



## Trumbull Health Board

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### MINUTES February 11<sup>th</sup>, 2026 Via Video Conference

**Members Present:** Nancy Busch – Chairperson, Debbi Charles, Alison Vallance, Karen Tolk & Glenn Rich, MD

**Members Absent:** None.

**Also Present:** Joan Littlefield – Director of Health, Dr. Nimrod Dayan – Medical Advisor, Bill Chin – Director of Information Technology, Trumbull Community TV, Taylor Penning – Administrative Assistant

**Call to Order:** Ms. Busch called the Trumbull Health Board to order at 6:33 p.m.

The Board introduced themselves and formally welcomed Dr. Dayan as the new Medical Advisor for the Trumbull Health Department.

Dr. Dayan introduced himself to the Board and expressed his enthusiasm about his new position with the Trumbull Health Department.

**Public Comment:** None.

Ms. Charles made a motion to accept the January 7<sup>th</sup> meeting minutes, seconded by Ms. Vallance. Motion carried unanimously.

Ms. Littlefield provided a recap of department activity since the last meeting.

- Ms. Littlefield discussed her meeting with Robin Bieber, Director of the Mary J Sherlach Counseling Center
- Ms. Littlefield also met with Dr. Semmel to connect the two departments and to be prepared in the event of a measles outbreak in the schools.

- The Health Department submitted our fiscal year 2026-2027 budget and Ms. Littlefield met with First Selectwoman Vicki Tesoro and team to review. Ms. Littlefield stated small changes are being made to the health department budget for the 2027 fiscal year.
- The Health Department is looking at an Electronic Health Record System for improved security and efficiency.

- Ms. Charles inquired about possible grants available for supporting Health Department programming.
- Ms. Charles asked if we currently had any interns. Ms. Littlefield stated our Public Health nurse is mentoring a nursing student.
- Early this morning (2/11) there was a water line break that affected a portion of Rt 111 south of Commerce. Due to lack of safe water, 2 restaurants and 3 other food establishments were closed by the Health Department, and 2 convenience stores will not serve coffee. When Aquarion advises the Trumbull Health Department that water samples test safe, we will allow those establishments to reopen.

- Vaccinations: THD administered our last two doses of flu vaccine in January along with eight other vaccinations. We placed our 2026 flu vaccine order for the fall, and will order less flublok and more high dose vaccine
- Over 30 inspections and assessments were completed in January, with 10 plan reviews, 14 septic permits and follow-up on 5 complaints.

- The Board discussed Ichiro shutting down. This closure was not at the direction of the Health Department. Our Radon Awareness event was held at the Trumbull Library on January 28. 45 test kits were distributed to Trumbull residents along with coaching on placement by the sanitarians and instructions on submitting kits to receive results. An additional 7 residents picked up kits at the THD following the event.
- THD held a *Know Your Numbers* clinic on Monday February 9 at the health department that gave residents a free health screening, including A1C testing.
- Coming up on February 27<sup>th</sup>, we are holding a blood drive in conjunction with the Red Cross at the Trumbull Senior Center.

- Sam and Sue participated in a Region 1 Arctic Blast tabletop exercise on January 21<sup>st</sup>
- A cyber security tabletop will be held in March with Stratford, Monroe and Trumbull and facilitated by CISA.
- The health department participated in the hands only CPR video challenge and is encouraging others to participate during February.
- Food establishment licenses expire next month. Those applications will begin to go out soon.
- Ms. Busch inquired about the cases of elevated lead levels and their causes. Ms. Littlefield stated the cases we have are not new cases. THD sanitarians and PHN work together to explore causes and to follow up. Ms. Busch mentioned that we may need to raise more awareness on the topic of the risk of lead. In Shelton, most elevated lead levels are due to lead paint in homes, but there are other risks as well.

#### Old Business:

- Ms. Busch and Dr. Rich are not available for the June 10<sup>th</sup> meeting. The Board decided to move the June meeting to June 17<sup>th</sup>.
- Dr. Rich is not available for the April 8<sup>th</sup> meeting, and the Board will discuss moving the meeting to a different date if they will not reach a quorum.
- Ms. Charles brought up what the Health Department will be doing to commemorate Dr. Kunkel

#### New Business:

- None.

There being no further business brought before the Board, a motion made by Ms. Tolk and seconded by Dr. Rich to adjourn the meeting at 7:19 p.m. Motion carried unanimously.

The next meeting is scheduled on March 11, 2026, at 6:30 pm, in person at the Trumbull Health Department.

Respectfully submitted,

Taylor Pennino  
Trumbull Health Administrative Assistant