Public Health
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TRUMBULL HEALTH DEPARTMENT

Trumbull Health Board
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# MINUTES
# October 7, 2026
# Via Video Conference

Members Present: Nancy Busch – Chairperson, Debbi Charles, Allison Vallance, Karen Tolk & Glenn Rich, MD

Members Absent: None.

Also Present: Joan Littlefield – Director of Health, Dr. Nimrod Dayan – Medical Advisor, Bill Chin – Director of Information Technology, Trumbull Community TV, Taylor Pennino – Administrative Assistant

Call to Order: Ms. Busch called the Trumbull Health Board to order at 6:31 p.m.

Public Comment: None.

Ms. Charles made a motion to accept the September 9th meeting minutes, seconded by Ms. Vallance. Motion carried unanimously.

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Ms. Littlefield provided a recap of department activity since the last meeting.

- The staff attended more training on our new EHR system in preparation for flu season
- Ms. Cousins, Ms. Kegan & Ms. Pennino have used the platform to submit multiple support tickets, yielding fast responses
- We hosted a blood drive on September 18th at the Senior Center and worked with the American Red Cross to collect 19 pints of blood
- On September 16th Ms. Jacozzi and Ms. Cousins attended My Friend Abby's Annual Candlelight Vigil
- Flu season has kicked off! We held two vaccine clinics in September and administered 74 flu vaccines. Dr. Dayan noted that flu normally spreads from south to north, however, this year it is spreading from west to east. It takes two weeks for antibodies to develop after getting a flu vaccine.
- Ms. Cousins participated in the Annual State Public Health Convention
- With rabies exposures on the rise, staff participated in Connecticut DPH's webinar CDC call on the topic
- Staff attended calls hosted by DPH, CDC and NACCHO regarding current cases of Ebola and Measles
- Mumps cases are emerging as well
- Ms. Littlefield and Mr. Jackson attended a meeting regarding the Veteran's building to reinforce implications of septic system constraints on future catering

- The Board inquired what percentage of Trumbull is on septic vs public sewer. Ms. Vallance found about 65% of Trumbull homes are on city sewer and the remaining 35% is on septic.
- On September 2nd Stratford, Trumbull, and Monroe facilitated Mass Dispensing plans with the LDA#12
- We completed CT HHC Supply Chain Inventory
- Ms. Jacozzi and Ms. Cousins attended TEEX training on Physical and Critical Infrastructure
- We have many more flu clinics scheduled in the month of October including at the Senior Center, Board of Ed Admin Building and our Superhero themed night here at the Health Department
- We are planning a de-escalation training for the staff
- At the Senior Center, we will be holding another blood drive in the month of February
- We do not carry the covid vaccine, so we work with the Stop & Shop Pharmacy to administer the vaccine at our flu shot clinics
- Dr. Rich stated patients are hesitant to get boosters of covid vaccine

Old Business:

- Dr. Kunkel bench reveal
- Ms. Vallance stated she didn't hear back from his daughter regarding presenting him with the bench and will follow up before the winter weather is here

New Business:

- Ms. Vallance noted it is Breast Cancer Awareness Month
- October 23 is Pink Out Day at the public schools
- This is Ms. Vallance's 6th year doing it and has raised over $24,000 for the Norma Pfriem Breast Center to date

There being no further business brought before the Board, a motion made by Ms. Charles and seconded by Ms. Tolk to adjourn the meeting at 6:59 p.m. Motion carried unanimously.

The next meeting is scheduled on November 4, 2026, at 6:30 pm, in person at the Trumbull Health Department.

Respectfully submitted,

Taylor Pennino
Trumbull Health Administrative Assistant