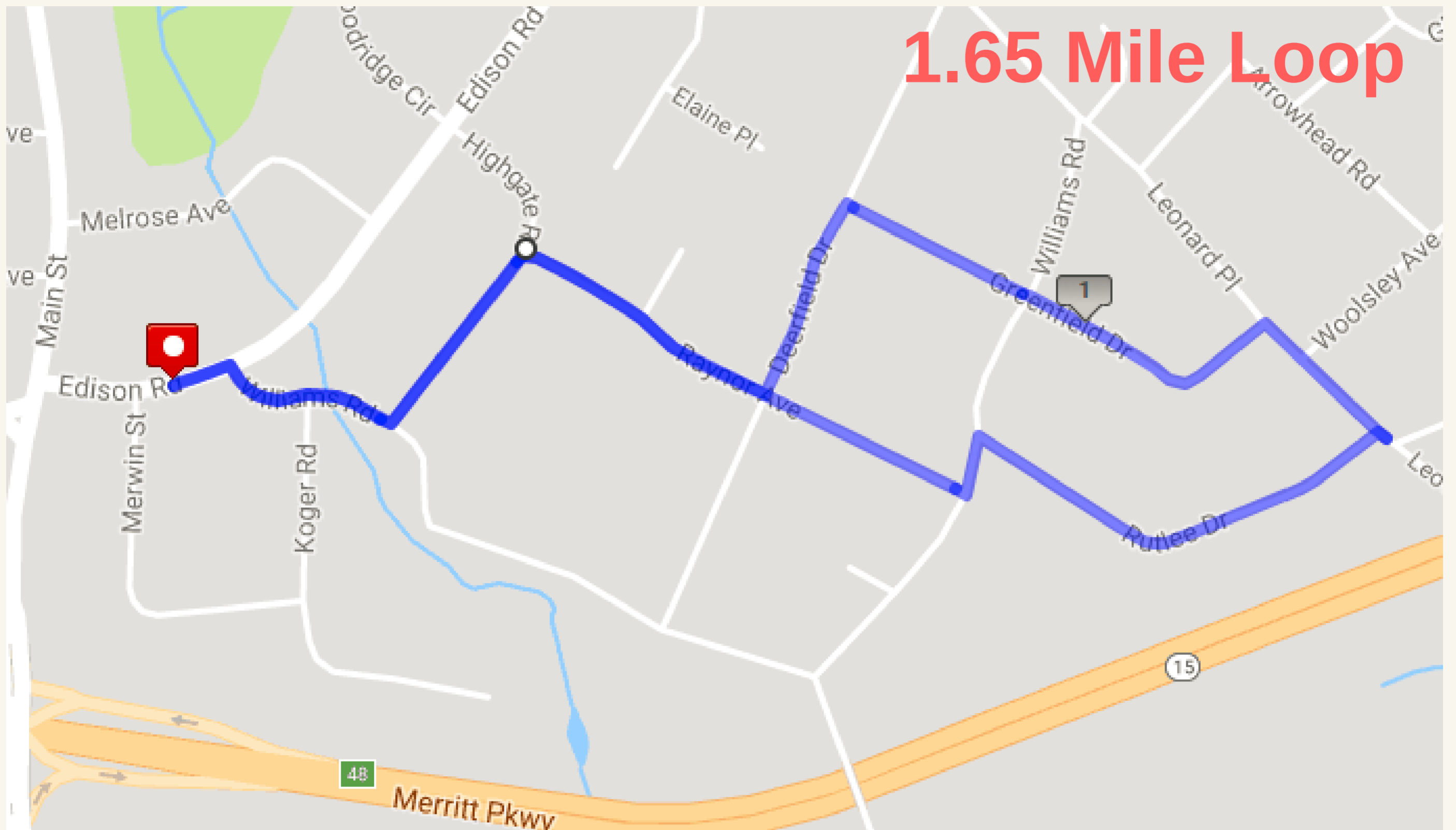




# POLICE DEPARTMENT WALKING ROUTE



**Directions:** Begin at the Trumbull Police Department, located at 158 Edison Road. Turn right onto Edison Road. Turn right onto Williams Road. Turn left on Highgate Road. Turn right onto Raynor Avenue. Turn left onto Williams Road. Turn right onto Rutlee Drive. Turn left onto Leonard Place. Turn left onto Greenfield Drive. Turn left onto Deerfield Drive. Turn right onto Raynor Avenue. Turn left onto Highgate Road. Turn right onto Williams Road. Turn left onto Edison Road and return to the Police Department.

## Walking Tips:

- Dress appropriately! Wear comfortable sneakers and bright, reflective clothing so others can see you.
- Stay hydrated! Always bring a bottle of water with you.
- Consult your doctor before beginning a new exercise routine.

