



# TOWN OF **Trumbull** HUMAN SERVICES

**Senior Center Serving Adults Age 55+**

## **Brain Games with Danielle** **Tuesday, August 25th at 9:30 AM**

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

**Zoom Link:** <https://zoom.us/j/97718169858>

**Meeting ID:** 977 1816 9858  
**Password:** 1ryYN1

## **Virtual Travel** **Tuesday, August 25th** **1:00 PM**

Travel compels us!  
Come along with Tours of Distinction and virtually discover 10 reasons why and where you can travel in 2020 and 2021.

**Zoom Link:**

[https://zoom.us/j/8094180302?  
pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)

**Meeting ID:** 809 418 0302  
**Password:** 12345

**SENIOR NEWS**  
**23 PRISCILLA PLACE**  
**TRUMBULL, CT 06611**  
**(203) 452-5199**

All Zoom programs can be dialed in or watched on Zoom.  
For assistance, e-mail [agrace@trumbull-ct.gov](mailto:agrace@trumbull-ct.gov)

## **Caregiver Support Group** **Tuesday, August 25th** **2:30 PM**

Join this group and share your feelings in a safe environment among others who are going through the same experiences. You can learn about resources, caregiving strategies and other valuable tools to provide support. To RSVP and receive Zoom Link information, please call Katie Vodola at (203) 452-5195.

## **Organic vs Non-Organic** **Thursday, August 27th** **10:00 AM**

Join ShopRite Dietician, Siddhi Sheth, for an informative Zoom presentation to learn about the difference between organic food/produce vs. non-organic and the benefits.

**Zoom Link:**  
[https://zoom.us/j/8094180302?  
pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)

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Senior Center Serving Adults Age 55+

## Trumbull Senior Center's Drive Thru Only Events

### Drive Thru Ice Cream Social

**Date Correction:** Friday, August 28th  
12:30 PM



*Alene's*  
**ICE CREAM**

Sponsored by Alene's Ice Cream Truck

Registration is still available.

***You MUST RSVP by calling (203) 452-5199 and  
leave your name and telephone number for the event  
that you would like to attend.***