

TRUMBULL

SENIOR CITIZEN NEWSLETTER

23 Priscilla Place, Trumbull, CT • Open Monday through Friday 9:00 a.m. – 4:00 p.m.

Tim Herbst.....	First Selectman.....	203-452-5005
Jean Ferreira.....	Director/Editor.....	203-452-5199
Sharon Miller.....	Transportation Coordinator.....	203-452-5137
Rachel Yahwak.....	Senior Commission Chairperson.....	203-268-0383

★ ★ ★ ★ June 2014 ★ ★ ★ ★

2014/2015 MEMBERSHIP IS NOW DUE.

This year only new members will receive an id card, all renewals will use their current cards. **We will not accept cash**, check or money order only. Be sure to include your membership ID# and telephone number on the check. Membership may also be mailed in.

BINGO

Join us on Friday, June 27th, at 1 P.M. in the nutrition room (seating limited). Refreshments provided by **NORTHBRIDGE Health Care Center**. Advanced reservation required. Please call Jean or Sharon **203-452-5199**. See enclosed flyer.

CALYPSO COURTYARD PARTY **CARIBBEAN THEME PARTY.**

Friday, June 13 at 1:00 P.M. (rain date Friday, June 20 at 1:00 P.M.) Wear your island print shirts, bright colors and floral hair pieces. Island music and refreshments will be served.

NOTARY PUBLIC AVAILABLE

Monday thru Friday. Please call **203-452-5199** for an appointment.

MONTHLY BIRTHDAY PARTY

Sponsored by Middlebrook Farms of Trumbull

Thursday, June 19, at 11:00 a.m., everyone is welcome to come celebrate our May birthdays. Please RSVP 203-452-5199 (let us know if it's your birthday).

PIZZA AND A MOVIE (\$2.00 per person)

Thursday, June 6, at, noon. The Butler - As Cecil Gaines serves eight presidents during his tenure as a butler at the White House, the civil rights movement, Vietnam, and other major events affect this man's life, family, and American society. Director: Lee Daniels Writers: Danny Strong, Wil Haygood. Stars: Forest Whitaker, Oprah Winfrey, John Cusack

CONCERTS FOR JUNE AND JULY 2014

Trumbull Town Hall Gazebo
June 17 - Raging Gracefully (Classic Rock & Blues)
June 24 - Old School (Classic Rock & Blues)
July 1 - Toney Reno July 8 - Billy Genuario and Destiny (the 70's thru today)
July 15 - Yesteryear (Doo Wop 50's & 60's)
July 22 - Steve D'Agostino (Pop/Sinatra Sounds)
July 29 - The Bernadetts (Rhythm and Blues)

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NEWS FROM SOCIAL SERVICES OFFICE - TOWN OF TRUMBULL -Tel# 203-452-5198

- **ELDERLY AND TOTALLY DISABLED HOMEOWNER TAX RELIEF PROGRAM** - The Trumbull Tax Assessor's Office is accepting applications for Tax Relief Benefits starting February 3,

Bocci Ball -Will start on May 12, at 9 A.M. and will continue every Monday. If you are interested in joining, please call John Lang at 203-445-8325



Enjoy watching unique Trumbull programming on TV Charter channel 17 and AT&T channel 99.



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SENIOR CENTER TRIPS

Wednesday, June 11: Captains Cove - Bus leaves the Senior Center at 11:00 a.m. For reservations please Call Sharon at 203-452-5137






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Wednesday, June 25 : Christmas Tree Shop Bus leaves the Senior Center at 11:00 a.m. For

