



TOWN OF  
**Trumbull**  
HUMAN SERVICES

**SENIOR NEWS**  
23 PRISCILLA PLACE  
TRUMBULL, CT 06611  
(203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.  
For assistance, e-mail [agrace@trumbull-ct.gov](mailto:agrace@trumbull-ct.gov)

**Senior Center Serving Adults Age 55+**

## **Veteran's Benefits** **Tuesday, July 28th at 1:00 PM**

Join us for an informative Q & A on Zoom about Veteran's Benefits from Attorney, James M. Hughes. Sponsored by Sunrise Senior Living.

**Zoom Link:** <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

**Meeting ID: 809 418 0302**

**Password: 12345**

**Dial in by calling 1 929 205 6099 and entering Meeting ID and Password**

### **Brain Games with Danielle** **Tuesday, July 28th at 9:30 AM**

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

**Zoom Link:** <https://zoom.us/j/97718169858>

**Meeting ID: 977 1816 9858**

**Password: 1ryYN1**

### **Caregiver Support Group** **Tuesday, July 28th at 2:30 PM**

Join this group and share your feelings in a safe environment among others who are going through the same experiences.

You can learn about resources, caregiving strategies and other valuable tools to provide support.

For Zoom information, e-mail Katie at [cvodola@trumbull-ct.gov](mailto:cvodola@trumbull-ct.gov)

## **Supporting Your Loved One's Independence Through the Arts** **Thursday, July 30th at 10:00 AM** **Open to the Public**

Join Audra D'Agostino, MAAT, ATR-P Expressive Arts Director at Sheraton Caregivers for an informative Zoom presentation to learn how to support your loved one's independence and create meaningful experiences through various engagement techniques such as art.

**Zoom Link:** <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

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## *Trumbull Senior Center's 1st Ice Cream Social Drive Thru*

**Reminder: Friday, July 31st at 12:30 PM**

We are excited to announce our 1st Ice Cream Social,  
Drive Thru only event!

Join us, come say hello, and grab some ice cream from  
Alene's Ice Cream Truck.

*This is a drive thru event only. You do not need to get out of your vehicle.  
You will drive through the back parking lot to receive the ice cream of your  
choice.*

You **MUST RSVP** for this event.

Please call (203) 452-5199 and leave a message with your  
name and telephone number for your reservation.

**Reservations are still available.**



*Alene's*  
**ICE CREAM**