Health Fair for Older Adults
At the Trumbull Senior Center
Friday, October 14th, 2016 10:00 A.M.-1:00 P.M.
EMS, Nursing, Police, Pharmacy, Doctors, Elder Law Attorney,
Assisted Living, Health Department, Counseling Center, Agency on Aging,
Home Health Care, and more!
For more information or transportation, please call (203) 452-5137.

FREE BALANCE SCREENINGS

Trumbull Health Department Flu Clinics
335 White Plains Rd, Trumbull, CT 06611 (203) 452-1030
Walk-ins/Appointments (transportation available)
Mondays 10/24 1 pm – 4:30 pm
Tuesdays 10/11, 18, 25 9 am – 12:30 pm
Wednesdays 10/26 9 am – 12:30 pm
Thursdays 10/27 1 pm – 4:30 pm
Beginning Monday, Oct. 31st, any date during the times listed.
Mondays/Thursdays 1:00 pm – 4:30 pm
Tuesdays/Wednesdays 9:00 am – 12:30 pm
Accepted: Aetna, Anthem, ConnectiCare, United Healthcare (Oxford) and Medicare Part B. For those without the above mentioned insurance, flu immunizations will cost $30, high dose $50 – cash or check.

Exciting News!
Tai Chi Quan For Better Balance
Designed for seniors
Every Tuesday and Thursday
1:30 PM —2:30 PM
All levels welcome!
There is no cost for this class.
The Trumbull Senior Center acts as a community resource and conduit to other services available to senior adults, aged 55 and older. The center offers a central location where individuals can receive information and services of interest to older adults. It is also a designated focal point, which provides a comprehensive delivery of services essential for maintaining the health, independence and well-being for members. The center strives to prevent isolation and encourages socialization.

First Selectman (203) 452-5005
Timothy M. Herbst

Interim Senior Commission Chair
Ronald Foligno (203) 445-8513

Director of Human Services (203) 452-5199
Michele Jakab

Administrative Assistant (203) 452-5137
Ashley Ryan Grace

Social Services (203) 452-5198
Jennifer Gillis Outreach Coordinator

Jane Horton Pantry Coordinator (203) 452-5135

Wellness Nurse (203) 452-5134
C. Teresa Cryan, MSN, RN

AGE IS AN ISSUE OF MIND OVER MATTER
IF YOU DON’T MIND IT DOESN’T MATTER
Mark Twain

*Trumbull Senior Center Café*
Check out our new grab-n-go lunch menu including wraps, salads, and desserts!
Open Monday –Friday
11:00 AM-2:00 PM
Relax, read, socialize, or watch television in our café!
We will be closed on Monday, October 10th, in observance of Columbus Day.

“Versailles and the Aftermath”
Wednesday, October 5th
10:30 AM
The Grandest Hoax Ever Perpetrated on Modern Man. Mark Albertson, Professor of History at NCC, will explain how the World War I was actually a European civil war; and how that war did not end in 1918, rather was jump-started by Hitler in 1939. To RSVP, please call 203-452-5137.

Upcoming Lecture Series:
Wednesday, November 16th, 6:30 PM—“Eleanor.”-Fairchild Library

Wednesday, December 14th, 10:30 AM—”The Strategic Significance of the Japanese Attack on Pearl Harbor.”-Trumbull Senior Center

Lunch and Movie
Thursday, October 20th
11:00 AM—1:00 PM
Sponsored by Ludlowe Center for Health and Rehabilitation.
Feature Film “My Big Fat Greek Wedding.” A Greek woman falls in love with a non-Greek and struggles to get her family to accept him while she comes to term with her family heritage and cultural identity. Starring: Nia Vardalos
*Please note that movies are subject to change due to availability.
Please RSVP by calling 203-452-5137.*

Explore 3D Printing
Thursday, October 27th
10:30 AM
Are you curious about 3D printers and how this amazing technology works? Learn more about 3D printing and watch a demonstration presented by Creators’ Corner at the Fairchild-Nichols Branch Library. For more information and to RSVP, please call 203-452-5137. Transportation is available.

