

## TESTING IS RESERVED FOR THE FOLLOWING GROUPS OF PATIENTS

1. HOSPITALIZED PATIENTS WITH FEVER  $\geq 100.4^{\circ}\text{F}$  AND LOWER RESPIRATORY ILLNESS
2. HEALTHCARE WORKERS EMPLOYED IN A HOSPITAL SETTING WITH FEVER  $\geq 100.4^{\circ}\text{F}$  AND LOWER RESPIRATORY ILLNESS
3. RESIDENTS OF CONGREGATE SETTINGS WITH FEVER OF  $\geq 100.4^{\circ}\text{F}$  AND LOWER RESPIRATORY ILLNESS



UPDATED 4/1/20

## CDC GUIDANCE FOR HEALTHCARE PERSONNEL EXPOSED TO PATIENTS WITH COVID-19

### **PROLONGED CLOSE CONTACT (WITHIN 6 FEET) WITH A COVID-19 PATIENT**

- CONSIDER LEVEL OF PPE AND EXPOSURE DURING INTERACTION WITH PATIENT
- NO DIRECT CONTACT WITH THE PATIENT OR SECRETIONS AND NO ENTRY INTO THE PATIENT ROOM ARE CONSIDERED TO HAVE NO IDENTIFIABLE RISK
- IN SOME INSTANCES, HEALTHCARE PERSONNEL WITH MEDIUM/HIGH RISK EXPOSURES MAY BE ABLE TO RETURN TO WORK IN LESS THAN 14 DAYS, WITH ADDITIONAL RESTRICTIONS (E.G. TEMPERATURE/SYMPTOM CHECKS, WEARING A FACE MASK WHILE AT WORK, AND LIMITING CARE OF HIGH-RISK PATIENTS).



### **HEALTHCARE PERSONNEL WITH COVID-19 SIGNS OR SYMPTOMS**

- ILL WORKERS SHOULD NOT BE PERMITTED TO WORK
- IF COVID-19 IS SUSPECTED, HEALTHCARE PERSONNEL SHOULD BE EVALUATED AS QUICKLY AS POSSIBLE
- HEALTHCARE PERSONNEL WITH SUSPECTED OR CONFIRMED COVID-19 SHOULD NOT WORK FOR AT LEAST 7 DAYS AFTER SYMPTOM ONSET **AND** AT LEAST 72 HOURS SINCE RESOLUTION OF FEVER WITHOUT FEVER-REDUCING MEDICATION **AND** IMPROVEMENT IN RESPIRATORY SYMPTOMS.



## DISCONTINUE HOME ISOLATION

**COVID-19 POSITIVE PATIENTS WHO HAVE STAYED HOME CAN STOP HOME ISOLATION IF THEY MEET **ALL** THE FOLLOWING CONDITIONS:**

- YOU HAVE NO FEVER FOR AT LEAST 72 HOURS WITHOUT FEVER WITHOUT THE USE OF FEVER REDUCING MEDICINE
- OTHER SYMPTOMS HAVE IMPROVED (COUGH, SHORTNESS OF BREATH)
- AT LEAST 7 DAYS HAVE PASSED SINCE SYMPTOMS FIRST APPEARED

IF TESTING IS USED TO DETERMINE IF YOU ARE STILL CONTAGIOUS, YOU WILL NEED 2 NEGATIVE TESTS IN A ROW, 24 HOURS APART **AND**

- YOU HAVE NO FEVER FOR AT LEAST 72 HOURS WITHOUT FEVER WITHOUT THE USE OF FEVER REDUCING MEDICINE
- OTHER SYMPTOMS HAVE IMPROVED (COUGH, SHORTNESS OF BREATH)

# RECOMMENDATIONS FOR PERSONS EXPOSED TO A KNOWN OR SUSPECTED COVID-19 CASE

## **1. IF YOU ARE A:**

- HOUSEHOLD MEMBER
- INTIMATE PARTNER
- INDIVIDUAL PROVIDING CARE IN A HOUSEHOLD WITHOUT USING RECOMMENDED INFECTION CONTROL PRECAUTIONS
- INDIVIDUAL WHO HAS HAD CLOSE CONTACT (<6 FEET) FOR A DURATION OF APPROXIMATELY 15 MINUTES.

## **2. WHO WAS EXPOSED TO:**

- A PERSON WITH SYMPTOMS OF COVID-19, *48 HOURS BEFORE THEIR SYMPTOMS STARTED*
- A PERSON WITH A CONFIRMED POSITIVE TEST RESULT

## **3. THEN YOU SHOULD:**

- STAY HOME UNTIL 14 DAYS AFTER LAST EXPOSURE
- MAINTAIN SOCIAL DISTANCE OF AT LEAST 6 FEET FROM OTHERS AT ALL TIMES
- SELF-MONITOR FOR SYMPTOMS
  - CHECK TEMPERATURE TWICE A DAY ( $\geq 100.4^{\circ}\text{F}$ ),
  - COUGH, OR SHORTNESS OF BREATH
- AVOID CONTACT WITH PEOPLE AT HIGHER RISK FOR SEVERE ILLNESS (UNLESS THEY LIVE IN THE SAME HOME AND HAD SAME EXPOSURE)

## **4. IF YOU ARE A PERSON WHO WAS EXPOSED, YOU CAN LEAVE HOME WHEN:**

- YOU NO LONGER HAVE FEVER FOR AT LEAST 72 HOURS WITHOUT THE USE OF FEVER REDUCING MEDICINE  
**AND**
- OTHER SYMPTOMS HAVE IMPROVED (COUGH, SHORTNESS OF BREATH)  
**AND**
- AT LEAST 7 DAYS HAVE PASSED SINCE SYMPTOMS FIRST STARTED



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Prevent. Promote. Protect.



