CALL TO ORDER: The Chair called the meeting to order at 7:39 p.m. All present joined in a moment of silence and the Pledge of Allegiance.

ROLL CALL: The clerk called the roll and recorded it as follows:

PRESENT: Mike Buswell  Mary Isaac  Nicole Satin  
Steve Choi  Alissa Hall  Jason Marsh  
Ashley Gaudiano  Steve Lemoine  Kelly Mallozzi  
Dawn Cantafio  Christopher DeCruze  Tony Scinto  
Kevin Shively  Dede Robinson  Bill Mecca  
Lissette Colón  Olga Leiva  Thomas Whitmoyer  
Joy Colon

ABSENT: Tony Scinto

ALSO PRESENT: First Selectman Vicki A. Tesoro, Town Attorney Daniel Schopick, Human Services Director Michele Jacob, BOE Director of Operations Dave Cote, Melissa McGarry of TPAUD, Chairman of the Middlebrook Elementary School Roof Building Committee Patricia Borghesan.

APPROVAL OF MINUTES: Moved by Cantafio, seconded by Whitmoyer to approve the March 7, 2022 minutes as submitted. VOTE: Motion CARRIED unanimously.

DISCUSSION ITEMS: TPAUD, Trumbull’s Prevention Partnership Student Survey Results – Melissa McGarry, TPAUD Project Director gave a brief overview of the TPAUD Survey Results. Ms. McGarry gave a summary of the TPAUD survey to the Town Council. (Presentation Attached)
Points of discussion are as follows:

- Ms. McGarry explained the question with regard to LGBT community is used in other surveys and it gives the kids a choice that is not a yes or no, it gives them an option to support but not as a member of that community. She explained the 55% should not be presumed they did not support, it is not broken down that way. The question was used for the first time in 2019, the kids seem to like the option of being an ally.

- Ms. McGarry explained TPAUD’s grant funding will end September 29, 2024. Trumbull as a town, should be having a conversation in the next year or so about what's important. TPAUD has some thoughts on what it might look like. TPAUD works when there is a coalition and staff. When you look at other towns that don't have staff devoted and their prevention efforts don't look nearly as comprehensive. The truth is in the data, they're seeing the towns that devote resources to prevention see significant drops in their use rates, and the towns that don't, their kids are using at much higher rates than ours. This is something to start examining before September 29, 2024. There are other grants they can look at but are smaller. What is wonderful is that TPAUD has been able to be flexible, and adapt to new challenges. They were talking about vaping before any other school in the region was. TPAUD was doing parents’ education, and the ninth grade forum before anyone else. Eight other schools have replicated what has been built in Trumbull. That came from having the resources to keep evolving, evaluating, and updating.

- TPAUD has a Youth Mental Health Resources tab on their website, they have encouraged THS to link to the TPAUD website because they update it all the time. There are wellness resource guides sprinkled all across the town, but the most up-to-date information is on the TPAUD’S website.

- First Selectman Tesoro extended her gratitude to Ms. McGarry and the volunteers for all their great work. Ms. McGarry has been the project leader for 15 years and many in this room have been with TPAUD since the beginning. First Selectman Tesoro praised Ms. McGarry for being a leader. TPAUD has changed community norms in Trumbull and that's the reason why a lot of our rates have dropped. You can't really measure the lives that may have been saved because of this but believes that's true, TPAUD has made a difference in families and young people's lives and their futures.