Trumbull Senior Citizen Commission Meeting
Friday, October 28th
10:00 AM
Meetings are held in the Long Hill Conference Room in Town Hall and are open to the public.

Monthly Birthday Party
Friday, October 28th
11:00 AM
Come celebrate our October birthdays! This event is sponsored by Synergy Home Care. Please RSVP by calling 203-452-5137.

Bingo
Friday, October 28th
1:00 PM—2:30 PM
Prizes and refreshments will be served. Seating is limited. Please RSVP by calling 203-452-5137. This event is sponsored by the Trumbull Senior Commission and Synergy Home Care.

Lectures and Events

Upcoming Events for November

Aging and Driving
Is it time to stop?
Tuesday, November 1st
10:30 AM—11:30 AM
Susan L. Pinto, Community Liaison Specialist, of Griswold Home Care will help older adults understand the nature/scope of potential driving issues. You will learn how Occupational Therapists can help seniors and family caregivers with driving decisions and skills, along with how to access innovative tools to support safe driving, mobility, and independence. Please RSVP before 10/25/16 by calling 203-452-5133.

Ask the Pharmacist
Thursday, November 3rd
9:00 AM —12:00 PM
A representative from Medical Arts Pharmacy, in Trumbull, will be available to answer all of your pharmacy related questions. Be sure to ask them about their free blister & bubble RX packaging! For more information, please call 203-452-5137.

Lunch and Learn
Wednesday, November 9th
1:00 PM
Come join us for an informational presentation about downsizing your home and selling items. This event is sponsored by Home Instead Senior Care. Please RSVP by calling 203-452-5137.
Lectures and Events

Live Well Workshop
Mondays, October 3, 17, 24, 31
November 7, 14, 2016; 10:30 AM-1:00 PM

Attend a free six week Live Well Workshop series and learn new techniques to take control of your chronic health issues. Developed by Stanford University, Live Well is for adults and caregivers with ongoing health issues such as diabetes, arthritis, asthma, high blood pressure, heart or lung disease, pain, depression, and anxiety. Participants will learn healthy ways of dealing with pain, fatigue, and difficult emotions.

Subjects covered include nutrition, exercise, decision making, problem solving, goal setting and much more. Workshops are interactive and allow participants to share experiences and help each other solve problems they encounter. Participants are lent a copy of *Living a Healthy Life with Chronic Conditions* and a relaxation CD.

Please call 203-452-5137 to RSVP.

**Medicare Overview and Consultations**

Learn the basics, compare your plans, and get personalized help.

**Friday, October 21st—10:30am**
Medicare Supplemental Plans (and Part D)

**Tuesday, October 25th—10:30am**
Medicare Advantage Plans (and part D)

Scott Berney from Berney Insurance Group will be here to explain your Medicare Supplemental options. Come find out if your plan is competitive or if there is a plan with better coverage and more affordable! Remember, plans change every year; take the time to review your benefits. Bring insurance cards and a list of your medications if you would like to meet with Scott after the presentations.

---

**PRECISION HEARING - STRATFORD**
203-381-9555
Ryders Landing • Stratford • Exit 53 Merritt Pkwy

**CALL FOR YOUR FREE NO-OBLIGATION TRIAL OF OUR**
**NEWEST TECHNOLOGY IN YOUR OWN HOME AND SURROUNDINGS**
Medicare Open Enrollment is here!
October 15th-December 7th, 2016

During this time, you can make changes to your health insurance coverage, including adding, dropping, or changing how you receive your Medicare benefits. Even if you are happy with your current health and drug coverage, Medicare’s Open Enrollment Period is the time to review your current coverage, compare it with other available options, and weigh whether it will remain the best choice for you in the coming year. Plans change all the time; it doesn’t hurt to take the time and review your benefits.

