



# PUBLIC WORKS WALKING ROUTE



**Directions:** Begin at the Trumbull Public Works building, located at 366 Church Hill Ave. Take a left onto Church Hill Avenue. Use the crosswalk to cross Church Hill Avenue, turning right onto Woodlawn Drive. Turn left on Ellsworth Street. Turn right on Valley View Drive. Turn right on Rockland Road. Turn right on Woodlawn Drive. Turn left onto Church Hill Road, using the crosswalk, and return to the Public Works building.

## Walking Tips:

- Dress appropriately! Wear comfortable sneakers and bright, reflective clothing so others can see you.
- Stay hydrated! Always bring a bottle of water with you.
- Consult your doctor before beginning a new exercise routine.

