

| Geo. Type | Name | Race_Ethnicity | Age | 2010 Population | 2020 Population | Change 2010-2020 | Percent Change 2010-2020 |
|-----------|----------|----------------------------------|----------|-----------------|-----------------|------------------|--------------------------|
| town | Trumbull | total | total | 36,018 | 36,827 | 809 | 2% |
| town | Trumbull | total | adults | 26,776 | 27,767 | 991 | 4% |
| town | Trumbull | total | children | 9,242 | 9,060 | -182 | -2% |
| town | Trumbull | Non-Hispanic White | total | 30,872 | 27,652 | -3220 | -10% |
| town | Trumbull | Non-Hispanic White | adults | 23,430 | 21,769 | -1661 | -7% |
| town | Trumbull | Non-Hispanic White | children | 7,442 | 5,883 | -1559 | -21% |
| town | Trumbull | Non-Hispanic Black | total | 1,070 | 1,642 | 572 | 53% |
| town | Trumbull | Non-Hispanic Black | adults | 751 | 1,148 | 397 | 53% |
| town | Trumbull | Non-Hispanic Black | children | 319 | 494 | 175 | 55% |
| town | Trumbull | Hispanic of any race | total | 2,068 | 3,505 | 1437 | 69% |
| town | Trumbull | Hispanic of any race | adults | 1,311 | 2,237 | 926 | 71% |
| town | Trumbull | Hispanic of any race | children | 757 | 1,268 | 511 | 68% |
| town | Trumbull | Non-Hispanic AIAN | total | 19 | 22 | 3 | 16% |
| town | Trumbull | Non-Hispanic AIAN | adults | 11 | 21 | 10 | 91% |
| town | Trumbull | Non-Hispanic AIAN | children | 8 | 1 | -7 | -88% |
| town | Trumbull | Non-Hispanic Asian | total | 1,559 | 2,509 | 950 | 61% |
| town | Trumbull | Non-Hispanic Asian | adults | 1,047 | 1,728 | 681 | 65% |
| town | Trumbull | Non-Hispanic Asian | children | 512 | 781 | 269 | 53% |
| town | Trumbull | Non-Hispanic Hawaiian or Pac Isl | total | 2 | 1 | -1 | -50% |
| town | Trumbull | Non-Hispanic Hawaiian or Pac Isl | adults | 2 | 1 | -1 | -50% |
| town | Trumbull | Non-Hispanic Hawaiian or Pac Isl | children | - | - | 0 | |
| town | Trumbull | Non-Hispanic Other Race | total | 67 | 277 | 210 | 313% |
| town | Trumbull | Non-Hispanic Other Race | adults | 52 | 182 | 130 | 250% |
| town | Trumbull | Non-Hispanic Other Race | children | 15 | 95 | 80 | 533% |
| town | Trumbull | Non-Hispanic Two or More Races | total | 361 | 1,219 | 858 | 238% |
| town | Trumbull | Non-Hispanic Two or More Races | adults | 172 | 681 | 509 | 296% |
| town | Trumbull | Non-Hispanic Two or More Races | children | 189 | 538 | 349 | 185% |