PRECISION HEARING- STRATFORD 203-381-9555

Ryders **Landing • Stratford • Exit 53 Merritt Pkwy**

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JUNE 2014 CALENDAR

MONDAY 	9:00 a.m. - - - 9:30 a.m. 12:30 p.m. 1:00 p.m.	YOGA (May.5,& 19)exercise mat needed..... BANDS AND PILATES (May. 12 & 26)..... BOCCE MEN'S POKER GAME..... DRAWING CLASS..... DUPLICATE BRIDGE..... INTERMEDIATE LINE DANCE.....	FUNCTIONS ROOM FUNCTIONS ROOM BOCCE COURT CARD ROOM MEETING ROOM MEETING ROOM FUNCTIONS ROOM
TUESDAY 	9:15 a.m. - 10:00 a.m. 10:30 a.m. 11:30 a.m. 12:30 p.m.	FIT FOR LIFE EXERCISE CLASS..... KNIT AND CROCHET GROUP..... OIL PAINTING CLASS BALLROOM DANCE WITH MIKE STAVOLA..... ZUMBA LESSONS WITH MIKE STAVOLA..... MEXICAN TRAIN DOMINOES..... MUSIC AND MOVEMENT WITH NANCY.....	FUNCTIONS ROOM COMPUTER ROOM MEETING ROOM FUNCTIONS ROOM FUNCTIONS ROOM CARD ROOM FUNCTIONS ROOM
WEDNESDAY 	9:00 a.m. 10:00 a.m. 10:00 a.m. 10:10 a.m. 10:30 a.m. 11:00 a.m. 12:00 p.m. 12:30 p.m.	YOGA NURSE AVAILABLE 10- 2..... CHAIR EXERCISE WITH RITA..... JAZZERCISE..... ACBL DUPLICATE BRIDGE..... TAP DANCE..... PINOCHLE CLUB..... COUNTRY WESTERN LINE DANCE.....	FUNCTIONS ROOM SOCIAL SERVICE TV ROOM FUNCTIONS ROOM MEETING ROOM FUNCTIONS ROOM MEETING ROOM FUNCTIONS ROOM
THURSDAY 	9:00 a.m. - 9:30 a.m. 10:00 a.m. 10:00 a.m. 10:15 a.m. 11:00 a.m. 1:00 p.m. 1:00 p.m. 1:00 p.m.	PILATES..... MEN'S POKER GAME..... NURSE AVAILABLE..... SLIM APPROACH..... WATER COLOR CLASS..... JAZZERCISE..... CHAIR EXERCISE WITH NURSE GAIL ONDY..... CANASTA..... PINOCHLE..... LATIN LINE DANCE WITH MIKE STAVOLA.....	FUNCTIONS ROOM CARD ROOM SOCIAL SERVICE TV ROOM MEETING ROOM FUNCTIONS ROOM TV ROOM CARD ROOM MEETING ROOM FUNCTIONS ROOM
FRIDAY 	10:00 a.m. 10:30 a.m. 10:30 a.m. 12:30 p.m.	ADVANCED OIL PAINTING CLASS DRAMA CLUB ON BREAK UNTIL MAY..... TAI CHI..... MAH JONGG.....	MEETING ROOM LIBRARY FUNCTIONS ROOM MEETING ROOM

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203-378-3086


JUNE 2014

Senior Community Café

Meals served Monday through Friday at noon. For reservations call 10:00 AM-NOON


Lunch Reservations (203-378-3086) must be made TWO (2) days in advance.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 Salisbury Steak	6 Butter Crunch Fish
9 Baked Chicken Breast	10 American Chop Suey	11 Grilled Chicken Strips	12 Open Faced Turkey	13 Roast Beef
16 Ziti with Meatballs	17 Chicken Ala King over rice	18 Pork Loin	19 Meatloaf	20 Lemon Pepper Fish
23 Chicken Marsala	24 Stuffed Pepper	25 All Beef Long Dog	26 Pulled Pork	27 Turkey Tetrazzini Noodles
30 Memorial Day Closed	Sliced Ham	Baked Lasagna	Philly Cheese Steak	Pier 17 Fish



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203.373.1013

SUSAN B'S SALON

Open in the Senior Center.

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Travel Corner

The Senior Center contracts with independent travel agencies. Upon registration you will be informed of the tour company to which your check must be made payable. All trips have limited seating and are on a first come, first served basis. For more information call 203-452-5199.

June 10 (Tuesday) – Fox Casino bus will be early enough for all of our bingo players
Buffet, free play and bus. \$23.00 pp

June Concerts At Town Hall Gazebo

June 17 - Raging Gracefully (Classic Rock & Blues)

June 24 - Old School (Classic Rock & Blues)

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