Middlebrook Elementary School Roof Building Committee Update:

- Ms. Borghesan reported the last time she spoke to the Town Council the committee had submitted an application to the state and were awaiting the approval letter. It arrived in January. On February 2, they had a meeting with the state, then the committee could go out to solicit bids. They received five bids, ranging from $2.4 million to $2.55 million for the Middlebrook School roof project. That was with a 20-year warranty roof. The amount of the project costs submitted to the state which the state approved was $1.427 million. Because the bids were higher the state requires resubmittal and to rebid the project. That will extend the timeline until the summer of 2023. The committee voted to request the superintendent withdraw the current application and submit a new application with updated project costs. The application was withdrawn on March 24th. The hope is that the new application, which is the same material with new numbers will be submitted within this fiscal year, (either the first 10 days of May or the first 10 days of June), which is the window that the state gives. At their March 14th meeting, they voted to increase the project costs to $2.4 million dollars. They arrived at that number by taking the lowest bid
submitted and adding a 10% cushion for a potential increase in materials cost and labor based on the current amount of bonding available for this project. The state will reimburse, the rate this year is 33 points. At this time, they don't need to seek additional. The plan is for the Trumbull public schools, under the guidance of the superintendents to submit this new application with the updated projections from the architect. The state office has assured them that the project should receive speedy approval for this fiscal year. Once they have the approval, they can begin the bidding process. They will have two years from the approval to complete the project. There is no guarantee that they are not going to be in this situation when we go out to bid again. Estimates change and there's no way to predict the future. This is where they are at the moment.

Points of discussion are as follows:
- Ms. Borghesan explained the higher bids are due to supply chain issues and inflation. Supply chain issues may resolve but no one knows when the inflation issue will resolve. They are using the same architect, the architect was selected at the beginning of the project and remains with the project until completion.
- Ms. Borghesan explained in terms of funding this would not delay other projects, because the funding for this project has already been approved for bonding. The CIP recently approved does include another school. The money for Middlebrook is in the current fiscal year and if not spent, it stays there, it does not become a line item in the next year.
- The Chair extended her gratitude to Ms. Borghesan and Mr. Cote.

NEW BUSINESS:
1. RESOLUTION TC29-51: Moved by Colon, seconded by Mallozzi
   BE IT RESOLVED, That Bridget Dial is hereby reappointed as a member of the Trumbull Day Commission for a term extending to September 1, 2026.

   Committee Report: The L&A Committee met on March 28, 2022 and voted unanimously.

   VOTE: ADOPTED unanimously

2. RESOLUTION TC29-52: Moved by Choi, seconded by Massaro
   BE IT RESOLVED, That the submission of the funding application for the Caregiver Services Grant is authorized, and Vicki A. Tesoro, First Selectman, is hereby identified as the individual authorized to sign the application and all subsequent amendments, reports and related documents in order to administer and implement the project. (Full Resolution Attached)

   Committee Report: The L&A Committee met on March 28, 2022 and voted unanimously.

   VOTE: ADOPTED unanimously

3. RESOLUTION TC29-53: Moved by Whitmoyer, seconded Cantafio
   BE IT RESOLVED, That RESOLUTION TC29-01, the resolution creating the Middlebrook Elementary School Roof Building Committee, is hereby repealed and replaced. (Full Resolution Attached)
Committee Report: The L&A Committee met on March 28, 2022 and voted unanimously.

VOTE: ADOPTED unanimously

4. RESOLUTION TC29-54: Moved by Cantafio, seconded by Cantafio
BE IT RESOLVED AND ORDAINED, That in accordance with Section 9-169 of the
General Statutes of the State of Connecticut, Chapter 6, Section 6-1 of the Trumbull
Town Code is hereby amended by redividing the Town of Trumbull into seven (7) voting
districts. Said districts shall be divided in accordance with the metes and bounds
description attached hereto. Said revised voting districts shall be effective commencing
with the Primary elections to be held on August 9, 2022.

The Chair noted there an issue with the public hearing notice in the newspaper, therefore
the public hearing will be re-noticed and will be held on April 11, 2022 at 6:30 p.m. with
a special meeting of the council.

Moved by Marsh, seconded Whitmoyer to postpone the resolution until the April 11,
2022 special meeting at 6:30 p.m.

The Chair confirmed she had read the Minority Report. Councilman Lemoine noted the
report talked about the need for a public hearing. The Chair clarified the public hearing
was noticed in the newspaper, it was put in the paper three days in advance rather than
the four days, the public hearing was held. This meeting was noticed for public comment
as well. The Public Hearing on this resolution will be re-noticed, there will be multiple
opportunities for public comment.

Councilman Marsh called point of order. He is not sure if it is relevant that the need for a
public hearing was in the Minority Report. The town council meeting at which the vote is
held has to be publicly noticed and if he understands the Minority Report correctly, the
call was for more substantive public input during the committee process. While he
understands Councilman Lemoine’s point, he does not think it is relevant to the public
hearing that was unfortunately improperly noticed for this meeting. Councilman Lemoine
disagreed.

VOTE: Motion CARRIED 17-2-1 (AGAINST: Colón, Seidell) (ABSTENTION: Leiva)

The Chair reviewed the Budget Hearing dates with the Town Council. The Chair
requested the council to submit questions for Dr. Semmel to the Chair ahead of time so
that he and his team can prepare for the BOE budget hearing

ADJOURNMENT: There being no further business to discuss and upon motion made by
Marsh ad seconded by Cantafio the Trumbull Town Council adjourned at 8:17 by
unanimous consent.
Respectfully Submitted,

_________________________
Margaret D. Mastroni
Town Council Clerk
FULL RESOLUTIONS

RESOLUTION TC29-52:

Whereas, the Southwestern Connecticut Agency on Aging, Title III Funding-E under the Older Americans Act, offers grants for Caregiver Assistance; and

Whereas, grants are to be used to fund caregiver services including outreach, information and assistance, and referral; and

Whereas, grants cannot exceed $50,000 and shall be used towards salary, supplies, and printing costs; and

Whereas, the Town of Trumbull will submit an application for funding for $20,000 to provide support to caregivers through counseling, information and assistance, support groups, and public education.

NOW, THEREFORE, Be it Resolved, that the Trumbull Town Council authorizes the submission of the funding application for the Caregiver Services Grant, and identifies Vicki A. Tesoro, First Selectman, as the individual authorized to sign the application and all subsequent amendments, reports and related documents in order to administer and implement the project.
RESOLUTION TC29-53:

BE IT RESOLVED, That RESOLUTION TC29-01, the resolution creating the Middlebrook Elementary School Roof Building Committee and charging said Committee with planning and overseeing the roof replacement and related improvements, is hereby repealed and the following substituted in its place:

The Middlebrook and Booth Hill Elementary Schools Roof Building Committee is hereby established for the purpose of planning and overseeing the roof replacements and related improvements for Middlebrook Elementary School and Booth Hill Elementary School; and

BE IT FURTHER RESOLVED that the minutes and actions of the Middlebrook Elementary School Roof Building Committee are hereby made the minutes and actions of the Middlebrook and Booth Hill Elementary Schools Roof Building Committee; and

BE IT FURTHER RESOLVED, That the membership of the Middlebrook and Booth Hill Elementary Schools Roof Building Committee shall consist of two (2) Town Council members, provided that such members shall not be from the same political party, one (1) Board of Education member and six (6) residents of the Town of Trumbull; and

BE IT FURTHER RESOLVED that all of the members previously appointed as members of the MIDDLEBROOK ELEMENTARY SCHOOL ROOF BUILDING COMMITTEE are hereby made the members of this combined committee.
Memorandum

To: Office of the First Selectman

From: Michele Jakab, Director of Human Services

Re: Grant Application: FFY 23 Title III-E Older Americans Act funding: Caregiver Services

Date: March 18, 2022

The Trumbull Senior Center would like to request the Town Council to authorize the Grant Application from the Southwestern Connecticut Agency on Aging. The following is a summary of this grant:

Grant Program: To continue funds in Trumbull fiscal year 2023, this grant would fund caregiver services including support groups and related services.

