

Disabilities

This list deals with both mental and physical disabilities, as well as chronic illnesses that can impact a person's life. The books listed offer a range of views and include main characters, side characters, and/or stories related to these topics. Non-fiction titles on these topics are included at the end.

Mental disabilities:

- [The secrets we bury](#) – Y RAM
- [The disturbed girl's dictionary](#) – Y RAM
- [The state of Grace](#) – Y LUC
- [Flowers for Algernon](#) – Y KEY
- [Fade to us](#) – Y DAY
- [Running full tilt](#) – Y CUR
- [The silent boy](#) – Y LOW
- [Differently normal](#) – Y ROB
- [On the spectrum](#) – Y GOL
- [Things I should have known](#) – Y LAZ
- [Kids like us](#) – Y REY
- [The love letters of Abelard and Lily](#) – Y CRE
- [Tilly in technicolor](#) – Y EDD
- [Rules for camouflage](#) – Y CRO
- [The spirit bares its teeth](#) – Y WHI
- [The curious incident of the dog in the night-time](#) – FIC HAD (adult section)
- [The odds of loving Grover Cleveland](#) – Y CRA
- [Running on Empty](#) – J DUR (children's section)
- [Sensory: life on the spectrum: an autistic comics anthology](#) – Y SEN (graphic novel)
- [My brain is different : stories of ADHD and other developmental disorders](#) – Y MY BRAIN (graphic novel)

Physical Disabilities:

This section will also contain books on chronic conditions/illnesses that may not directly be physical disabilities, but can cause or be caused by them (ex: diabetes, seizures, terminal illnesses, asthma, etc.)

- [A Quiet Kind of Thunder](#) – Y BAR
- [The Ables](#) – (duology) Y SCO
- [Falling over sideways](#) – Y SON

- [Freak the Mighty](#) – Y PHI
- [Not if I see you first](#) – Y LIN
- [Blind](#) – Y DEW
- [Miss Spitfire](#) – Y MIL
- [Give me a sign](#) – Y SOR
- [How we roll](#) – Y FRI
- [Breathe and count back from ten](#) – Y SYL
- [Because you'll never meet me](#) – Y THO
- [Stuck in neutral](#) – Y TRU
- [Sick kids in love](#) – Y MOS
- [The first thing about you](#) – Y HAY
- [Conditions of a heart](#) – Y MAN
- [Five feet apart](#) – Y LIP
- [The memory book](#) – Y AVE
- [100 days](#) – Y MCI
- [The fault in our stars](#) – Y GRE
- [The summer I found you](#) – Y PER
- [True biz](#) – NOV (adult fiction)
- [The silence between us](#) – Y GER
- [I have no secrets](#) – Y JOE
- [Hawking](#) – Y OTT (graphic novel)
- [A perfect world](#) (series) – Y ARU (graphic novel)
- [A sign of affection](#) (series) – Y (graphic novel)
- [Last pick](#) – J WAL (children's graphic novel)

Non-fiction:

- [Teens talk about learning disabilities and differences](#) – Y 371.9 TEE
- [Laughing at my nightmare](#) – Y 617.482 BUR
- [The disordered mind : what unusual brains tell us about ourselves](#) – 616.89 KAN
- [We should hang out sometime: embarrassingly, a true story](#) – YB SUNDQUIST, J.
- [Take control of Asperger's syndrome : the official strategy guide for teens with Asperger's syndrome and nonverbal learning disorder](#) – J 618.92 PRI (children's section)
- [The autoimmune brain : a five-step plan for treating chronic pain, depression, anxiety, fatigue, and attention disorders](#) – 616.079 YOU
- [Extraordinary people with disabilities](#) – J 362.4 KEN (children's section)
- [Disability visibility : first-person stories from the Twenty-first century](#) – 305.9 DIS (adult non-fiction)
- [It's not a perfect world, but I'll take it : 50 life lessons for teens like me who are kind of \(you know\) autistic](#) – Y 616.8588 ROS
- [Incurable optimist: living with illness and chronic hope](#) – 616.61 CRA (adult non-fiction)
- [The disability experience : working toward belonging](#) – Y 362.4 LEA
- [We're not broken : changing the autism conversation](#) – 616.89 GAR (adult non-fiction)
- [Beyond ADHD : overcoming the label and thriving](#) – 618.9285 EMM (adult non-fiction)