



# TOWN OF Trumbull HUMAN SERVICES

Senior Center Serving Adults Age 55+

## Brain Games with Danielle Tuesday, August 11th at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

**Zoom Link:** <https://zoom.us/j/97718169858>

**Meeting ID:** 977 1816 9858  
**Password:** 1ryYN1  
**(Dial in password:** 179961)

## Virtual Yachting on Zoom Tuesday, August 11th 1:00 PM



Join Jay Kiley, Owner of Synergy Home Care, for a virtual yachting presentation on Zoom.

**Zoom Link:** <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

**Meeting ID:** 809 418 0302  
**Password:** 12345

## SENIOR NEWS 23 PRISCILLA PLACE TRUMBULL, CT 06611 (203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.  
For assistance, e-mail [agrace@trumbull-ct.gov](mailto:agrace@trumbull-ct.gov)

## Caregiver Support Group Tuesday, August 11th at 2:30 PM

Join this group and share your feelings in a safe environment among others who are going through the same experiences. You can learn about resources, caregiving strategies and other valuable tools to provide support.

To RSVP and receive Zoom Link information, please call Katie Vodola at (203) 452-5195.

## Virtual Gardening Demo Thursday, August 13th 1:00 PM



Calling all gardeners! Join Melissa Hripak, Director of Admission and Marketing, at St. Joseph's Center, for a virtual gardening demonstration on Zoom.

**Zoom Link:** <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

**Meeting ID:** 809 418 0302  
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## Trumbull Senior Center's Drive Thru Only Events

We are excited to announce that we will hold three drive thru only events at the Center in August. Join us and grab lunch and/or ice cream on us, and say hello from a distance. We look forward to seeing you!



### Drive Thru Luncheon

**Friday, August 14th**  
**12:00 PM**

Sponsored by Vazzy's

### Drive Thru Luncheon

**Friday, August 21st**  
**12:00 PM**

Sponsored by Bridges by EPOCH



### Drive Thru Ice Cream Social

**Date Correction: Friday, August 28th**

**12:30 PM**

Sponsored by Alene's Ice Cream Truck



**You MUST RSVP by calling (203) 452-5199 and leave your name and telephone for event you would like to attend.**