Funding Source: Southwestern Connecticut Agency on Aging: Title III-E Older Americans Act funding: Caregiver Services

Funding Cap: $50,000. Applying for approximately $20,000.

Purpose of Funds: Support and reduce the stress of family caregivers.

Cost Share/Match: This Grant has a 25% match requirement.
Local District Boundary Description  
(Revised 3/1/22)

**District 1**

Northerly: The Monroe town line.

Easterly: The Shelton town line, Booth Hill Road, each in part.

Southerly: Strobel Road, Pinewood Trail, Bear Den Road, Hemlock Trail, Strobel Road again, northerly along Booth Hill Brook, Oldfield Road, Old Stream Lane, Brookhedge Road, Brookside Drive, Country Club Road, Daniels Farm Road, Rte 25 Expressway, each in part.

Westerly: Rte 25 Expressway, Monroe Turnpike (Rte 111), each in part.

**District 2**

Northerly: Country Club Road, Brookside Drive, Brookhedge Road, Old Stream Lane, Oldfield Road, southerly along Booth Hill Brook to Strobel Road, Strobel Road, Hemlock Trail, Bear Den Road, Pinewood Trail, Strobel Road again, Booth Hill Road, the Shelton town line, each in part.

Easterly: Wild Rose Lane, Foxwood Road, Ironwood Road, Copper Kettle Road, Red Fox Lane, Primrose Drive, Huntington Turnpike (Rte 108), each in part.

Southerly: Unity Road, Merritt Parkway (Rte 15), each in part.

Westerly: Reservoir Avenue, along the line of the 134th State Assembly District, White Plains Road (Rte 127), Daniels Farm Road, each in part.

**District 3**

Northerly: Monroe town line.

Easterly: Monroe Turnpike (Rte 111), Rte 25 Expressway, each in part.

Southerly: Whitney Avenue, Main Street (Rte 111), Stonehouse Road, West Rock Road, Fieldcrest Drive, Old Coach Lane, Wedgewood Road, Asbury Road, Dayton Road, Old Village Lane, Limerick Road, Cromwell Road, Madison Avenue, Monitor Hill, Mariner Circle, Inverness Road, Deepdene Road, each in part.

Westerly: Easton town line.

**District 4**

Northerly: Deepdene Road, Inverness Road, Mariner Circle, Monitor Hill, Madison Avenue, Cromwell Road, Limerick Road, Old Village Lane, Dayton Road, Asbury Road, Wedgewood Road, Meadow View
Drive, North Lynnwood Drive, Oakland Drive, Clemens Avenue, Ridgeview Avenue, Home Street, George Street, Lake Avenue, each in part.

Easterly: Main Street (Rte 111).

Southerly: Bassick Road, Blackhouse Road, Madison Avenue, Fairview Avenue, each in part.

Westerly: The Easton town line.

District 5

Northerly: Fairview Avenue, Madison Avenue, Blackhouse Road, Bassick Road, Main Street (Rte 111), Melrose Avenue, Edison Road, Woosley Avenue, Thorburn Avenue, Moorland Road, Suzanne Circle, Lawrence Road, Geraldine Circle, Geraldine Place, each in part.

Easterly: Reservoir Avenue.

Southerly: The Bridgeport town line.

Westerly: Fairfield Town Line, Easton Town Line, each in part.

District 6

Northerly: Old Coach Lane, Fieldcrest Drive, West Rock Road, Stonehouse Road, Main Street (Rte 111), Whitney Avenue, each in part.

Easterly: Rte 25 Expressway, Daniels Farm Road, White Plains Road, along the line of the 134th State Assembly District, Reservoir Avenue, each in part.

Southerly: Geraldine Place, Geraldine Circle, Lawrence Road, Suzanne Circle, Moorland Road, Thorburn Avenue, Woosley Avenue, Edison Road, Melrose Avenue, each in part.

