

## Body Image & Eating Disorders

*This list will contain works related to anorexia, bulimia, binge eating/over-eating and books that address the general concept of body-image.*

### Fiction:

- [The art of starving](#) – Y MIL
- [Skinny](#) – Y KAS
- [The year I didn't eat](#) – Y POL
- [Love and other carnivorous plants](#) – Y GON
- [Rebel with a cupcake](#) – Y MAI
- [The universe is expanding and so am I](#) – Y MAC
- [This impossible light](#) – Y MYE
- [13 ways of looking at a fat girl](#) – FIC AWA (adult section)
- [Dumplin'](#) – Y MUR
  - [Puddin'](#) – Y MUR
- [45 pounds \(more or less\)](#) – Y BAR
- [Wintergirls](#) – Y AND
- [Skin](#) – Y VRE
- [Perfect](#) – Y FRI
- [The sky between you and me](#) – Y ALE
- [Husky](#) – Y SAY (Fairchild only)
- [Pretty face](#) – Y HOG
- [Fat Angie](#) – Y CHA
- [Fat girl on a plane](#) – Y DEV
- [Fat chance, Charlie Vega](#) – Y MAL
- [Here the whole time](#) – Y MAR
- [There's something about Sweetie](#) – Y MEN

### Non-fiction:

- [100 questions & answers about anorexia nervosa](#) – 616.85 SHE (adult section)
- [The teenage body book](#) – Y 613.0433 MCCOY
- [Surviving an eating disorder : strategies for family and friends](#) – 616.8526 SIE (adult section)
- [Bulimia : a guide to recovery](#) – 616.8526 HAL (adult section)
- [Overcoming binge eating](#) – 616.852 FAI (adult section)
- [I've got this friend who-- : advice for teens and their friends on alcohol, drugs, eating disorders, risky behaviors, and more](#) – Y 613.8 IVE
- [Find your style : boost your body image through fashion confidence](#) – Y 646.3 MCGRA

- [Body drama : real girls, real bodies, real issues, real answers](#) – Y 612.66 RED