Where can I go for help in comparing my plan options?
If you need one-on-one assistance comparing your plan options, you can call your local State Health Insurance Assistance Program (SHIP) right here at the Trumbull Senior Center! In CT our counselors are called CHOICES. Jennifer Gillis (203) 452-5198.

How can I protect myself from plan marketing violations and enrollment fraud?
Medicare has rules about how plans can market themselves and their services during Open Enrollment. Knowing about some of these rules can help you protect yourself from dishonest agents and brokers -- or scam artists posing as agents and brokers. Though plans are allowed to send you mail, plans are not allowed to call, e-mail, visit your home, or approach you in public to market their plan without your permission. Plan agents and brokers are not allowed to give you gifts in exchange for your enrollment into a plan. Gifts must be given to everyone regardless of their enrollment, and cannot be worth more than $15.

Verify everything a plan agent or broker tells you before making your final decision. For example, if a broker tells you that your doctor is part of the plan's network, call your doctor to double-check. Importantly, you should never feel pressured to join any plan. To ensure you are not being misled, be particularly suspicious of plan representatives or people who:
- Pressure you with time limits, seeking to enroll you in their plan, regardless of whether or not it meets your needs
- Tell you they represent Medicare and request your Medicare number, Social Security number, or bank account number, such as in exchange for a gift or service. Say you will lose your Medicare benefits unless you sign up for a certain plan

You may not always be able to detect marketing violations or persons posing as plan agents or brokers. As an added safeguard before you enroll, make sure you understand what a plan is offering you and get it in writing. How does it affect your Medicare and other health benefits (like Medicaid or your retiree/union coverage)? Does it cover the drugs you need? Review the facts before you enroll, and go to trusted and unbiased source for assistance, if needed, such as your SHIP. If you find yourself enrolled in a plan that you did not choose, you may be a victim of enrollment fraud. Contact your Senior Medicare Patrol (SMP) (203) 333-9288. Their mission is to help you prevent, detect, and report health care fraud, errors, and abuse.
**Exercise Classes**

**Stretch/Strengthen with Nancy-Mondays at 9:00 AM**
Combination of stretch, balance, aerobic and strength exercises to improve overall flexibility and endurance.

**Intermediate Line Dance with Shirley-Mondays at 12:45 PM**
Line dance to different types of music. Some experience is preferred. Wear comfortable shoes.

**Yoga with Jeannie-Mondays at 2:00 PM and Wednesdays at 9:00 AM**
This is an ancient practice that focuses on rhythmic deep breathing, balance, strength and flexibility.

**Fit for Life Exercise with Marylou-Tuesdays at 9:15 AM**
Combination of low-impact aerobic exercise (including a weights segment) and dance that focuses on balance, flexibility, strength and endurance.

**Ballroom Dance with Mike Stavola-Tuesdays at 10:30 AM**
Ballroom dance lessons with or without a partner.

**Zumba Lessons with Mike Stavola-Tuesdays at 11:30 AM**
Have fun exercising while you dance to energetic music!

**Tai Chi for Better Balance with MaryAnn -Tuesdays and Thursdays at 1:30 PM**

**Jazzercise with Marylou-Wednesdays at 10:10 AM**
Combination of low-impact aerobic exercise and dance that focuses on balance, flexibility, strength and endurance.

**Tap Dance with Shirley-Wednesdays at 11:00 AM**
Experience required for this tap dance class. Please bring your own tap shoes.

**Beginners Tap Dance with Shirley-Wednesdays at 12:15 PM**
Are you new to tap? Join us and learn new lessons while having fun. Please bring your own tap shoes.

**Balance, Core Strengthening and Stretch (Pilates)-with Jeannie-Thursdays at 9:00 AM**
This class focuses on breath, balance, core and total body strength and stretching.

**Jazzercise with Jeannie-Thursdays at 10:15 AM**
A fun aerobic exercise which builds strength and flexibility through dance moves to awesome music.

**Chair Exercise with Nurse Teresa-Thursdays at 11:00 AM**
Guided 30 minute class where we gently bend and stretch along with a video demonstration.

