



TOWN OF
Trumbull
HUMAN SERVICES

SENIOR NEWS
23 PRISCILLA PLACE
TRUMBULL, CT 06611
(203) 452-5199

All Zoom programs can be dialed in or watched on Zoom.
For assistance, e-mail agrace@trumbull-ct.gov

Senior Center Serving Adults Age 55+

Brain Games with Danielle
Tuesday, August 18th at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

Zoom Link: <https://zoom.us/j/97718169858>

Meeting ID: 977 1816 9858

Password: 1ryYN1

(Dial in password: 179961)

Wellness Wednesdays
Wednesday, August 19th
1:00 PM

Guest Speaker: Wellness Nurse, Tori

Come talk about how you are coping with the COVID-19 pandemic, share experiences and connect with other senior center members via Zoom. Also, receive important Senior Center news and updates. Anyone is welcome to join.

Meeting ID: 809 418 0302

Password: 12345

Communicating with a Loved One with Dementia

Tuesday, August 18th

1:00 PM

Open to the Public

Join Jay Kiley, Owner of Synergy Home Care, for an informative presentation on Zoom about how to effectively communicate with a loved one who may have dementia. This Zoom presentation is open to the public and all caregivers.

Meeting ID: 809 418 0302

Password: 12345





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Trumbull Senior Center's Drive Thru Only Events

We are excited to announce that we will hold three drive thru only events at the Center in August. Join us and grab lunch and/or ice cream on us, and say hello from a distance. We look forward to seeing you!

Drive Thru Luncheon

Friday, August 21st

12:00 PM

Sponsored by Bridges by EPOCH



Alene's
ICE CREAM

Drive Thru Ice Cream Social

Date Correction: Friday, August 28th

12:30 PM

Sponsored by Alene's Ice Cream Truck

You MUST RSVP by calling (203) 452-5199 and leave your name and telephone number for the event that you would like to attend.