



TOWN OF
Trumbull
HUMAN SERVICES

SENIOR NEWS
23 PRISCILLA PLACE
TRUMBULL, CT 06611
(203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.
For assistance, e-mail agrace@trumbull-ct.gov

Senior Center Serving Adults Age 55+

Brain Games with Danielle
Tuesday, August 11th at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

Zoom Link: <https://zoom.us/j/97718169858>

Meeting ID: 977 1816 9858
Password: 1ryYN1
(Dial in password: 179961)

Caregiver Support Group
Tuesday, August 11th at 2:30 PM

Join this group and share your feelings in a safe environment among others who are going through the same experiences. You can learn about resources, caregiving strategies and other valuable tools to provide support.

To RSVP and receive Zoom Link information, please call Katie Vodola at (203) 452-5195.

Virtual Yachting on Zoom
Tuesday, August 11th
1:00 PM



Join Jay Kiley, Owner of Synergy Home Care, for a virtual yachting presentation on Zoom.

Zoom Link: <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302
Password: 12345

Virtual Gardening Demo
Thursday, August 13th
1:00 PM



Calling all gardeners! Join Melissa Hripak, Director of Admission and Marketing, at St. Joseph's Center, for a virtual gardening demonstration on Zoom.

Zoom Link: <https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302
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Trumbull Senior Center's Drive Thru Only Events

We are excited to announce that we will hold three drive thru only events at the Center in August. Join us and grab lunch and/or ice cream on us, and say hello from a distance. We look forward to seeing you!

Drive Thru Luncheon

Friday, August 14th

12:00 PM

Sponsored by Vazzy's

The Original
Vazzy's
Est. 1993

Bridges[®]

BY EPOCH

MEMORY CARE ASSISTED LIVING

Drive Thru Luncheon

Friday, August 21st

12:00 PM

Sponsored by Bridges by EPOCH

Drive Thru Ice Cream Social

Date Correction: Friday, August 28th

12:30 PM

Sponsored by Alene's Ice Cream Truck



Alene's
ICE CREAM

You MUST RSVP by calling (203) 452-5199 and leave your name and telephone for event you would like to attend.