

## *Mary J. Sherlach Counseling Center*

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### MARY J. SHERLACH COUNSELING CENTER BOARD MEETING

February 11, 2019

### **MINUTES**

Members Present: Officer Tim Fedor  
Alexandra Dima  
Lynda Gabrielson  
Christine Marin  
Emily McGrath  
Jennifer Hrbek – Chair  
Emily Grilley

Also Present: Lynn Steinbrick  
Cornelia Morris  
Victor Olsen

Jennifer Hrbek called the meeting to order at 7:08 PM.

#### **Approval of Minutes**

Motion made by Linda Gabrielson to accept the Minutes of the September 17, 2018 Board Meeting as presented. Motion carried unanimously.

#### **Juvenile Review Board (JRB) Update**

Lynn Steinbrick presented an update and explanation of the JRB process. A mock-up of the JRB brochure was distributed to the Board members. A JRB meet-and-greet of JRB members, including the Counseling Center, Juvenile Probation and Court, Trumbull Police, and Trumbull Schools, will be scheduled when the brochures are printed. Jennifer Hrbek asked to have a JRB case presented (anonymously) sometime in the future so the Board can learn the JRB process.

#### **Truancy Referral Update**

Lynn Steinbrick and staff described the Truancy Referral process to the Board.

#### **Coat Donations**

Several coats were donated and sent to the Bridgeport Rescue Mission during the month of December.

#### **Intern Update**

Victor Olsen reported that intern Katie Hermenze, who joined the Center in August 2017, graduated with a Master's Degree in Family Therapy from Fairfield University. She received a special achievement award from the University.

### **Venue for Board meetings**

Board members agreed, by consensus, to hold the next Board meeting at a town facility, to be determined by staff person, JoAnne Veltri, according to availability and space to accommodate the number of members on the Board.

### **Old Business**

Board members who attended the community program with keynote speaker, Dr. David Greenfield, reported on the success of the program, which was well attended and well organized.

Flyers for the Family Conflict Group, facilitated by staff counselor, Chante Moreno, were distributed to the Board. The group is currently meeting twice per month.

### **New Business**

Lynn Steinbrick presented an update on the First Selectman's Task Force on Mental Wellness. The group is working on a community-conversation in which members of the mental-health provider community will be invited to learn from each other, and to enhance services to the community. The project will include a needs-survey of the community, starting with members of the Senior Center.

Tim Fedor announced that the Take Back Drugs Day is scheduled for 10-2:00 April 27, 2019 at the Trumbull EMS.

The next Board Meeting is scheduled for Monday, May 20, 2019, 7:00 PM, location to be announced.

There being no further business, a motion was made by Jennifer Hrbek and seconded by Alexandra Dima to adjourn the meeting at 8:10 PM. The motion passed unanimously.

Respectfully submitted,

Victor Olsen  
Clerk of the Board