

## Body Image & Eating Disorders

*This list will contain works related to anorexia, bulimia, binge eating/over-eating and books that address the general concept of body-image.*

### Fiction:

- [The art of starving](#) – Y MIL
- [Skinny](#) – Y KAS
- [The year I didn't eat](#) – Y POL
- [Love and other carnivorous plants](#) – Y GON
- [Rebel with a cupcake](#) – Y MAI
- [The universe is expanding and so am I](#) – Y MAC
- [This impossible light](#) – Y MYE
- [13 ways of looking at a fat girl](#) – FIC AWA (adult section)
- [Dumplin'](#) – (trilogy) Y MUR
- [45 pounds \(more or less\)](#) – Y BAR
- [Wintergirls](#) – Y AND
- [Perfect](#) – Y FRI
- [To a darker shore](#) – Y SCH
- [Husky](#) – Y SAY (Fairchild only)
- [Pretty face](#) – Y HOG
- [Fat Angie](#) – (trilogy) Y CHA
- [Fat girl on a plane](#) – Y DEV
- [Fat chance, Charlie Vega](#) – Y MAL
- [Here the whole time](#) – Y MAR
- [There's something about Sweetie](#) – Y MEN
- [And they lived](#) – Y SAL
- [Here the whole time](#) – Y MAR
- [The new David Espinoza](#) – Y ACE
- [What I like about me](#) – Y GUI
- [Big boned](#) – Y WAT
- [TJ Powar has something to prove](#) – Y KAU
- [Cursed princess club](#) – Y LAM (graphic novel)

### Non-fiction:

- [The teenage body book](#) – Y 613.0433 MCCOY
- [I've got this friend who-- : advice for teens and their friends on alcohol, drugs, eating disorders, risky behaviors, and more](#) – Y 613.8 IVE

- [Find your style : boost your body image through fashion confidence](#) – Y 646.3 MCGRA
- [Body drama : real girls, real bodies, real issues, real answers](#) – Y 612.66 RED
- [Body talk: 37 voices explore our radical anatomy](#) – Y306.4 JEN
- [The \(other\) F word: a celebration of the fat & fierce](#) – Y 306.4 MAN