



THE CENTER AT PRISCILLA PLACE

SENIOR NEWS

23 PRISCILLA PLACE
TRUMBULL, CT 06611
(203) 452-5199

Senior Center Serving Adults Age 55+

Questions about COVID-19

Join Ann Dyke, Injury Prevention Coordinator from Yale New Haven Healthcare, for another informative health Q & A on Zoom! Ann is currently a Registered Nurse at Bridgeport Hospital and has all the latest information about the virus and the impact it is having within our hospitals and communities.



Time: Wednesday, April 22th at 11:00 AM

Join Zoom Meeting:

<https://us04web.zoom.us/j/79070797293?pwd=dIRrVIJwTDVodDRrZTRMUUQvbHhWdz09>

Meeting ID: 790 7079 7293

Password: 0dLEpE

Don't have Zoom? Download the app on your phone and/or computer at <https://zoom.us/>

GROCERY BAGS FOR SENIORS

We have great news! Through the Federal Cares Act, our local Agency on Aging will be providing us with free grocery bags for seniors. Please let us know if you are interested in receiving a weekly grocery bag by calling **(203) 452-5136**. You can pick up your bag on Mondays. Delivery is available for residents who are homebound. All seniors are eligible and there is no cost for this. **Also: Everyone is eligible for the food pantry.** Be sure to let them know if



you have any other food needs. We can give that to you at the time of pick up or delivery.

We are able to help those under 60 with grocery bags through our food pantry program. Don't hesitate to call.

3 DAY SENIOR GROCERY BAG

- 1/4 lb Butter
- 1/4 lb American Cheese
- 1/2 Carton Eggs
- 2 Apples
- 2 Oranges
- 1/2 lb Bananas
- 3 Carrots
- 1 Head Broccoli
- 2 Potatoes
- 1 Onion
- 1 Box Pasta
- 1/2 Loaf Bread
- 3 Packs of Instant Oatmeal
- 2 Rolls of Toilet Paper