

Commission on Aging

**TOWN OF TRUMBULL
CONNECTICUT**

Town Hall
5866 Main Street
Trumbull, Connecticut 06611



Trumbull Commission on Aging Virtual Meeting
Friday, January 27, 2023
2:00 pm

AGENDA

Call To Order

Pledge of Allegiance

Resident Comments

Approval of Past Minutes – December 16, 2022

Secretary's Report

Senior Center Director's Report - Mrs. Jakab

Stern Village Report – Ms. Mack

Chairman's Report

Old Business

1. Facilities Committee Report – Mr. Foligno/Mr. Ryan
2. Defibrillator Status
3. Administrative Assistant Position Status
4. Update on Board of Education Discussions with Superintendent Semmel
 - a. Reading Program
5. Update on Trumbull Business Discount Program
6. Update on New Commissioner Appointment

New Business

1. Election of Secretary
2. Discussion of Chairman's Position
3. Phone/Medical Kit at Senior Center

4. Trumbull Farmers Market
5. Adopt A Street
6. Update on Library Programs for Seniors

Next Meeting – February 24, 2023 at 2:00 pm

Adjournment

Commission on Aging Regular Meeting

Jan 27, 2023 2:00 PM

<https://us06web.zoom.us/j/84749100972?pwd=N0JnK0dDd01FU2xqUU93aUNtMmJ3UT09>

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**TOWN OF TRUMBULL
CONNECTICUT**



Commission on Aging Meeting
Friday, December 16, 2022
2:00 pm
Council Chambers, Trumbull Town Hall

Present: Chairman Michael Ganino, Ron Foligno, Mark Ryan, Evelyn Wiesner, Alissa Heilbrunn, Nancy Lucas and Debra Gilbert Taylor (via telephone)

Also Present: Cindy Katske, Chief Administrative Officer

The meeting was called to order at 2:03 pm by Mr. Ganino followed by the Pledge of Allegiance and Roll Call.

Public Comments

No public comments.

Past Minutes

Approval of the minutes of November 18, 2022 was deferred to the end of the meeting.

Secretary's Report

No report.

Senior Center Director's Report

Mrs. Jakab was unable to attend the meeting.

Report from Stern Village

Ms. Mack was unable to attend the meeting.

Old Business/New Business

1. Facilities Committee Meeting – Proposed Senior Center – Mr. Foligno noted the next steps to be taken by the Committee include environmental and traffic studies. These must be completed before any recommendations can be made to the Town Council. It is unknown when they will be completed although the traffic study will be started sometime after the school recess is over in January. Discussion was held regarding the selection of the environmental firm to conduct the study. Three firms presented quotations but there were so many variables they were requested to resubmit with requirements provided by the town to make selection easier. The Department of Public works can do some of the work for the study.

Mrs. Heilbrunn questioned how much money has been spent since the beginning of the project years ago. Mrs. Katske was not able to provide a specific amount but noted there were architect and design fees.

Most of the work done has been selection of a location. It was noted there is a regulation that it must go to a referendum if the cost is over \$15 million, adjusted for inflation.

Mr. Ryan noted they have over 100 signatures supporting the project from seniors. There is a concern the project will not be supported by younger families in the town. Mrs. Heilbrunn questioned if the town could rent space from other locations. After discussion, Commission members felt that other facilities would not be able to support the needs of the center such as the food pantry, social services and recreation programs.

2. Christmas Luncheon – 83 meals were served. More people are attending the lunch program. Staff is taking over all reservations.
3. Trumbull Business Discount Program – Mr. Ganino will divide the paperwork into sections and distribute to the Commission for updating.
4. Defibrillator Status – Mr. Ganino is meeting with the Interim EMS Chief regarding this. Mrs. Katske noted the Town Nursing Department is responsible for the AEDs in town buildings.
5. New Commissioner – Interested individuals are being screened by the First Selectman's Office.
6. Berkshire Trip – Participants received a certificate good for a free trip.
7. Friday Evening Roller Skating at the Senior Center – this is in its third week.
8. ARPA Funding - \$150,000 received will be utilized to offset the expenses of the meals. Discussion was held regarding no-shows for the lunches and what happens to the meals not eaten. These meals are frozen and used for the home bound, sick, etc. It was noted there is a food pantry at Stern Village. Most residents are not interested in coming to the Senior Center for lunch. Seniors at Stern Village will be invited to the meeting in June when it is held in the Community Room.
9. Board of Education – Seniors in the Public Schools - Mr. Ganino and Mr. Foligno met with Superintendent Semmel who is excited about some of the programs proposed. They have decided to have a cereal food drive for the pantry and will make it into a game of dominoes before they are donated.
10. Main Street Dollars Program – Certificates can be applied toward any goods or merchandise at Next Chapter Books, Pure Poetry, City Line Florist, Xperiment Virtual Reality, Plasko's Farm and Escapology. Coupons for \$10.00 are available at the Senior Center, Planning and Zoning and Economic Development.
11. Trip to Next Chapter Books and Lunch at Emma's – Tickets are \$17.
12. Book Buddies Program – Mrs. Heilbrunn discussed the program which is a mentor reading program with elementary school children in Blackham School in Bridgeport. One-on-one weekly sessions are scheduled for up to one hour with the student. This type of program will be looked into further.
13. BJ's Donation – The BJ's in Derby will be donating cookies, cakes and bread to the Food Pantry one day a week. Paperwork will be filed next week. Mr. Ganino will contact BJ's in Stratford for donations as well.

Past Minutes

Motion was made by Ms. Wiesner to approve the minutes of November 18, 2022. Seconded by Ms. Lucas and approved with one abstention by Ms. Wiesner.

Adjournment

There being no further business, motion was made by Mr. Foligno to adjourn the meeting at 2:56 pm. Seconded by Ms. Wiesner and approved by unanimous consent.

Respectfully submitted,

Barbara Crandall
Clerk