

TRUMBULL SENIOR CITIZEN NEWSLETTER

23 Priscilla Place, Trumbull, CT • Open Monday through Friday 9:00 a.m. – 4:00 p.m.

Tim Herbst.....First Selectman.....203-452-5005
Jean Ferreira.....Director/Editor.....203-452-5199
Sharon Miller.....Transportation Dispatcher.....203-452-5137
Linda Ciocci.....Senior Commission Chairperson.....203-268-0265



DECEMBER 2012



CHRISTMAS PARTY

**FRIDAY, DECEMBER 21, 2012
1:00 PM - 3:00 PM**

Join us for a holiday luncheon, a visit from Santa, and a holiday sing-a-long with DJ Richard Jones. Admission by ticket only (no walk-ins please). Seating limited. Tickets are available at the front desk. For more information call 203-452-5199.

HOLIDAY BINGO

Friday December 28th at 1PM in the Nutrition Room. Refreshments will be provided by *Maefair Health Care Center* of Trumbull. Come join in this free, fun-filled event. Seating is limited and advanced reservation required. Please call **203-452-5199** to make your reservation.

INCLEMENT WEATHER

On days that it storms or inclement weather is predicted, please tune your radio to Station WICC 600 AM for all cancellations. If the schools are closed, the center is closed. When there is a delayed opening, the Senior Center and transportation will also be delayed.

The Senior Center will be closed, Monday December 24 and Tuesday, December 25 for the holidays.



Happy
Holidays●

- To all our friends here at the Senior Center. From the Staff
Jean Ferreira● Sharon Miller●
●Bob Sherwood ● Joe Guerinni●
● Domonic Galletti Richard Jones●
●Becky Mantone ● Jennifer Gillis ●Gail Ondy●
Don Darling
Emily Areson
Gail Johnson
Beth Jones
Kim Aquino
And all of the Volunteers

Greeting from First Selectman

As we give thanks for this holiday season, I want to offer my thanks to the people of Trumbull and wish all of you a healthy and happy holiday season and a very prosperous New Year

Compliments of the Trumbull Senior Commission

Coffee is now available in the snack bar free of charge

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News from the Social Services Office (203) 452-5198

Social Services is now taking applications for the 2012/2013 Winter Heating – Energy assistance program. Please call the office to obtain this year's program requirements and to schedule an appointment. No walk-ins will be accepted. Home visits are available for those in need.

TRUMBULL LIBRARY COMES TO YOU!

Homebound service is a free program provided through a partnership between the **Trumbull Library** and the **Trumbull Community Women** which enables homebound Trumbull residents to enjoy the Library's collections without having to visit the facility. If you do not have a card, the Library will provide one for your use. Materials eligible for borrowing include all print and/or audio materials that currently circulate. Materials will be delivered & picked up once per month. If you are interested in becoming a **Homebound Service** participant, please call **203-452-5129** to arrange for a Library Volunteer to initiate an interview in your home for determining your reading and/or listening preferences and for establishing a date for delivery & pick-up.

Fund Raiser - Thanks for your continued support by donating recyclable bottles and cans to benefit our beautification fund. We also are receiving a large amount of can tabs that are collected for the Shriners to benefit their Burn Unit. The Center sincerely appreciates your ongoing donations.

THE TRUMBULL ARTS COMMISSION PRESENTS

ASH CREEK STRING BAND

Sunday, October 14th at 1 PM

For more information call: 203-452-5065.



