



# BOARD OF ED. WALKING ROUTE



**Directions:** Begin at the Trumbull Board of Education building, located at 6254 Main Street. Cross the street, onto Ridgeview Avenue. Turn left on Clemens Avenue. Turn right on Magnolia Road. Turn right on Randall Drive. Turn right on Meadowview Drive. Turn right on Clemens Avenue. Turn left on Oakland Drive. Turn right on Main Street and return to the Board of Education building.

## Walking Tips:

- Dress appropriately! Wear comfortable sneakers and bright, reflective clothing so others can see you.
- Stay hydrated! Always bring a bottle of water with you.
- Consult your doctor before beginning a new exercise routine.

