes as high as \$1,600). Families are welcome at this event and children ages 12 and up may play. Admission is \$2.00. Bingo card fees are extra.

## **Public Works Department**

The bulk pick-up program will start in April, 2014, and residents can call the Highway Dept. at 452-5070 towards the end of February for an appointment – it is by appointment only. The program generally ends in September. It’s for large, bulky items such as furniture, rugs, appliances and brush/branches cut to within 4 feet in length. Nothing small - nothing in bags or boxes, and no demolition materials.

### **SNOW PLOWING POLICY**

There are approximately 200 miles of streets in Town. Snow removal can cost as much as \$4,000 per hour; therefore, it is important for the Department of Public Works to use its resources wisely, with cooperation from the residents to minimize the cost.

**PLOW ROUTES:** The streets are plowed and sanded in order of priority. Main (collector) roads are addressed first with special attention to steep hills, and difficult intersections. Side streets are done next, then dead end streets. Side streets may remain unplowed if the main roads require repeated plowing. This may not seem fair to the residents of side streets or dead ends, but main roads must remain open.

**BLOCKED DRIVEWAYS:** All snow plows angle the same way – to the driver’s right, – and when going by they will push the snow in front of a driveway. The homeowner is responsible for access to his driveway. The **only way** to avoid extra shoveling is to wait until DPW crews have done their final clean up on the street.

**MAILBOX DAMAGE:** The Town repairs or replaces only mailboxes and/or posts that are actually struck by a plow blade. Usually a paint mark or truck-tire tracks supply evidence of a mailbox strike. The Town does not repair or replace mailboxes and/or posts that fall from the force of plowed snow. Mailboxes and supporting posts must be installed to withstand the rigors of snow removal, including the force of snow pushed from the street onto the roadside.

**PRIVATE PLOWING:** The Town of Trumbull prohibits plow contractors from pushing snow from driveways or parking lots onto Town streets. This practice is dangerous and impedes the Town’s snow removal efforts. If there is no other alternative to pushing snow into the street, the plow driver must plow off the windrow left across the street by re-plowing until the road is safe and clear. This may not necessarily mean bare pavement, but certainly it should be no worse than when the driver began work.

Residents who feel they have a legitimate complaint should call the Town Garage at 452-5070 or 452-5071.

## **TOWN PHONE DIRECTORY**

First Selectman, Timothy M. Herbst  
203-452-5005  
Animal Control, Lynn Dellabianca  
203-452-5088  
Arts Coordinator, Emily Areson  
203-452-5065  
Building Department, 203-452-5020  
Business Education Initiative  
John Annick, 203-377-5803  
Trumbull Community Television  
Kate Donahue, 203-767-4512  
Fire Marshal, Megan Murphy  
203-452-5080  
Transfer Station, 203-452-5167  
Chief of Service, EMS, Joseph Laucella  
non-emergency number, 203-452-5146  
Civil Service /HR, Mary Ann Meier  
203-452-5040  
Economic & Community Development  
Director, Ed Lavernoich 203-452-5043  
Engineering - 203-452-5045  
Finance Director, Maria Pires  
203-452-5013  
Golf Course Superintendent  
203-452-5085  
Golf Pro Shop, 203-261-5989  
Health Department - 203-452-5184  
Highway Garage  
203-452-5070 or 203-452-5071  
Internal Auditor, James Henderson  
203-452-5064  
Librarian, Susan Horton  
203-452-5129  
Library - 203-452-5197  
Nature and Arts Center  
203-452-4421  
Nursing Director – Coleen Figliuzzi  
203-452-5090  
P&Z, Helen Granskog  
203-452-5047  
Police Chief, Chief Thomas Kiely  
(non-emergency) 203-261-3665  
Police Emergency 911  
Probate, The Hon. T.R. Rowe  
203-452-5063  
Public Works Director, John Marsilio  
203-452-5045  
Purchasing, Robert Chmini  
203-452-5042  
Recreation, Mary Markham  
203-452-5060  
Registrars of Voters,  
William Holden & Laurel Anderson  
203-452-5058 and 203-452-5059  
Senior Center, Jean Ferreira - 452-5199  
Social Services, Jennifer Gillis-452-5198  
Superintendent of Schools,  
Dr. Gary Cialfi - 203-452-4301  
Tax Assessor, Mark DeVestern  
203-452-5016  
Tax Collector, Mary Moran - 452- 5024  
Town Clerk, Suzanne Burr Monaco  
203-452-5037  
Town Treasurer, John Ponzio  
203-452-5012  
Trumbull Historical Society  
203-377-6620  
Zoning Office, 203-452-5052

## ***Library News – Library closed on Monday, February 17 for Presidents' Day***

**Saturday, February 1: Friends' of the Library Book Nook Sale** – Friends of the Trumbull Library Book Nook Sale. **9 AM - 3 PM**  
**Saturday, February 1: Family Chess Club** - Selva Selvarajan's Family Chess Club will assemble on the first and third Saturdays (except for long weekends). Meet us on the next Saturday -- to participate or learn! Chess learners and experts from 4 to 94. Meet in the Children's Section with your own board, or come to watch. Further information, contact the Library. **10 AM-12 PM**

