



THE CENTER AT PRISCILLA PLACE

SENIOR NEWS

23 PRISCILLA PLACE
TRUMBULL, CT 06611
(203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.
For assistance, e-mail agrace@trumbull-ct.gov

Senior Center Serving Adults Age 55+



Travel Trivia with Tours of Distinction Friday, May 22nd at 1:00 PM



Come along and have some fun!

Join us on Zoom for Travel Trivia with **Tours of Distinction**.
Journey around New England through a series of questions and
images for your chance to win **\$50 gift card.**

Winner will be announced by Tours of Distinction.

Let's all join in with Tyler Zajacz (President & CEO) from
Tours of Distinction and have some fun!

Join Zoom Meeting

[https://zoom.us/j/91323088783?](https://zoom.us/j/91323088783?pwd=ZGw3UkZOXF0eVJ6TEVrMmVDWkNXZz09)

[pwd=ZGw3UkZOXF0eVJ6TEVrMmVDWkNXZz09](https://zoom.us/j/91323088783?pwd=ZGw3UkZOXF0eVJ6TEVrMmVDWkNXZz09)

Meeting ID: 913 2308 8783

Password: 12345

Don't have Zoom? Dial In #: 1 929 205 6099 and enter in the
Meeting ID and Password.

AAA 12 Step to Better Driving Program Thursday, May 28th at 1:00 PM

Join AAA for an informative
driver's program that will provide
you tips to help reduce risk &
sharpen on-the-road driving skills.

Join Zoom Meeting

[https://zoom.us/j/8094180302?](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)
[pwd=Q21kUmdKV1BnUFRwZDB](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)
[uWm9UeWx3QT09](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)

Meeting ID: 809 418 0302

Password: 12345

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter
in the Meeting ID and Password.

Brain Games with Danielle Tuesday, May 26th at 9:30 AM

Join Danielle Ramos, CDP, Director of
Community Relations for Cambridge
Health & Rehabilitation Center, to
participate in fun, stimulating brain
games and trivia on Zoom!

Zoom Link: <https://zoom.us/j/97718169858>

Meeting ID: 977 1816 9858

Password: 1ryYN1

(Dial in password: 179961)

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the
Meeting ID and Password.



Keeping Your Immune System Strong

Thursday, May 21st at 10:00 AM

ShopRite of Shelton Dietitian, Siddhi Sheth, will
present a virtual class on Zoom that will discuss
different factors of your lifestyle that can keep
your immune system strong, including what
foods to eat and what foods to avoid.

Zoom Link:

<https://zoom.us/j/91411190745>
[pwd=K0ZaTHZkZG11cjhoV2ZnT1cydkpZdz09](https://zoom.us/j/91411190745)

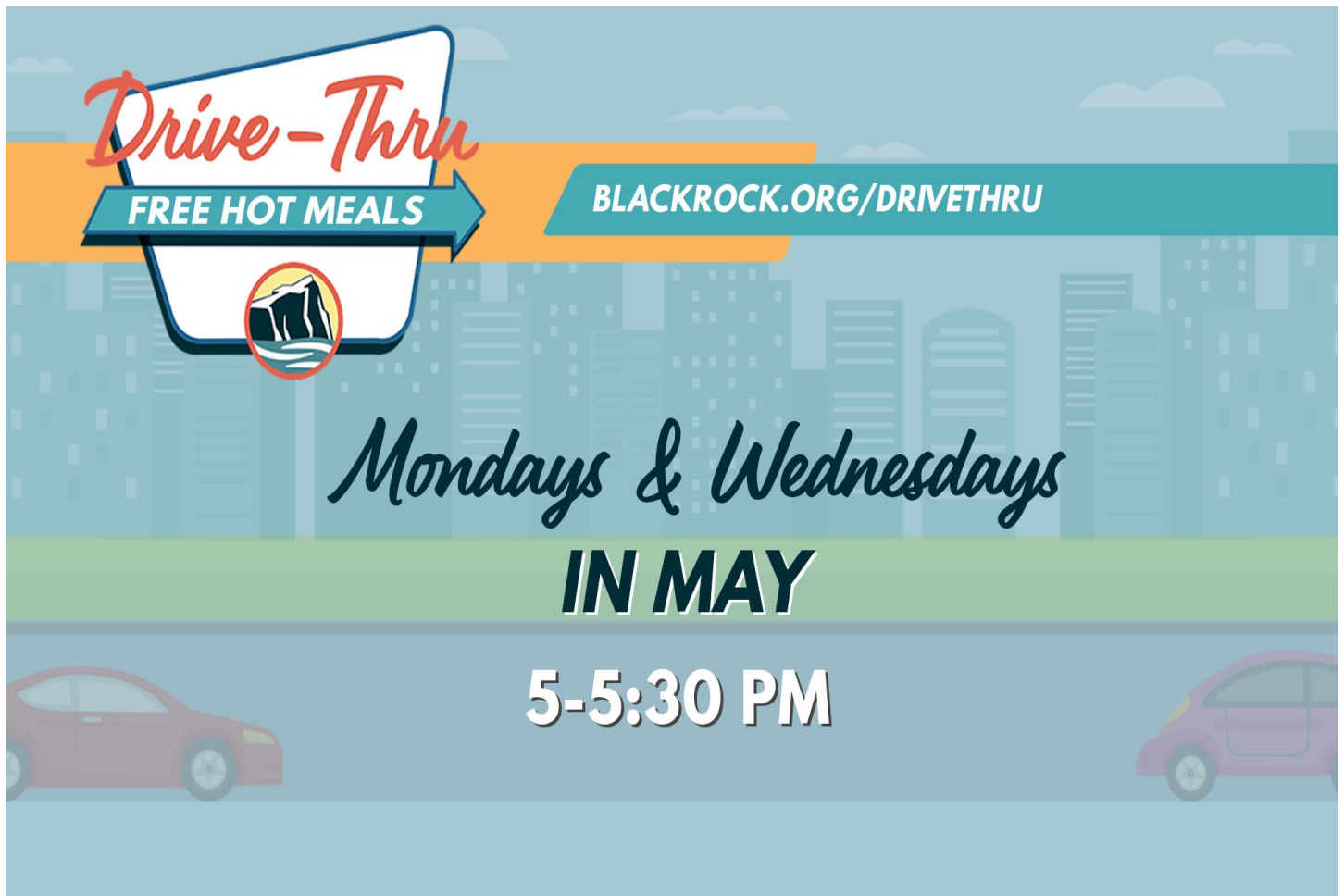
Meeting ID: 914 1119 0745

Password: Trumbull

(Dial in password: 87862855)

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the
Meeting ID and Password.



Black Rock Church

GET FREE HOT MEALS

Every Monday & Wednesday in May

5:00 PM—5:30 PM

Pick up **FREE** hot meals on Mondays and Wednesdays and deliver these to someone you know who is in need, even if that's you!

No sign-up necessary. First come, first serve.

We will package the hot meal as you arrive in the church parking lot

Black Rock Church
3685 Black Rock Turnpike
Fairfield, CT 06825

203.255.3401