



# THE CENTER AT PRISCILLA PLACE

*Senior Center Serving Adults Age 55+*

## *Upcoming Programs*

*Please join us!*

To RSVP for any programs  
call (203) 452-5199

### **Caregiving For Your Loved Ones**

*Open to the Public*

**Tuesday, January 14th**

**10:30 AM**

Join Katie Regan, Care Manager from the Southwestern Connecticut Agency on Aging, to learn more about the Connecticut Statewide Respite Care Program, National Family Caregiver Support Program, and Connecticut Home Care Program. Caregivers will learn how each program can help provide a break in the constant role of caregiving by providing either home care assistance and/or funding for Adult Day Care Centers. To RSVP, (203) 452-5199.

### **Caregiver Support Group**

**Monday, January 27th**

**2:00 PM**

Join this group and share your feelings in a safe environment among others who are going through the same experiences. You can learn about resources, caregiving strategies and other valuable tools to provide support.

To RSVP, please call Cornelia Morris at (203) 452-5193.

### **Geriatric and Diabetic Foot Care**

**Wednesday, January 15th**

**10:00 AM**

Join Yale Podiatry on an informative and educational presentation about geriatric and diabetic foot care. Breakfast and refreshments will be served. For more information and to RSVP, please call (203) 452-5199.



### **Lunch and Learn**

#### **Putting Clinic and Golf Tips**

**Wednesday, January 29th**

**11:30 AM**

Former Golf Professional, Brian Augustine, returns to bring exciting golf tips. Bring your questions and enjoy learning something new! Lunch will be sponsored by Connecticut In-Home Assistance.

For more information and to RSVP, please call (203) 452-5199.