**Latin Line Dance with Mike Stavola-Thursdays at 11:30 AM**
Ballroom cardio dance to international music.

**Dance & Tone (Zumba Gold) with Jeannie-Fridays at 9:00 AM**
Dance to international music while toning the entire body. It is like a dance party!

**Tai Chi with David-Fridays at 10:15 AM**
Tai Chi is an ancient martial art from China that can improve balance, relieve stress, and relieve pain.
In addition to trips, the Senior Center provides transportation for medical, social, and nutritional needs: The Senior Center provides transportation to Trumbull residents who are age 60 and over and/or age 55-59 and disabled 5 days a week. Rides are for those traveling to and from the senior center, medical appointments, legal appointments and nutrition programs.

THE PEZ CANDY FACTORY AND CHIP’S FAMILY RESTAURANT
Tuesday, October 18th
Come visit the new Pez Candy Factory in Orange and learn how the candy is made. Enjoy a flavorful lunch at Chip’s Family Restaurant. $4.00 for admission plus the cost of lunch.

Time:
- Bus leaves at 10:15 AM from the center.
- The Pez Candy Factory tour will be from 11:00 AM—12:15 PM.
- Chip’s Family Restaurant 12:30 PM—2:00 PM.
- Bus will pick up to return to the center by 2:00 PM.

LOCKWOOD-MATHEWS MANSION AND SEDONA TAPHOUSE
Monday, October 24th
Take a tour at the Lockwood-Mathews Mansion in Norwalk. $6.00 admission plus the cost of lunch. Payments are due by October 17th. Checks only, cash cannot be accepted. Enjoy lunch at Sedona Taphouse. Please stop by the front desk for a menu. Please RSVP by calling 203-452-5137

Time:
- Bus will leave at 10:00 AM from the center.
- Lockwood-Mathews 11:00 AM—12:15 PM
- Sedona Taphouse 1:00 PM—2:00 PM
- Bus will return to center by 2:00 PM

New Weekly Shopping Trips Starting in October!
Beginning October 13th, the Trumbull Senior Center will now be providing transportation every Thursday to the following shopping centers:

Thursday, October 13th—TJ Maxx and ShopRite
Thursday, October 20th—Westfield Trumbull Mall
Thursday, October 27th—Stew Leonard’s in Norwalk

Maximum of 14 passengers per trip. Time schedules are from 10:30 AM—12:30 PM.

For more information and to RSVP, please call 203-452-5137.

Regularly Scheduled Shopping

- Hawley Lane/Big Y: 2nd and 4th Tuesday of the month.
- Stop and Shop: 1st and 3rd Tuesday of the month.

Stern Village Residents

- Hawley Lane/Big Y: 2nd and 4th Wednesday of the month.
- Stop and Shop: 1st and 3rd Wednesday of the month.

Please call 203-452-5137 to sign up!
Christmas in Newport: Sunday Afternoon at the Breakers -
Sunday, December 4, 2016. Cost: $85 per person
Sit back and enjoy the charm of Newport’s historic buildings and
restored homes. The tour covers over 150 points of interest and
takes in the rugged beauty of the Ten-Mile Ocean Drive and the
fabulous tree-lined Bellevue Avenue with all of the mansions in
their glory. Enjoy a visit to The Breakers mansion which is the grandest of
the Newport summer ‘cottages’ and is also a symbol of the Vanderbilt fami-
ly’s social and financial preeminence in the turn of the century here in
America. Following the tour, enjoy free time and lunch (on your own) at
Bowen’s Wharf. Estimated Make checks payable to Tours of Distinction.
Depart: 7:00 am Trumbull Senior Center  23 Priscilla Place Trumbull CT
Return: 7:30pm  estimated Trumbull Senior Center

The 36th Annual CT Flower & Garden Show:
February 23rd, 2017  $81 per person
Includes: Transportation, Luncheon at the Chowder Pot, Admission to the
flower show, driver’s gratuity. The theme this year is “Woodland En-
chantment” and the convention center will be transformed into a breath-
taking event for floral and garden enthusiasts alike.
An East Coast premier event.!

St. Patrick’s Day Celebration at the AQUA TURF featuring the Maclean
Avenue Band: March 14th, 2017. $77 per person.
Includes: Transportation, lunch and glass of wine or beer , entertain-
ment, driver’s gratuity. Lunch includes corned beef and cabbage, baked
scrod, and all the fixings.
Singing and dancing is encouraged!

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Family owned & Operated Since 1940
Michael J. Parente · Michele Parente
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· Full Cremation Services

203-579-1494  parente-lauro.com  559 Washington Avenue  Bridgeport, CT  06604
Do you have working smoke detectors at home? Red Cross Volunteers and Community Partners will install up to 3 smoke detectors with long life batteries in your home FREE OF CHARGE. They will test current working detectors and replace non-functioning detectors, provide Emergency Preparedness tips and guide you in developing a fire escape plan for your home and a Family Disaster Plan. For more information, call: 1-877-287-3327 or go to www.redcross.org/ct/schedule-a-visit.

Do you need food? Would you like to shop at our food pantry? We are here to help and make sure you are aware of our pantry and our social services programs. Find out if you are eligible. All calls are kept confidential. Please call (203) 452-5198 to inquire or set up to inquire.

Trumbull Food Pantry at the Trumbull Senior Center.

Would you like to donate to our Food Pantry? The Trumbull Food Pantry is able to exist almost solely through donations from individuals and groups throughout the community. Trumbull residents are an exceptionally generous group. A list of most needed items can be obtained by calling our office or viewing the monthly announcement of needed items on our Town website's home page. Gift cards from local grocery stores are always very welcome. Donations to the Food Pantry can be made directly at The Center at Priscilla Place between the hours of 9:00 a.m. – 4:00 p.m. Monday through Friday. Trumbull is an exceptional place to live, with many residents always willing to lend a hand. Let's keep that trend going by feeding families who are in need. Thank you!
Please join us at The Trumbull Senior Center for a presentation by Griswold Home Care on “Driving & Aging.”

WHERE: 23 Pricilla Place, Trumbull, CT
DATE: Tuesday, November 1st
TIME: 10:30AM – 11:30AM
RSVP: To Jennifer Gillis 203.452.5133
No later than 10/25/16

We look forward to seeing you then!

The Trumbull Arts Commission presents:

Sunday October 16 ~ 1:00pm, The Center at 23 Priscilla Place.
Cabaret seating, bring your own refreshments: $10.00 per person
Pre purchase at Arts Office: 203-452-5065

Wish List:
The center is currently looking for the following donated items:
- Card Tables
- Framed Artwork
- Padded chairs with arms
- Tea pots
A Place for Caring
SHORT-TERM REHAB
LONG-TERM CARE
RESPITE

21 MAEFAIR COURT, TRUMBULL, CT 06611
PH. 203-459-5152
athenahealthcare.com/maefair
Managed by Athena Health Care Systems

SUSAN B’S SALON
Open in the Senior Center
Services include haircuts for men & women, manicures & pedicures performed by a licensed professional. For an appointment, call (203) 981-7061

Abriola Parkview Funeral Home
419 White Plains Road
Trumbull, CT

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A HIGHER STANDARD OF HOME CARE
Personal Care
Companion Care
Nursing Oversight
Hourly & Live-In Available
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 Independently Owned and Operated

TRUMBULL COMMUNITY TELEVISION
Unique Trumbull Programming
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OLD TOWNE RESTAURANT
60 Quality Street Trumbull (Town Hall Plaza)
203-261-9436
BREAKFAST • LUNCH • DINNER
-Served Daily-
HOURS: 8 am – 10pm
Call Ahead For Take Out services

