

MINUTES
Trumbull Board of Health
Minutes
October 14, 2015

Members Present: Richard Bellows, Eileen Pannese, Deborah Cavalier, Deborah Charles, Nancy Busch, Director of Trumbull Public Health Department, Rhonda Capuano, Physician of Record, Joel Kunkel, MD

CALL TO ORDER: Chairman Bellows called the Trumbull Health Board to order at 6:00PM

Pledge of Allegiance.

The Board reviewed the minutes for the September 9, 2015

Moved by Ms Busch to accept the minutes of the September 9, 2015 without changes, seconded by Eileen Pannese. Motion carried unanimously.

Ms. Capuano presented the Director's report:

Ms. Capuano announced that the ribbon cutting ceremony for the new facility will be held on Thursday, 10/22 at 10AM. Refreshments will be served. Blood pressure screening and flu shots will be offered.

Regarding operations:

- The Department has applied to the State Department of Public Health for an outpatient clinic license to enable the Department to offer more services. Ms. Capuano is preparing written clinical protocols prior to the State Department's inspection.
- Ms. Capuano has been working with the group insurance carriers to reach agreements for reimbursement of flu shot administration. To date, Aetna, Connecticare are on board. Anthem is expected shortly. Medicare and Cigna are in the works. Medicaid and United Healthcare may be approached as well. The Department has ordered 700 doses of multi-dose vials of Quadrivalent flu vaccine. There are flu clinics by appointment on Mondays from 3-5 and Tues from 9:30-11:30, there have been clinics at the Board of Ed, Teresian Towers. Others are planned for Town Hall, Stern Village, and possibly a community wide clinic at a local church facility depending on the vaccines remaining. The clinics have

- been staffed by the Part Time nurse, a per diem nurse, SHU nursing students, members of a medical reserve corps, a retired pediatrician.
- Regarding community health, the Department has participated in the Senior Center Health Fair, Blood Pressure Screenings at the Main Library and Nichols Library, Jane Ryan Pumpkin Fair, YMCA in furthering raising awareness of Trumbull Health Dept and as part of a grant application.
 - Ms. Capuano discussed the effectiveness of our SCSU intern, Kelly. She has published numerous press releases and created posters, etc.
 - Regarding Environmental Health. Mr. Bellows praised her as well.
 - The Department will be working in conjunction with St Vincent's Parish Nurse Program and Fairfield U on a "Know Your Numbers" program, pertaining to blood pressure, diabetes, BMI, etc which will be taking place in November. Ms. Busch asked how the Department handles the findings of elevated blood pressure at any of the screenings. Ms. Capuano indicated that in the event elevated blood pressure is detected, the individual is referred to his/her physician for follow up.
 - Ms. Capuano discussed the upcoming 6 week program for individuals identified with high blood pressure

Environmental Health:

- The Department has been busy with all aspects of environmental health inspections: food service establishments, housing, day care, septic system issues, plan reviews, permits, test holes. Mr. Bellows asked how we are handling the septic issues with limited (per diem only) sanitarians. We are open to contractors from 9-11 for sanitarian issues. If the inspector is in the field, the materials are left for the inspector to deal with upon their return from the field.
- Tick submissions to the Town: 20 ticks, 4 positives. We also receive reports from the state and physicians regarding Lyme Disease.
- Ms. Capuano reviewed with the Board the inspection process for the various facilities in town. We have 89 food service establishments ranging from full service restaurants to service stations selling pre-packaged foods. The inspections for Class 4 (full service restaurants) occur every 90 days, Class 3 (school cafeterias, etc) every 120 days, Class 2 every 180 days and Class 1, annually. The Department is keeping up with all inspections. Ms. Pannese asked if the inspections were scheduled or unscheduled. The standard inspections are unscheduled. There are 31 salon facilities which are inspected annually, 15 schools, 28 daycare facilities and 15 pools (including outdoor Town pools, condominium, school, fitness).
- The restaurant inspection fees are included in their annual license, with the exception of re-inspection due to violations.

Funded Grants

- Emergency Preparedness from Dept Public Health – 2 year grant for total of \$53,192 to enable us to update and revise response plan, continue and sustain preparedness programs, maintaining Emergency Operations

Center, drills, training, medical material management. We are working with Stratford who is the lead agency for our region, Ken Kellogg and Sue Jacozzi through a contractual agreement. There is a statewide Governor's Preparedness Drill next week in which Trumbull will participate.

- Lead Poison Prevention grant of \$3,944. Of 12,000 housing units in Town, 9,000 are pre-1978. The grant allows us to work with local pediatricians, setting up a protocol to locate children who are overdue for lead testing or might need follow up testing. Also working with Child Health and Development Institute to provide outreach educational workshops for pediatric offices.
- Preventive Health Block Grant \$24,531, a cardiovascular grant focusing on blood pressure, based on a program modeled after a Wallingford program. It is a six week program for individuals diagnosed with high blood pressure, including dietary, exercise, pharmacy
- Ms. Capuano has been able to secure additional funding through the grant programs to supplement the town budget for a community Health Educator who will work with the nurse and in the community on health promotion programming. Our public health intern will work in assisting the Health Educator.

The Health Director attended an orientation for new health directors in the State. The Town Nurse attended the 2015 Annual Influenza Conference. The Health Director will be attending the CT Public Health Association annual meeting and participates in monthly DPH Webinars.

Ms. Capuano will be working on establishing a group of volunteers to assist at the various community events. Mr. Bellows suggested reaching out to the Senior Center for volunteers as well. The student nurses have been a great value to the programs to date. The Chairman and Commission reiterated their commendations to Ms. Capuano for all that she has accomplished in the past few months.

Moved by Ms. Busch, seconded by Ms. Charles and voted unanimously to enter into executive session at 6:45.

Moved by Ms. Busch, seconded by Ms. Charles and voted unanimously to close executive session at 7:20 PM

There being no further business to be brought before the Board, moved by Ms. Busch, seconded by Ms. Charles and voted unanimously to adjourn the meeting at 7:20PM.

Respectfully submitted,

Nancy Milewski