

TRUMBULL FRIENDS & NEIGHBORS COOKBOOK

A collection of recipe favorites by our Trumbull Families

The Town of Trumbull, in collaboration with the Senior Commission, is very excited to be gathering recipes from our Trumbull friends and neighbors to create a Town Cookbook which will be published and for sale in our community. All funds generated from the sale of the Cookbook will support expanded programming at our Trumbull Senior Center, such as offering an extra exercise or art class or to help offset the cost associated with a senior luncheon.

Please add your favorite recipe below in any of the following categories (you may submit multiple recipes if you can't choose just one!): appetizers, beverages, soups, salads, vegetables, main dish, bread/rolls, desserts, miscellaneous. In order to make the cookbook more personalized, we'd also love to add why you've chosen this recipe – has it been handed down through the generations, family favorite, etc.

TO SUBMIT YOUR RECIPE:

- Bring a copy of your recipe and leave it at the Senior Center's front desk, or;
- Mail it to the Center, 23 Priscilla Place, or;
- Bring your recipe book to the Center and the staff will make a copy and submit your recipe.

RECIPES MUST BE SUBMITTED BY OCTOBER 15th.

If you have any questions, please contact Mary Isaac: mary.isaac@trumbull-ct.gov or 203-452-9375.

Watch for details on how to order your copy of this community cookbook!

RECIPE NAME/CATEGORY:

SUBMITTED BY:

Please provide email/phone in case there are any questions:

EMAIL:

PHONE:

INGREDIENTS:

DIRECTIONS:

YIELD:

THIS RECIPE WAS CHOSEN BECAUSE: