

Senior Citizen Commission – February 28, 2020

Trumbull Senior Citizen Commission

February 28, 2020

10:00 am

Long Hill Conference Room, Trumbull Town Hall

The Senior Citizen Commission of the Town of Trumbull held a scheduled meeting on February 28, 2020 in the Long Hill Conference Room in the Trumbull Town Hall.

Present: Chairman Marcy Kelly, Ron Foligno, Mark Ryan, Evelyn Wiesner, Jean DaRold and Michael Ganino

Also Present: Michele Jakab, Director of Human Services

The meeting was called to order at 10:00 am by Mrs. Kelly followed by the Pledge of Allegiance.

Public Comment

No public comment.

Past Minutes

Motion was made by Ms. Wiesner to approve the minutes of January 24, 2020 as written. Seconded by Mr. Foligno and approved unanimously.

Secretary's Report

No Secretary's Report.

Director's Report

Mrs. Jakab reported the following, noting the Center is doing well overall with all classes full:

1. Pickle ball is coming in March. There is already a wait list for lessons.
2. A writing class is being scheduled.
3. Adding some trips from Stern Village for the residents.
4. St. Patrick's Day lunch is planned.
5. A new Zumba instructor starting next week.
6. They are encouraging everyone to participate in the census and has a representative coming to the Center to help them through the process.
7. CBD oils presentation was well received and they are planning another session.
8. Mr. Marty Isaac is presenting a program on Cutting Cable on March 18. This covers alternative options for traditional cable services.
9. Social Services is still doing energy assistance.
10. The food pantry is doing well. The pantry was selected to participate in the Stop and Shop Community Bag Program for March. The food pantry will receive a \$1 donation for every reusable community bag purchased at the Trumbull Stop and Shop.

Mr. Foligno gave a brief update from the Senior Center Building Committee. He noted a joint senior center and aquatic center is not an option at this point. The Building Committee has two locations for

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the center that are being considered. One is the Board of Education property and the other is the area acquired in recent years at the top of Church Hill Road and Quality Street. The aquatics center proposed locations include Twin Brooks and Tashua pool areas. Nothing has been decided.

Mrs. Jakab noted they are working on a program from SAGECare which addresses seniors who feel they are discriminated against within the LGBTQ community. She is working with the faculty of SAGECare to train her staff to assist the seniors.

Mrs. Kelly noted a meeting was held with representatives from EMS and Emergency Management to determine the best way to assist vulnerable individuals in town who might need help in the event of an emergency.

Old Business

Mrs. Kelly noted the Senior Resource Guide is ready for a final review and will be distributed to the Commissioners for their input.

Discussion was held regarding the joint survey between the Senior Center Building Committee and the Aquatics Committee. This will be one survey that will address both initiatives as it would be too confusing and cost prohibitive to have separate mailers. It was noted the both projects may have to go for a referendum because of the cost.

Cookbooks are almost sold out. It was a great fund raiser.

New Business

Mrs. DaRold asked if there was anything looking forward that the Commission needs to be reviewing. Mrs. Jakab noted they will be offering an Aging Mastery course and will be looking for instructors for the various lessons included in the program including health and finance. The food pantry is working with the schools and has a backpack initiative. She is also working on a reading program for seniors in the schools called Reading Partners.

Mr. Ryan noted that Bridgeport Hospital is looking to specialize in aging.

No progress on the podiatrist to work out of the Senior Center because of billing issues.

Adjournment

There being no further business, motion was made by Mrs. DaRold to adjourn the meeting at 10:34 am. Seconded by Mr. Ganino and approved unanimously.

Respectfully submitted,

Barbara Crandall, Clerk