**Tuesday, February 4: Affordable Health Care Insurance Enrollment Fair!** - Need answers on health care options before March 14th? Need to understand what Access Health CT (CT's insurance marketplace) really does? An Access Health CT Assister will be available (in person) for one-on-one sessions to answer your questions! Free. Snow date 2/6/14. **2 PM - 5 PM**

**Wednesday, February 5: Non-Fiction Discussion Group: The Director's Club! Brown Bag Lunch Meeting!**  
The Director's Club, run by our director Sue Horton, will continue to meet the first Wednesday of each month. Bring your lunch!! Drop by if you'd like to join! **12 PM - 1 PM**

**Thursday, February 6: Precision Online Job Aggregator: Discover the Krazoom System! with Henning Seip of Skillproof, Inc.**

**Evening Career Lectures** - Evening Career Lectures in the Community Room Krazoom's search engine replaces keywords with job requirements and titles frequently used by employers! Stocked with more than 170,000 daily job postings, Krazoom aggregates jobseeking sites to help you. Their database includes job openings from company websites and general sites like Monster.com and Career.com. Registration requested. Free. Trumbull Library Evening Career Lectures occur once a month. **6:30 PM - 7:30 PM**

**Thursday, February 6: The Arduino Microcontroller--An Introductory Course 12-Week Course for Gr. 6 - Adult at the Fairchild Nichols Branch Library** - Starting Tonight! Sign up once, for all by calling or going to the Branch: 203-452-5196. Cost \$65, due on or before Feb. 1. Registration guaranteed when you have paid. Payment at the branch by check or cash. **6:30 - 8 PM**

**Sunday, February 9: Musical Afternoon Early St. Patrick's Day -- The Kerry Boys Perform!** - CT Irish balladeers perform your favorite Irish classics and originals! Drop in. For more information on the band, see [http://www.thekerryboys.com/2013\\_selected\\_images/](http://www.thekerryboys.com/2013_selected_images/) **2 PM - 3 PM**

**Tuesday, February 11: AARP Drivers Safety Program [Snow Date is 2/13/14 - New! One Day / 4 hour Driver's Safety Program at the Trumbull Library. [Snow Date is 2/13/14} Take the AARP Drivers Safety Program. Registration required. Register over the phone or in the Library, not online. \$12 fee for members, \$14 for non-members, payable to AARP by check or cash, in person or at the door. Students should have their AARP card ready, if they have one. 12:30 PM - 4:30 PM**

**Tuesday, February 11: Celebrating Black History with Pearlye Sams Allen's Get on the Bus Program An Interactive Story behind the Montgomery Bus Boycott** - Join us in celebrating Black History Month with Sams Allen's interactive program of the story behind the Bus Boycott, Rosa Parks, and the Civil Rights Movement. Please register. **6:30 - 7:30 PM**

**Wednesday, February 12: Legal Issues of Social Media with Cliff Ennico Programs for Businesses and Business People** - Social media such as Facebook, LinkedIn, and Twitter are changing the ways we advertise, promote, and communicate to others, and in many ways, the way we think about things. Ennico will walk you through the social media maze and help answer some of your questions about the rules that apply when you engage in social activities online. Registration requested. Free. **6:30 PM - 7:30 PM**

**Thursday, February 13: The Arduino Microcontroller--An Introductory Course 12-Week Course for Gr. 6 - Adult at the Fairchild Nichols Branch Library** - Week 2: Sign up once, for all by calling or going to the Branch: 203-452-5196. Cost \$65, due on or before Feb. 1. Registration guaranteed when you have paid. Payment at the branch by check or cash. **6:30 PM - 8 PM**

**Saturday, February 15: Teens: SAT/ACT Practice Tests** - Confused about which test you should take? Should you take both? This is a combination practice exam for both ACT and SAT to help familiarize students with both tests. Presented by Kaplan Test Prep and Admissions. Results will be given via phone call from a Kaplan representative. Registration required. Free. **12 PM - 4 PM**

**Monday, February 17: President's Day Holiday -- Libraries Closed**

**Tuesday, February 18: Tiffany Stained Glass Silk Painting for Middle and High School** - Kathy Vincent of ARTSMART STUDIO returns to lead a workshop for middle and high school age based on the works of Louis Comfort Tiffany! Limited to 15. Registration required. **4 PM - 5 PM**

**Tuesday, February 18: Film Fanatics! Discuss 2014 Academy Award Nominees with Joe Meyers, Hearst Media Entertainment Writer** - Free. **6:30 - 8 PM**

**Thursday, February 20: The Arduino Microcontroller--An Introductory Course 12-Week Course for Gr. 6 - Adult at the Fairchild Nichols Branch Library** - Week 3: Sign up once, for all by calling or going to the Branch: 203-452-5196. Cost \$65, due on or before Feb. 1. Registration guaranteed when you have paid. Payment at the branch by check or cash. **6:30 PM - 8 PM**

