

**TOWN OF TRUMBULL
CONNECTICUT**



Commission on Aging Virtual Meeting
Friday, September 24, 2021
10:00 am

The Commission on Aging held a virtual meeting on Friday, September 24, 2021.

Present: Mark Ryan, Jean DaRold, Ron Foligno, Michael Ganino and Alissa Heilbrunn

Also Present: Michele Jacob, Director of Human Services and Cindy Katske, Chief Administrative Officer

Absent: Marcy Kelley and Evelyn Wiesner

The meeting was called to order at 10:05 am by Mr. Foligno in the absence of the Chairman followed by the Pledge of Allegiance.

Past Minutes: Motion was made by Mr. Ganino to table the approval of the minutes until the next meeting. Seconded by Mrs. Heilbrunn and approved by unanimous consent.

Secretary's Report

Mrs. DaRold had no report.

Director's Report

Mrs. Jakob reported the following:

1. ZOOM programs continue as they are very popular. The Center is open and they currently have eleven exercise programs that have started per week. It is good to see the seniors return to the center.
2. A new lunch program is being started on October 5 by Elaine from Young at Heart. The program will run twice a week. These will be ala cart items as well as frozen entries for seniors to purchase. The menu will be in the October newsletter. Reservations will be required. Mrs. Katske suggested this be placed on the website. Mrs. Jacob will contact the Trumbull Times and the CT Post to place articles when it is up and running. This program will not compete with other town restaurants. Mrs. Jacob noted it is only two days a week and reaches out to the vulnerable population at the Center. The Center does give out gift certificates for town restaurants frequently and they are also the sponsors of the drive through lunches the Center hosts monthly.
3. Transportation requests are increasing. They are scheduling for doctor's appointments and shopping.
4. The Center is working with a bus tour company to schedule two (2) day trips to see if there is any interest.
5. Social Services is busy with Medicare and Energy Assistance.
6. The October newsletter has been mailed. Many new contacts were made with seniors through the vaccination clinics held at the Center.
7. Mr. Ganino questioned if the new food service would be needing volunteer help. Mrs. Jakob noted volunteers would be greatly appreciated.

Chairman's Report

No report.

Old Business

1. Mr. Ryan inquired about the status of the new Senior Center. It was noted that there have been no additional meetings since March 2020. Mr. Foligno will contact the chairman of the committee for an update.
2. Mrs. Heilbrunn will contact EMS Chief Goodman regarding a fall prevention program for the Center.

New Business

1. Mr. Ganino was pleased with the Planning and Zoning Commission's approval of the new facility on Monroe Turnpike. This will be a great development.
2. Mr. Ganino questioned if the schools had any type of read aloud program for seniors to participate in with the students. Mrs. Katske didn't know of any on-going program but there is a read aloud day sponsored by the Trumbull Rotary in mid to late October. She will forward the information to the Commission in the event they would like to participate. Mrs. Jakob noted she will be reaching out to St. Joseph High School to inquire if they would like to start up the pen pal program again with the seniors. This could also be done via ZOOM, if necessary.
3. Discussion was held regarding the boosters recently approved for the Pfizer vaccine. Mrs. Jakob noted she will offer assistance to the Health Department in delivering the vaccine when they are ready. Information will be distributed when it is finalized.

Adjournment

There being no further business, motion was made by Mr. Ganino to adjourn the meeting at 10:30 am. Seconded by Mr. Ryan and approved by unanimous consent.

Respectfully submitted,

Barbara Crandall
Clerk