Westerly: Main Street (Rte 111), Lake Avenue, George Street, Home Street, Ridgeview Avenue, Clemens Avenue, Oakland Drive, North Lynnwood Drive, Meadow View Drive, Wedgewood Road, each in part.

District 7

Northerly: Merritt Parkway (Rte 15), Unity Road, Huntington Turnpike (Rte 108), Primrose Drive, Red Fox Lane, Copper Kettle Road, Ironwood Road, Foxwood Road, Wild Rose Lane, each in part.

Easterly: The Stratford town line.

Southerly: The Bridgeport town line.

Westerly: Reservoir Avenue.
Notes:

1. In the boundary descriptions above, the dividing lines between districts run down the middle of the named streets and watercourses. So, for example, when a District 5 boundary is described in part as “Northerly: Fairview Avenue ...” the middle of Fairview Avenue is the dividing line, and all the houses south of that north boundary are in the district, and all of the houses north of that line are in another district, in this case District 4.

2. The terms “northerly,” “easterly,” “southerly,” and “westerly” are approximate. For example, a street that is part of a northerly boundary may run east-west, northeast-southwest, southeast-northwest, etc.
2021 Student Survey Results

Melissa McGarry, TPAUD Project Director
TPAUD is a grant-funded community coalition whose mission is to prevent youth substance use, foster social and emotional health, and build a safe and healthy Trumbull.

The Trumbull Public Schools, as a unit of the Town of Trumbull, serves as TPAUD’s fiduciary agent.

Melissa McGarry, TPAUD Project Director, and Kiersten Naumann, TPAUD Program Coordinator, are TPS employees.
Our Members
TPAUD has secured > $1.8 million in prevention funding for TPS since 2006.

**Drug Free Communities (DFC) Support Program** grant from the White House Office of National Drug Control Policy and the Center for Disease Control & Prevention (CDC) - $125,000 per year until 9/29/2024.

  Priority: alcohol, marijuana, and Rx drugs

**Local Prevention Council** funding from CT Dept. of Mental Health and Addiction Services (DMHAS) - $9,662.90 for 2021-22.

  Priority: vaping, mental health

**State Targeted Response (STR) Opioid Prevention** Grant from CT DMHAS - $5,000 through September, 2022.

  Priority: opioids
Our Work

- Data Collection
- Capacity Building
- Outreach
- Enforcement
- Education
Accomplishments

• Engaged coalition with growing membership

• Strong partnerships within Trumbull, the region, and statewide.

• Recent national recognition of TPAUD’s collaborations with other CT prevention partners to develop two prevention campaigns around alcohol sales and the risks of counterfeit medications.

• Since 2007, TPAUD has collected extensive student survey data that informs our prevention activities and provides us with opportunities to apply for competitive grants.
2021 Student Survey Results
Demographics

TPAUD administered surveys to all students in grades 7-12 in November and December, 2021.

837 MS students and 1,944 THS students completed the survey.
Do you consider yourself a member of the LGBT community?

- Yes: 14%
- No: 55%
- Not, but Ally: 24%
- Prefer not to say: 7%
2021 reports on school climate and feeling valued by adults.

My teachers really care about me

Students in my school care about me

Adults in Trumbull value youth my age

My teachers really care about me: 87% (MS), 79% (HS)

Students in my school care about me: 81% (MS), 66% (HS)

Adults in Trumbull value youth my age: 73% (MS), 55% (HS)

MS, n=837; HS, n=1944
High school youth reports from 2017 to 2021 on school climate and feeling valued by adults.