**Sunday, February 23: The Two First Ladies: Mary Todd Lincoln and Varina Davis A Lecture by Ramona Garcia** - Join us for a presentation on the Civil War from the perspective of two women and the heart of the conflict. Free. Please register. **2 PM - 3 PM**

**Thursday, February 27: The Arduino Microcontroller--An Introductory Course 12-Week Course for Gr. 6 - Adult at the Fairchild Nichols Branch Library** - Week 4. Sign up once, for all by calling or going to the Branch: 203-452-5196. Cost \$65, due on or before Feb. 1. Registration guaranteed when you have paid. Payment at the branch by check or cash. **6:30 PM - 8 PM**

*Check out our website at [www.trumbullct-library.org](http://www.trumbullct-library.org), see upcoming events from the home page, and register online. 203-452-5197*



**Memorial Day Parade**- The Trumbull Parade Committee is seeking residents input as to the preferred time for the Memorial Day parade: Monday May 26th, either 10AM or 2PM.

To vote, email George Areson at [ctpost141@gmail.com](mailto:ctpost141@gmail.com)

## **Senior Citizens**

**Travel-** call 203-452-5199

St. Patrick's Day Celebration at the Log Cabin, March 14, TBA

### **AARP SAFE DRIVERS COURSE** –

Members pay \$12.00 and non-members \$14.00 Reservation by check only. Please make checks payable to AARP (No cash please). For more information and to reserve your seat please call Jean at (203) 452-5199.

**Monthly Birthday Party** –Thursday, January 16, 11am. Rsvp 203-452-5199

**Pizza and a Movie** – February 24, noon, \$2 pp “Lincoln”

**Bingo game** – Friday, February 28, 1 pm in the nutrition room for a Valentine Bingo Game. Refreshments provided by Maefair Health Care. Call 203-452-5199.

**AARP Tax-Aide** – free income tax prep from 9am to noon each Wednesday from February 5 through April 9. No appointments necessary, just walk in!

### **Senior Center Trips**

**April 29** – Mohegan Sun Casino, buffet and free play, \$23pp

**Interested in a Book Club?** Call Jean at the Senior Center -203-452-5199.

### **Social Services at the Senior Center**

**Food Pantry** is available (by appointment only) Call 203-452-5198 for guidelines or appointments.

**Energy Assistance** – Social Services is currently taking applications. The program is open to any Trumbull resident who heats with deliverable fuel, gas or electricity. Income guidelines must be met. Please call for an *appointment at 203-452-5198.*

**Senior & Totally Disable Homeowner Tax Relief** – The assessor's office is accepting applications for Tax Relief Benefits starting February 3, through May 15, 2014 on a *walk-in basis*. Social Services is available for scheduled appointments as well as homebound visits. Homeowners on the tax relief program that are due to renew with their 2013 income will receive renewal reminders in the mail. The town limit is \$70,000. For further information call the Tax Assessor's office 203-452-5018.

Town of Trumbull Beach Bags are available at the Senior Center and the Town Clerk's Office for \$10 each.



**Dog Licenses** are still on sale in the Town Clerk's office. Beginning on February 1st there is an \$8 late fee. *Keep your dog legal! Fines for unregistered dogs are \$75.00.*

### **First Selectman Brown Bag Lunch or Coffee**

The First Selectman's Brown Bag Lunch in the Long Hill Conference Room is scheduled for Tuesday, February 4<sup>th</sup> at noon. First Selectman's coffee is on Tuesday, February 18<sup>th</sup> at 6 pm.

### **Red Cross Blood Drives**

2/3 Fairfield University Student Center, North Benson Road, Fairfield, 11:15am - 4:45 pm

2/4 Sacred Heart University, 5151 Park Avenue, Fairfield, 9am – 7pm

2/7 Masuk High School, 1014 Monroe Turnpike, Monroe, 7:45am – 1:30pm

2/10 Congregation B'Nai Israel, 2710 Park Avenue, Bridgeport, 1 – 6pm

2/13 Calvary Evangelical Free Church, 498 White Plains Road, Trumbull, 1:30 – 6:30pm

2/14 Shelton Community Center, 41 Church Street, Shelton, 1 – 6:45pm

2/17 R.D. Scinto, 2 Corporate Drive, Shelton, 8am – 1:45pm

2/19 Easton Public Library, 691 Morehouse Road, Easton, 1 – 6pm

2/21 Baldwin Senior Center, 1000 West Broad Street, Stratford, 1:45 – 7pm

2/27 Dianon Systems, 1 Forest Parkway, Shelton, 7am – 12:45pm



### **Board of Education**

Check the BOE website for kindergarten registration information.

The BOE is still seeking substitutes for teachers & paraprofessionals.  
[www.trumbullps.org](http://www.trumbullps.org)