



TOWN OF  
**Trumbull**  
HUMAN SERVICES

## SENIOR NEWS

23 PRISCILLA PLACE, TRUMBULL, CT 06611  
(203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.  
For assistance, e-mail [agrace@trumbull-ct.gov](mailto:agrace@trumbull-ct.gov)

Senior Center Serving Adults Age 55+

## Protect Yourself from COVID-19 Scams Tuesday, June 16th at 1:00 PM



*What know-how can do®*

Join People's United Bank for a virtual Zoom call to learn about current COVID-19 scams and how to properly protect yourself and your assets.

### Join Zoom Meeting

<https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302 / Password: 12345

### Don't have Zoom?

Dial In #: Call 1 929 205 6099 and enter in the Meeting ID and Dial In Password.

## Brain Games with Danielle Tuesday, June 16th at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

**Zoom Link:** <https://zoom.us/j/97718169858>

Meeting ID: 977 1816 9858 / Password: 1ryYN1  
(Dial in password: 179961)

### Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the Meeting ID and Dial In Password.



## Calling 911: How to Handle Your Emergency

Thursday, June 18th at 10:00 AM

Trumbull EMS will ALWAYS respond to your medical emergency 24 hours a day, 7 days a week—no matter what.

Join us Trumbull EMS Chief Leigh Goodman for an interactive discussion on best practices when calling 911, and what to expect during pandemic COVID-19 and beyond.

### Join Zoom Meeting

<https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302 / Password: 12345

### Don't have Zoom?

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## Wellness Wednesdays

Wednesday, June 17th at 11:00 AM

Come talk about how you are coping with the COVID-19 pandemic, share experiences and connect with other senior center members via Zoom. Anyone is welcome to join.

### Join Zoom Meeting

<https://zoom.us/j/91639716410?pwd=ZytVZkI0UVcvb3pHN11KUmcvTVZVdz09>

Meeting ID: 916 3971 6410 / Password: 12345

### Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the Meeting ID and Dial In Password.