Please Patronize Our Sponsors
October is National Breast Cancer Awareness Month. Breast cancer is the most common cancer among women in America, with one in eight women expected to develop the disease in their lifetimes, according to the American Cancer Society (ACS). The good news is that many women can survive breast cancer if it is found and treated early. You should plan to talk to a doctor or nurse about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor or nurse can help you decide when and how often to get mammograms. Mammography is the absolute best screening test available, and the benefits of yearly screening for all women is supported by the latest research. In the media and in society at large, the iconic pink ribbon has become a national symbol of breast cancer awareness, and the 3-5 mile Making Strides Against Breast Cancer walk is one of the biggest fundraising events in the nation, bringing about 300 communities together each year in hopes of a cure. Less commonly known by the public, however, is the fact that age is the strongest risk factor for developing breast cancer, and it is a disease disproportionately affecting older women. About 35 to 50 percent of breast cancer cases in America occur in women older than 65 years. Breast cancer mortality rates also increase with age: 19.7 percent in ages 65 to 74; 22.6 percent in ages 75 to 84; and 15.1 percent in those 85 years or older, according to the 2005–2009 SEER Cancer Statistics Review. As of 2011, under the Affordable Care Act, Medicare and all new health insurance plans are required to cover yearly mammograms without any out-of-pocket costs to patients. You can locate free or low-cost screening mammograms in our area by contacting the American Cancer Society at 1-800-227-2345.

I look forward to seeing many of you at the Health Fair at the Trumbull Senior Center on Friday, October 14, 2016. We can discuss this or any other health concerns which you may have.

I wish you a Happy & Healthy October - Teresa
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<td>9:15 Fit for Life</td>
<td>9:00 Yoga</td>
<td>9:00 Balance &amp; Core</td>
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<td>9:30 Oil Painting</td>
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<td>12:30 Dominoes</td>
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<td>11:00 Chair Exercise</td>
<td>1-4 Pinochle</td>
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<td>2:00 Yoga</td>
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<td></td>
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<td><strong>October 14th</strong></td>
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<td><strong>We are searching for players!</strong></td>
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<td><strong>(203) 452-5137</strong></td>
<td><strong>Watercolor Painting Class</strong></td>
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# Greater Bridgeport Senior Community Café

Trumbull Café 203-378-3086

1% or Skim milk provided. Margarine available.

## October Menu

<table>
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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Beef Barley Soup</td>
<td>Tossed Salad</td>
<td>Cauliflower Soup</td>
<td>Mixed Greens</td>
<td>Navy Bean Soup</td>
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<tr>
<td>Oven Fried Chicken Tenders with Brown Gravy, Baked Potato, Cauliflower</td>
<td>London Broil with Honey Mustard</td>
<td>Baked Ziti with Italian Sausage, Broccoli, Garlic Bread</td>
<td>Irish Lamb Stew Noodles, Root Vegetables</td>
<td>Lemon Pepper Chicken, Wild Rice Blend, Asparagus</td>
</tr>
<tr>
<td>Potato Wedges, Carrots</td>
<td>Orange</td>
<td>Peaches</td>
<td>Cannoli</td>
<td>Vanilla Pudding</td>
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### COLUMBUS DAY HOLIDAY

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<th>Lentil Soup</th>
<th>Beef Noodle Soup</th>
<th>Caesar Salad</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Grilled Pork Chops with Apple Compote, Spaghetti Squash, Zucchini</td>
<td>Old Fashioned Pot Roast with Gravy, Mashed Potatoes, Carrots</td>
<td>Sautéed Chicken Piccata, Parmesan Rice, Balsamic Spinach</td>
<td>Meat Lasagna Broccoli, Garlic Bread</td>
</tr>
<tr>
<td>11</td>
<td>Pumpkin Pie</td>
<td>Watermelon</td>
<td>Chocolate Cake</td>
<td>Pears</td>
</tr>
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### Continued

