

SENIOR CITIZEN COMMISSION
Agenda
May 24th 2013
First Selectman's Conference Room
10:00 AM

- I. Call To Order
- II. Pledge of Allegiance
- III. Public Comments
- IV. Review of Minutes
- V. Secretary's Report
- VI. Chairman's Report
- VII. Director's Report
- VIII. Old Business
 - a. May Senior Citizen Appreciation Month events
 - b. GBT
 - c. Finance Committee
 - d. Senior Brochure
 - e. Survey/Audit Committee (6/28)
 - f. Kitchen Architect Report
 - g. Policies and Fees
- IX. New Business
- X. Adjournment

The next meeting of the Senior Citizen Commission will be on June 28th 2013. If you are unable to attend the meeting, please call Rachel Yahwak at (203)268-0383

Chairman's Report

Motion made by Joan Mehlhorn and seconded by Rita Grossi to take the meeting out of order for the purpose of introducing and speaking to the new Chief of Trumbull EMS, Mr. Joseph Laucella. Vote was unanimous. Motion carried.

Joseph Laucella spoke about his work with teens and younger children, and about his previous healthcare and medical experience within the community. He explained the availability of the Trumbull EMS to seniors in the community who may need help with issues like medical insurance bills and ambulance usage. There are 3 ambulances within the Town currently, and the staff has recently been increased. He also spoke about emergency preparedness, community education, and offering CPR and first aid training for interested individuals.

Coleen Figliuzzi was also introduced to the Commission as the new Director of Nursing. She described her extensive work within schools, and her work with both pediatrics and geriatrics. She's worked as a nurse for over 30 years, and currently her office is located within the Trumbull Senior Center.

Elaine Wang, Chief of Staff, spoke to the Commission regarding the Trumbull Youth Association, and their request to use the Senior Center for their Broadway Workshops. These workshops would be tentatively scheduled for May 11, May 18, June 1, and June 18, and would be from 10 a.m.-12 p.m. The class size is limited to 20 students. Custodians and security were also discussed.

Motion made by Amy DeZenzo and seconded by Rita Grossi to accept the idea of allowing the Trumbull Youth Association to use two rooms at the Senior Center for workshops, the first date of May 11, 2013 being a trial period. Vote was unanimous. Motion carried.

Molding for the Senior Center Art Department will be donated and put up by Allen White. The hardware will not be covered.

Secretary's Report

Ms. Helen Weinstein noted that one communication was received from a Senior Care Service and forwarded to Chairperson Rachel Yahwak regarding the Synergy HomeCare franchise. It was determined an inappropriate venture to participate in.

Director's Report

National Senior Citizens Month was discussed, as well as the upcoming programs and events such as the Senior Proclamation on May 1, the Open House on May 5, the Card Party on May 17, and the Bingo Game on May 24. Colorful flyers were presented for some of these events. The Health Fair is currently being planned. Ms. Agnes Esposito and former Commission member Connie Cleary donated a brand

new 12-55 cup coffee pot to the Senior Center. Ms. Fereira also provided the April Finance Report, showing the report of income, report of expenses, and the balance sheet for April.

The American Contract Bridge League was discussed, as well as their use of the Senior Center. Fees and prizes were discussed, and the issue will be further looked into during future meetings.

Ms. Fereira spoke to the Long Hill Women's Garden Club, and the possibility of them holding a program on growing herbs, like parsley. She also discussed their possible Friendship Garden of produce such as tomatoes, which could be donated to Social Services. Mr. Allen White could provide some materials for the garden. Volunteers would be needed as well, but this will probably be planned for next year.

On May 10, St. Joseph's will be doing an in-service on the importance of nutrition. Several people have already signed up for this program. Discussion on the EMS coming in possibly once per month to speak to seniors about anything they may need followed. The Nursing Director may also be part of this.

A brief discussion followed regarding possible other fun events to be planned. Ms. Chiota mentioned a possible Well-Senior Clinic, where seniors can have access to blood pressure checks and have any questions answered regarding medications and other health related issues.

Ms. Fereira noted the availability of the GBTA bus to help seniors who don't drive. She also mentioned some possible fun outings for seniors like a day at Captain's Cove, for anywhere from 20-30 people.

Old Business

Chairperson Yahwak asked for participation from all who are available to help with the events and planning for Senior Citizen Appreciation Month. Several Commission members volunteered to be at the events early to prepare. Prizes and gift bags were discussed as well as asking local vendors to donate gift certificates. For Arbor Day, possible mini trees and saplings will be given out, as a lot of Town residents lost trees during the storm.

Mr. Raytar mentioned the GBT, and he is still in the planning stages of trying to connect Monroe, Trumbull, and Bridgeport. Recently, 20 seniors from Stern Village took a day trip to Stew Leonards, and this utilized the grant. Ms. Fereira mentioned the need of senior transportation, and its current use for things like doctor appointments and shopping days.

Ms. Merritt commented on the finance report, noting there was no income for the month of April. There was \$61.61 in expenses, and the total balance was \$34,788.13. Ms. DeZenzo provided the Commission with the Town Guidelines for

Purchasing, noting that all purchases must be done following the correct procedures.

Ms. DeZenzo also provided the Commission with a draft of the Trumbull Senior Center Informational Brochure with the new Bylaws added in. Any corrections will be made. This will be tabled until the next meeting.

Ms. Bellows mentioned the new membership fees, \$5.00 for Town residents, and \$20.00 for non-residents. This was approved by the First Selectman, and will be placed in the upcoming newsletter.

Mr. Raytar noted a recent possible \$15,000 architect expense mentioned at the Town Council Meeting. He will be looking into that for the next meeting as far as who authorized it and what exactly it was for. Allen White will be looking into the snack bar, but no final decision has been made on that yet. The kitchen space needs to be judged first, before a refrigerator is purchased.

New Business

Starting in July, newsletters will be mailed out free of charge. The Town will be helping with the postage. Volunteers will be needed to put the newsletters together because there will be more of a demand for them. This will be done starting in the second week of June, so they can be mailed out in July.

There being no further business to discuss, a motion was made by Commissioner Mehlhorn and seconded by Ms. Harris to adjourn. The April 26, 2013 meeting of the Senior Citizen Commission adjourned at 11:50 a.m. with unanimous consent.

The next meeting of the Senior Citizen Commission will be on May 24, 2013 at 10:00 a.m.

Respectfully Submitted,

Dawn Kosarko
Clerk