



Senior Center Serving Adults Age 55+

COVID-19 – How Does It Affect Your Legal Documents

Thursday, July 16th

3:00 PM

Has the COVID-19 Pandemic caused you to rethink the legal documents you need?

Join Attorney, Lyn Eliovson, for a Q&A on Zoom.

Zoom Link:

<https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302

Password: 12345

Brain Games with Danielle

Tuesday, July 14th at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

Zoom Link: <https://zoom.us/j/97718169858>

Meeting ID: 977 1816 9858

Password: 1ryYN1

(Dial in password: 179961)

Caregiver Support Group

Tuesday, July 14th at 2:30 PM

Join this group and share your feelings in a safe environment among others who are going through the same experiences. You can learn about resources, caregiving strategies and other valuable tools to provide support.

To RSVP, please call Katie Vodola at (203) 452-5195.

Zoom Link: <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302

Password: 12345

Checking in with the Trumbull YMCA

Thursday, July 16th

10:00 AM

Check in with the Trumbull YMCA to learn about all the great programs they are running and informative resource guides to stay connected.

Zoom Link:

<https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302

Password: 12345



TOWN OF
Trumbull
HUMAN SERVICES

SENIOR NEWS
23 PRISCILLA PLACE
TRUMBULL, CT 06611
(203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.
For assistance, e-mail agrace@trumbull-ct.gov

Senior Center Serving Adults Age 55+

Trumbull Senior Center's 1st Ice Cream Social Drive Thru Friday, July 31st at 12:30 PM

We are excited to announce our 1st Ice Cream Social,
Drive Thru only event!

Join us, come say hello, and grab some ice cream from
Alene's Ice Cream Truck.

*This is a drive thru event only. You do not need to get out of your vehicle.
You will drive through the back parking lot to receive the ice cream of your
choice.*

You **MUST RSVP** for this event.
Please call (203) 452-5199 and leave a message with your
name and telephone number for your reservation.



Alene's
ICE CREAM