



Trumbull Health Board
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MINUTES January 7th, 2026 Trumbull Health Department

Members Present: Nancy Busch – Chairperson, Debbi Charles, Allison Vallance, & Glenn Rich, MD

Members Absent: Karen Tolk

Also Present: Joan Littlefield – Director of Health, Trumbull Community TV

Call to Order: Ms. Busch called the Trumbull Health Board to order at 6:31 p.m.

Public Comment: None.

Ms. Vallance made a motion to accept the December 10th meeting minutes, seconded by Dr. Rich. Motion carried unanimously.

Ms. Littlefield provided a recap of department activity since the last meeting.

- Dr. Dayan is officially the Medical Advisor for the Trumbull Health Department
- We administered 875 vaccinations this season through December, and we have one dose remaining
- Based on the State's data, Trumbull flu vaccine coverage is 34.2%; state average is 29.6%
- Dr. Rich stated that he read in The New York Times, that there had been a meta-analysis study that showed the more vaccines that people get, the less they are diagnosed with dementia, though the reason for it is unclear
- Ms. Littlefield stated the State has declared that they will follow the American Academy of Pediatrics vaccine schedule
- The sanitarians conducted over 50 inspections this month, with 15 plan reviews and follow up on 6 complaints
- They have also processed cosmetology and tobacco license renewal applications for 2026
- We made a mock septic system to present at the Hillcrest Middle School Health and Wellness Fair on December 17th

The Senior Center had a giving tree where they wanted to recognize teens that give back to our community. Four of our TAG Team members were nominated and got recognized for their service to the community and received gift bags

- Sam and Sue attended the annual Kyleigh Leos Toy Drive on December 6th
- Sue has been working with regional coalitions to develop upcoming response plans and hold trainings and tabletops
- Sue has also drafted a High Consequence Infections Diseases Annex to our Public Health Emergency Plan



- We have a cybersecurity tabletop exercise planned on March 5th with Stratford and Monroe, in conjunction with CISA (Cybersecurity and Infrastructure Security Agency)
- We received the HIA Community Assessment analysis and the improvement plan for the Greater Bridgeport Area, which we did a press release for and posted on the Town of Trumbull's website
- Ms. Littlefield started working on the 2026-2027 budget
- We updated our MOUs with Stratford and Monroe to include the current principals
- The department will hold a Radon Awareness Day on January 28th at the Trumbull Public Library and hand out kits along with educating the public. The team hopes to increase the completion of the testing by encourage homeowners to return the kits for analysis
- On February 9th we will hold *Know Your Numbers* clinic at the Health Department providing blood pressure and HBA1C checks along with health coaching.
- We are working with the American Red Cross to hold a blood drive on February 27th at the Trumbull Senior Center
- Ms. Littlefield is going to take the food safety course, a part of the State of Connecticut Environmental Health series
- Ms. Littlefield updated the Board on the Town's efforts regarding the measles case. No further cases have been identified in CT.

The Board entered executive session, accompanied by Ms. Littlefield.

Old Business:

- Dr. Kunkel tribute for his service to the Trumbull Health Department. Working with Town Hall.

New Business:

- None.

There being no further business brought before the Board, a motion made by Ms. Charles and seconded by Dr. Rich to adjourn the meeting at 7:20 p.m. Motion carried unanimously.

The next meeting is scheduled on February 11, 2026, at 6:30 pm, via video conference.

Respectfully submitted,

Taylor Pennino
Trumbull Health Administrative Assistant

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