



Senior Center Serving Adults Age 55+

Supporting Your Loved One's Independence Through the Arts

Tuesday, June 23rd at 1:00 PM

Open to the Public

Join Audra D'Agostino, MAAT, ATR-P Expressive Arts Director at Sheraton Caregivers for an informative Zoom presentation to learn how to support your loved one's independence and create meaningful experiences through various engagement techniques such as art.

Join Zoom Meeting

<https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302 / Password: 12345

Don't have Zoom?

Dial In #: Call 1 929 205 6099 and enter in the Meeting ID and Dial In Password.

Brain Games with Danielle

Tuesday, June 23rd at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

Zoom Link: <https://zoom.us/j/97718169858>

**Meeting ID: 977 1816 9858 / Password: 1ryYN1
(Dial in password: 179961)**

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the Meeting ID and Dial In Password.

Wellness Wednesdays

Wednesday, June 24th at 1:00 PM

Come talk about how you are coping with the COVID-19 pandemic, share experiences and connect with other senior center members via Zoom. Anyone is welcome to join.

Join Zoom Meeting

[https://zoom.us/j/91639716410?
pwd=ZytVZkI0UVcvb3pHN1lKUmvcTVZVdz09](https://zoom.us/j/91639716410?pwd=ZytVZkI0UVcvb3pHN1lKUmvcTVZVdz09)

Meeting ID: 916 3971 6410 / Password: 12345

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the Meeting ID and Dial In Password.

Magic Show on Zoom

Thursday, June 25th at 1:00 PM



Are you bored at home and want to try something new? Come join us for an exciting magic show performed by Magician and Senior Commissioner, Michael Ganino.

Laughs guaranteed!

Join Zoom Meeting

[https://zoom.us/j/8094180302?
pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT
09](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)

Meeting ID: 809 418 0302

Password: 12345

Save the Date!

**Travel Trivia with
Tours of Distinction**

Tuesday, June 30th at 1:00 PM

Join us for a fun game of travel trivia and tour the world from your home. Journey around the world through a series of questions and images for your chance to win \$50 Visa Gift Card!

Zoom Information to come.



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Updated Class Schedule and Zoom Information:

Updated: Watercolors with Missy on Tuesdays at 10:00 AM

Begins Tuesday, June 23rd

Join Zoom Meeting

<https://us04web.zoom.us/j/76791116979?pwd=L1VvUlTS09UY1JNUjh5Q2ZaOFYxQT09>

Meeting ID: 767 9111 6979 / Password: paint

Note from the Instructor, Missy: If you have been working in Watercolor over the past few months, please feel free to share your pieces with the class. I will be happy to critique any work that comes my way. Feel free to bring it with you to class and show it via zoom or send it ahead of time, via email, to Studiosavard@gmail.com

Updated: Yoga with Jeannie on Mondays at 10:30 AM

Join Zoom Meeting

<https://us02web.zoom.us/j/81635163317?pwd=dHovbExoVUVxak9mL2Q1YmZkOXFqZz09>

Meeting ID: 816 3516 3317 / Password: 394826

Dial 1 929 205 6099 on your telephone and enter the Meeting ID and Password for the class you would like to join.