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<tbody>
<tr>
<td>17</td>
<td>Three Bean Soup</td>
<td>Asian Slaw</td>
<td>Potato Bisque</td>
<td>Mixed Greens</td>
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<tr>
<td>18</td>
<td>Roast Beef Au Jus Potatoes, Corn</td>
<td>Stir Fry Chicken and Vegetables, Steamed Rice</td>
<td>Sliced Loin of Pork with Mustard Sauce, Sweet Potato, Vegetable Medley</td>
<td>Minestrone Soup</td>
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<tr>
<td>19</td>
<td>Cantaloupe</td>
<td>Orange</td>
<td>Apple Pie</td>
<td>Fruit Salad</td>
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<td>20</td>
<td>Tomato Vegetable</td>
<td>Caesar Salad</td>
<td>Chicken Noodle Soup</td>
<td>Tossed Salad</td>
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<tr>
<td>21</td>
<td>Baked Ham with Fruit Sauce, Potatoes, Mixed Vegetables</td>
<td>Oven Fried Chicken Yams, Collard Greens</td>
<td>Cheese Ravioli with Meat Sauce, Broccoli, Garlic Bread</td>
<td>Black Bean Soup</td>
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<td>22</td>
<td>Brownies</td>
<td>Watermelon</td>
<td>Mandarin Oranges</td>
<td>Apple</td>
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<tr>
<td>23</td>
<td>Hearty Bean Soup</td>
<td>Hamburger, Lettuce, Tomato and Onion Tater Tots</td>
<td>Turkey Meatloaf, Roasted Potatoes, Brussel Sprouts</td>
<td>Tapioca Pudding</td>
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<tr>
<td>31</td>
<td>Ice Cream</td>
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HAPPY HALLOWEEN
Halloween Word Search

WITCH C P T H E P O F T A L K S P
C O R A N G E R U U G K U C T C F X CL
T X S D D M N A E M L Z C W T D A I R E
S R U J J Z . I V E P Z F A O O I N W D
N Y E R S C G V S X P K V X T B B L D X
S I U Q B A H R M J N Y I A Z K A E J Y
S P S D Z R T Z A K H H Q N M V C T R Y
K B I M T R E A T S A D R I U P H G L W
F K S D ... H A I H A I . S C A R Y I E Z
L B B L E A O E R B L C U M K Y L R R H
E C O M G R L M O I O E T O I P D C E C
T O N F O N V W O M W L O W H R Y A P
O Z E G H O S T M A E H S S O G E J G A
N B S J U N S W S E O J T R F N B E J
X X F R X I W R K N K X F Q Q Z Z P K
R Z F T N E C O S T U M E R U C K W X K

CAT
COSTUME
MASK
PUMPKIN
SCARY
SPIDER
MOON
MONSTER
HALLOWEEN
BONES
NIGHT
OCTOBER
TREATS
SKULLTON
VAMPIRE
CHILDREN
WITCH
BCO
GREEN
GHOST
CANDY
BAT
CHANGE
BROCY
Halloween Word Search

WITCH J C P T F C P T F T A U K S P
G ORANGE U J U K L C T F X C
T X S D D M N A M L Z C W T D A I R E
S R U J J L I I V F P Z F A O O T N W D
N Y E R S C G V S X P K V X T B I D X
S I U Q B A H R M \ N \ D A Z K A E J
S P S D L R I Z A K H \ H Q N M V O T R Y
K B I M T R E A T S A D R H U P H G L W
C K S D J H B I B A L S C A R Y I E E 7
L B B I F A D E R B L C U M K Y L R R H
E O O M C R L M O I O E T O I P D C E C
T O N F O N V W O M W L O N W H Y R A P
O 7 E G I O S T I M A E H S S C G E J G A
N B S S J U N S W S E O J T R E N B E J
X X R X I W I R K N K X F Q Q Q Z Z P K
R Z F T K E C O S T U M E B U C K W X K

Cat
Costume
Mask
Pumpkin
Scary
Spider

Moon
Monster
Halloween
Bones
Night
October

Treats
Skeleton
Vampire
Children
Which
Boo

Creepy
Ghost
Candy
Bat
Orange
Broom