

Sapore spices up Trumbull

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Owner Luigi Cirillo stands behind the counter at the newly opened Sapore Italian Deli and Catering in Trumbull Thursday September 16, 2010. Photo: Autumn Driscoll / Connecticut Post | [Buy This Photo](#)

TRUMBULL -- Walking into [Sapore Italian Deli](#) and Catering is like entering a wonderland of goodies.

On a recent afternoon, the counter of the new delicatessen, at 2 Daniels Farm Road, in Trumbull, was adorned with a variety of dried sausages and wedges of rich, creamy-looking cheeses. There also were pans of hot food, including sausage and peppers, and the deli case was packed with such Italian classics as mortadella, pepperoni and sharp provolone.

Though there are several eateries nearby, Sapore's cook and manager Luigi Cirillo said the deli brings something to the area that wasn't there before.

"Everybody's been waiting for a high-end Italian deli," Cirillo said.

The deli, owned by Cirillo's wife, [Patricia Cirillo](#), opened late last month, and business has been fairly brisk.

Sapore offers options for breakfast, lunch and dinner, and its items include homemade muffins, salads and soups, as well as an array of Italian sandwiches. Most of the sandwiches range in price from \$6.50 to \$8, and all have tongue-in-cheek names, such as the Goodfella, which is hot cappicola, sharp provolone, broccoli rabe, roasted sweet peppers and portobello mushrooms, and the Pavarotti with prosciuttini, oldani salami, sharp provolone, portabello mushrooms and arugula.

Some sandwich names are a nod to the restaurant's surroundings, such as the Eagles sandwich, named for the [Trumbull High School](#) mascot.

Luigi Cirillo and chef [Tim Osborn](#) were trained at [the Culinary Institute of America](#), and they said the freshness and quality of their food sets them apart. Although the menu focuses on Italian food, Osborn said the restaurant isn't afraid to mix it up with some Mediterranean fare, gourmet burger specials and other unexpected items.

"We have a lot of traditional Italian dishes, but we go way, way beyond that," Osborn said.

Luigi Cirillo said the deli is an excellent fit with today's economy and with the ongoing interest in gourmet foods.

Sapore, 2 Daniels Farm Road, in Trumbull is open from 6 a.m. to 6 p.m. Monday to Friday, from

7 a.m. to 5 p.m. Saturday and from 9 a.m. to 3 p.m. Sunday. Call to 203-261-0019 for more information.