- Teachers care: 81% (2017) vs 79% (2021)
- Students care: 74% (2017) vs 66% (2021)
- Adults value youth: 53% (2017) vs 55% (2021)

HS, n=1944
A closer look at climate:

Youth who reported lower rates of ‘Teachers really care about me’ identified:
- Gender as Other
- Ethnicity as Hispanic
- Race as Multiple and Other
- as LGBT
- as Sad or Hopeless in the past year

Youth who reported lower rates of ‘Students in my school care about me’ identified:
- Gender as Other
- Ethnicity as Hispanic
- Race as Black and Multiple
- as LGBT
- as Sad or Hopeless in the past year
- 12th graders reported lowest rates compared to other grades
A closer look at climate:

Youth who reported lower rates of ‘Adults in Trumbull value youth my age’ identified:

- Gender as Other
- Older students
- as LGBT
- as Sad or Hopeless in the past year
During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

Middle school youth
- Yes: 32% (n=259)
- No: 68%

High school youth
- Yes: 43% (n=831)
- No: 57%

MS, n=837; HS, n=1944
28% of high school youth do not know where to get help if they are concerned about depression/anxiety or substance use.

Since 2017 rates have steadily decreased.
Groups reporting lower rates of NOT KNOWING where to go to get help if they had a concern about depression or anxiety

- Overall 9-12th: 28% (n=545)
- Black: 31%
- Asian: 34%
- Hispanic: 34%
- "Other" race: 35%
- Sad/Hopeless: 40%
- LGBT: 44%
- "Other" gender: 45%
Reducing Substance Use
Substance use rates among MS youth remain low.
Substance use rates have decreased among HS youth in Trumbull.
Substance use rates increase in older youth.
A closer look at 30-day use rates

Groups reporting significantly lower alcohol use rates. Youth who:

- feel valued by adults
- feel that teachers care about them
- feel students at school care about them
- believe their parents disapprove of alcohol use
- feel their parents monitor their whereabouts

Groups reporting significantly higher alcohol use rates:

- Other (gender) – higher than male or female
- LGBT – higher than non LGBT
- White – higher than Asian, Black, Other
- Reported being sad or depressed in past year
Perception that access is easy

- Alcohol: 36% MS, 63% HS
- Marijuana: 5% MS, 34% HS
- Vapes: 13% MS, 46% HS
- Prescription Drugs: 29% MS, 37% HS
Perception of harm and peer disapproval of marijuana decreased among older youth.
12th graders were more likely to drive under the influence or ride with someone under the influence.
Since 2007, there have been significant shifts in alcohol and marijuana use norms among Trumbull HS students.

- Not a big deal to smoke marijuana: 2007 - 33%, 2021 - 47%
- OK to drive if only couple drinks: 2007 - 7%, 2021 - 20%
- OK to drink if underage: 2007 - 35%, 2021 - 65%
- Party w/ alcohol is more fun: 2007 - 36%, 2021 - 63%

HS, n=1944
Since 2017 there have been very positive shifts in norms around vaping among Trumbull HS students.

Parents don't think big deal to vape

Not a big deal to vape
Needs:
- Increased awareness of mental health resources available in school and in the community.
- Prevention & health education, especially for older students and high-risk youth.
- Continued education around the specific harms of marijuana, especially for older students and their families.
- Continued focus on preventing youth access to all substance.

Action Steps:
- High-visibility promotion of mental health resources (in school buildings, website, social media).
- Provide mental health peer intervention training to youth, staff, community.
- Provide training and resources to health and wellness educators.
- Marijuana education campaign to students, families, community, staff.
- Retailer engagement, family education around access/safe storage.
Upcoming Programs:

- Opioid Overdose & Naloxone/Narcan Training to St. Joseph HS admins, coaches, wellness teachers – March 31st

- Community Opioid Overdose & Naloxone/Narcan Training – April 7th at 7:30 at Trumbull EMS

- Let’s Talk Mental Health, Trumbull! “Supporting the Mental Health of Our LGBTQ+ Youth” with Triangle Community Center – April 25th at 7pm

- Community Youth Mental Health First Aid virtual training - May 11th and 12th 5-8:30
TPAUD’s full 2021 Student Survey Data Report, including disaggregated data, can be found at www.TPAUD.org/whatweknow
Questions, Comments?

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