



Senior Center Serving Adults Age 55+

Tai Chi Returns!

We are excited to announce that David Bailey's Tai Chi class is officially returning outdoors.

Beginning Wednesday, May 19th, at 10:00 AM. The class will run every Wednesday. Please park in the back parking lot.

**Membership is required.
To RSVP, call (203) 452-5199 and leave your name and telephone number.**

Outdoor mask requirements:

- If you are fully vaccinated and socially distant (6 ft), you do not need to wear a mask.**

The building is closed to the public. Please bring your own water bottle and plan accordingly.