



Senior Center Serving Adults Age 55+

Join us for a free virtual class

Managing knee arthritis

Join our interactive class right from the comfort of your phone, computer or tablet and learn more about:

- Causes of knee arthritis
- Treatment options
- Total knee replacement advances
- Plus, Q&A with the expert

Wed., Sept. 8 | 1-2pm



PRESENTER:

David Martin, MD

Board-certified orthopaedic surgeon

REGISTRATION REQUIRED:

Call 1.855.HHC.HERE (1.855.442.4373) or go to HartfordHealthCare.org/VirtualClasses

After you register, you'll receive an email with easy instructions on joining the virtual class.