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 DECEMBER 2012 CALENDAR 

MONDAY 	9:00 AM 9:30 AM 10:30 AM 11:45 AM NOON 1:00 PM	YOGA DRAWING CLASS..... SMILE AWHILE REHEARSAL BEGGINERS LINE DANCE..... DUPLICATE BRIDGE..... INTERMEDIATE LINE DANCE.....	FUNCTIONS ROOM MEETING ROOM FUNCTION ROOM FUNCTION ROOM MEETING ROOM FUNCTION ROOM
TUESDAY 	9:30 AM 10:00 AM 10:00 AM 10:30 AM 11:00 AM 11:30 AM 12:30 PM	FIT FOR LIFE EXERCISE CLASS..... KNIT AND CROCHET GROUP..... OIL PAINTING CLASS BALLROOM DANCE WITH MIKE STAVOLA.... Wii GAMES ZUMBA LESSONS WITH MIKE STAVOLA..... MEN'S POKER GROUP..... MEXICAN TRAIN DOMINOES..... MUSIC AND MOVEMENT WITH NANCY.....	FUNCTION ROOM COMPUTER ROOM MEETING ROOM FUNCTION ROOM TV ROOM FUNCTION ROOM CARD ROOM CARD ROOM FUNCTIONS ROOM
WEDNESDAY 	9:00 AM 9:30 AM 10:00 AM 10:10 AM 11:00 AM NOON 12:30 PM	YOGA NURSE AVAILABLE UNTIL 4:00 PM..... CHAIR EXERCISE WITH RITA..... JAZZERCISE..... TAP DANCE..... PINOCHLE CLUB..... COUNTRY WESTERN LINE DANCE.....	FUNCTIONS ROOM SOCIAL SERVICE TV ROOM FUNCTION ROOM FUNCTION ROOM MEETING ROOM FUNCTION ROOM
THURSDAY 	9:00 AM 9:30 AM 10:00 AM 10:00 AM 10:15 AM 11:00 AM 1:00 PM 1:00 PM 1:00 PM	STRENGTH..... NURSE AVAILABLE..... SLIM APPROACH WATER COLOR CLASS JAZZERCISE..... CHAIR EXERCISE WITH NURSE GAIL ONDY... CANASTA..... PINOCHLE..... LATIN LINE DANCE WITH MIKE STAVOLA....	FUNCTIONS ROOM SOCIAL SERVICE TV ROOM MEETING ROOM FUNCTION ROOM TV ROOM CARD ROOM MEETING ROOM FUNCTION ROOM
FRIDAY 	10:00 AM 10:30 AM 12:30 PM	ADVANCED OIL PAINTING CLASS TAI CHI..... MAH JONGG.....	MEETING ROOM FUNCTION ROOM MEETING ROOM

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Trumbull Senior Center
23 Priscilla Place
Trumbull, CT 06611

203-378-3086

DECEMBER 2012

Senior Community Café

Meals served Monday through Friday at noon. For reservations call 10:00 AM–NOON

Lunch Reservations (203-378-3086) must be made TWO (2) days in advance.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti with Meatballs	4 Sliced Glazed Ham	5 Philly Cheesesteak	6 Oven Fried Chicken	7 Seafood Salad
10 Chicken Breast	11 Meatloaf	12 Pork Stir Fry	13 Baked Ziti	14 White Fish Filet
17 Eggplant Rollatini	18 Turkey Sandwich	19 Chicken Cordon Bleu	20 Roast Beef	21 Stuffed Pepper
24 Closed	25 Closed	26 Cod Fish Bake	27 Honey Glazed Ham	28 Turkey Loaf
31 Roast Pork				


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Travel Corner

The Senior Center contracts with independent travel agencies. Upon registration you will be informed of the tour company to which your check must be made payable. All trips have limited seating and are on a first come, first served basis. For more information call **203-452-5199**.

Tuesday, December 18, 2012 - Winter Wonderland at Aqua Turf,. Dance and entertainment by by The Sin Sister Band. They perform tunes for all ages, from Andrew Sisters to Lady Gaga! Full day of raffles, dancing and singing. Family style lunch: Penne Pasta, Chicken Marsala, Salmon and much more. **\$62.00 per per.**

Monday, February 4, 2013 - Foxwoods Casino, Includes, free buffet and \$15.00 Keno **\$22.00 per per.**

SENIOR CITIZENS' COMMISSION

The next commission meeting will be held on **Friday, December 28 at 10:00AM** in the Senior Center Library. All are welcome to attend.

Notary Public

Monday through Friday. Please call 203-452-5199 for an appointment. There is a \$5.00 fee for each transaction, with exemption for military.

Senior Center Shopping Trips

Wednesday, December 12, Wal-Mart. Seating Limited, call 203-452-5199 for reservations. Bus leaves Senior Center at 11:15 AM

Wednesday, December 19, Trumbull Westfield Mall. Seating limited, call 203-452-5199 for reservations. Bus leaves Senior Center at 11:15 AM



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AARP Tax-Aide

For the tax year 2012, AARP Tax-Aide certified volunteers will offer free income tax preparation at the Trumbull Senior Center from 9:00 AM until noon each Wednesday from February 6 through April 10, 2013. No appointments are necessary. Just walk in.

What to bring:

- A copy of your 2011 tax return
- Social Security Statement, SSA 1099
- All tax forms received for tax year 2012 (W-2, 1099, etc)
- End of year investment statements (INT, DIV, STOCKS, BONDS)
- Documentation to support itemized deductions or credits claimed (medical, taxes, contributions, education expenses, etc.)
- Any other tax documents you might have

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appointments please call **203-270-7149**



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